

CogniEnhance

READING CONTROL AND ACCURACY TRAINING



Welcome to the 90-Day Reading and Brain Boost Program!

Hello and welcome! This program is here to help your child **become a stronger reader, thinker, and problem solver**—step by step, day by day. Think of it as a **fun, 90-day adventure for the brain!**

Over the next 90 days, your child will do activities that help them:

- **Focus and pay attention** – Learn to read and follow instructions carefully.
- **Think and solve problems** – Practice using logic, reasoning, and figuring things out.
- **Remember important details** – Build memory skills to recall what they read or hear.
- **Understand language better** – Learn words, idioms, tone, and social cues.
- **Check and fix mistakes** – Practice noticing errors and improving on their own.

How the Program Works

Each day has **10 short activities**, carefully designed to help your child **practice and grow**. Every activity has **three simple steps**:

1. **Input** – Your child reads, listens, or watches carefully.
2. **Think** – They figure out what it means or what to do.
3. **Output** – They write, circle, or say their answer to show they understand.

The activities start easy and gradually get more challenging, so your child **learns at their own pace** and gains confidence.

How Parents Can Help

You are your child’s guide! You don’t need to “teach” anything. Just:

- Make sure they **understand the instructions**.
- **Encourage them to try** each activity.
- Help them **stay focused** and **record their answers**.

This program will help your child **think faster, remember more, and read better**—skills they can use every day at school, at home, and even in games or puzzles!

What Success Looks Like

Success isn’t about being perfect—it’s about **progress and growth**. You’ll notice your child:

- Responding faster and more accurately
- Understanding tricky instructions more easily
- Spotting jokes, sarcasm, and hidden meanings in words
- Remembering details from stories or activities
- Feeling proud of their thinking and reading skills

By the end of Day 90, your child will have built strong reading and thinking skills and be ready for new challenges—like a true **brain champion!**

Get ready to have fun, learn a lot, and watch your child **grow every single day.**

DAY 1

What happens first?

Today we'll read some short stories. Look carefully at what happens first, next and last. Show your understanding by answering the questions. Take your time and follow the story step by step!

Focus: Understanding sequence in stories

Goal: Follow stories step by step and identify what happens first, next, and last

Activity 1 — What Happens First?

Instructions:

The cat sat on the wall. It watched a bird. The bird flew away.

Your tasks:

1. Scanned silently
 2. How many sentences are in the story? 1 2 3 4
 3. Which sentence tells what happens first? 1 2 3
 4. Write the first word of that sentence: _____
 5. Copy one word from that sentence: _____
 6. Circle all the full stops (.) to show you read carefully
-
-

Activity 2 — Who Did What?

Instructions:

Tom ran to the door. He heard a noise outside.

Your tasks:

1. Scanned silently
2. How many capital letters can you see? 1 2 3
3. Who is in the story? Write the name: _____
4. Which sentence tells what Tom did first? 1 2

5. Write the first word of that sentence: _____
 6. Circle the full stops (.) to show you read carefully
-
-

Activity 3 — Sequence the Events

Instructions:

The dog ran to the gate. The dog stopped and listened.

Your tasks:

1. Scanned silently
 2. How many times do you see the word *the*? 1 2 3 4
 3. Which sentence tells what happened second? 1 2
 4. Write the first word of that sentence: _____
 5. Copy two words from that sentence: _____

 6. Draw a small box around the full stops (.) at the end of each sentence
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Activity 4 — Find the Cause

Instructions:

The boy opened the box. A toy fell out. The boy smiled.

Your tasks:

1. Scanned silently
 2. How many sentences are in the story? 1 2 3 4
 3. Which sentence tells why something happened first (the cause)? 1 2 3
 4. Write the first word of that sentence: _____
 5. Copy one word from that sentence: _____
 6. Circle the first word of that sentence to show you found it
-
-

Activity 5 — Find the Last Word

Instructions:

The bell rang loudly. The class stood up.

Your tasks:

1. Scanned silently
 2. Which sentence tells what happened first? 1 2
 3. Write the last word of that sentence: _____
 4. Underline the last word in the sentence to show you found it
-
-

Activity 6 — Start and Copy Words

Instructions:

The sun rose. Birds sang. The day began quietly.

Your tasks:

1. Scanned silently
 2. How many sentences are in the story? 1 2 3 4
 3. Which sentence tells what happened first? 1 2 3
 4. Write the first word of that sentence: _____
 5. Copy two words from that sentence: _____

 6. Circle all the full stops (.) to show you read carefully
-
-

Activity 7 — Find the Action

Instructions:

The girl packed her bag. She left the house.

Your tasks:

1. Scanned silently
2. Underline the action words (what the girl did)

3. Which sentence comes last? 1 2
 4. Write the first word of that sentence: _____
 5. Copy one action word from the story: _____
-
-

Activity 8 — Where Did It Happen?

Instructions:

A frog sat near the pond. It jumped into the water.

Your tasks:

1. Scanned silently
 2. How many lines are in the story? 1 2 3
 3. Which sentence shows movement? 1 2
 4. Write the first word of that sentence: _____
 5. Copy the place mentioned in that sentence: _____
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-

Activity 9 — Read and Notice

Instructions:

After lunch, the class returned quietly. Books were opened, and work began.

Your tasks:

1. Scanned silently
 2. Circle all the commas (,) in the story
 3. Which sentence tells what happened after lunch? 1 2
 4. Write the first word of that sentence: _____
 5. Copy two words from that sentence: _____

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-

Activity 10 — Independent Scan

Instructions:

The light turned red. Cars stopped at the line. People crossed safely.

Your tasks:

1. Scanned silently
 2. Choose one sentence you want to focus on: 1 2 3
 3. Write the first word of that sentence: _____
 4. Copy one word from that sentence: _____
-
-

DAY 2

FIND THE IMPORTANT WORDS

Focus: Noticing key words, actions, and details in stories

Goal: Circle, underline, and copy words to show understanding

Activity 1 — Cold Air

Instructions:

The boy opened the door slowly. Cold air rushed inside. He pulled his jacket closer.

Your tasks:

1. Scanned silently
 2. How many sentences are in the story? 1 2 3 4
 3. Circle all the full stops (.) in the story
 4. Which sentence talks about the cold air? 1 2 3
 5. Write the first word of that sentence: _____
 6. Copy one word from that sentence: _____
-
-

Activity 2 — Waiting for the Bus

Instructions:

Anna packed her bag early. She waited by the door. The bus arrived late.

Your tasks:

1. Scanned silently
 2. How many capital letters do you see? 1 2 3 4
 3. Which sentence shows waiting? 1 2 3
 4. Write the first word of that sentence: _____
 5. Copy one word from that sentence: _____
-
-

Activity 3 — Sounds in the Classroom

Instructions:

The bell rang loudly. The class packed quickly. Chairs scraped across the floor.

Your tasks:

1. Scanned silently
 2. How many words end with -ed? 1 2 3 4
 3. Which sentence talks about a sound? 1 2 3
 4. Write the first word of that sentence: _____
 5. Copy one word from that sentence: _____
-
-

Activity 4 — Finding the Result

Instructions:

The girl searched her pocket. Her keys were missing. She checked her bag again. The keys were inside.

Your tasks:

1. Scanned silently
2. How many sentences are in the story? 1 2 3 4 5
3. Which sentence tells when the keys were found? 1 2 3 4
4. Write the first word of that sentence: _____
5. Copy one word from that sentence: _____

6. Circle the first word of that sentence to show you found it

Activity 5 — First Event

Instructions:

The rain stopped suddenly. Puddles reflected the sky.

Your tasks:

1. Scanned silently
 2. Which sentence tells what happened first? 1 2
 3. Write the last word of that sentence: _____
 4. Underline the last word in the sentence to show you found it
-
-

Activity 6 — Notice the Reaction

Instructions:

The lights flickered briefly. Everyone looked up. The room went quiet.

Your tasks:

1. Scanned silently
 2. How many sentences are in the story? 1 2 3 4
 3. Which sentence shows how people reacted? 1 2 3
 4. Write the first word of that sentence: _____
 5. Copy two words from that sentence: _____

 6. Circle all the full stops (.) to show you read carefully
-
-

Activity 7 — Last Action

Instructions:

The dog barked loudly. A neighbour opened the gate. The dog ran inside.

Your tasks:

1. Scanned silently
 2. Underline the action words (what the dog and neighbour did)
 3. Which sentence tells the last action? 1 2 3
 4. Write the first word of that sentence: _____
 5. Copy one action word from that sentence: _____
-
-

Activity 8 — Time Words

Instructions:

In the morning, the shop was closed. By noon, the doors were open.

Your tasks:

1. Scanned silently
 2. How many lines are in the story? 1 2 3
 3. Which sentence shows when the doors opened? 1 2
 4. Write the first word of that sentence: _____
 5. Copy the time word from that sentence: _____
-
-

Activity 9 — After Dinner

Instructions:

After dinner, the family sat together. Stories were shared, and laughter filled the room.

Your tasks:

1. Scanned silently
2. Circle all the commas (,) in the story
3. Which sentence shows what happened after dinner? 1 2
4. Write the first word of that sentence: _____
5. Copy two words from that sentence: _____

Activity 10 — Two Things at Once (Dual Hold)

Instructions:

The whistle blew sharply. Runners moved forward. The race began immediately.

Your tasks:

1. Scanned silently
 2. Which sentence tells about the sound? 1 2 3
 3. Which sentence tells about the action? 1 2 3
 4. Copy one word about the sound: _____
 5. Copy one word about the action: _____
-

DAY 3

Stay Focused

Sometimes there are sounds or things happening nearby.

Your job is to **focus only on the important sentence**.

Activity 1 – Ignore the Noise

Read the story carefully.

Story:

The boy tied his shoes carefully.

A dog barked nearby.

He walked to the door.

Your tasks:

1. How many sentences are in the story?
 1 2 3 4
2. Circle all the full stops (.)
3. Which sentence talks about the shoes?
 1 2 3

4. Write the first word of that sentence:

5. Copy one word from that sentence:

Activity 2 – Focus on the Right Action

Read the story carefully.

Story:

Sara opened the window quietly.

Cold air filled the room.

A car passed outside.

Your tasks:

1. How many capital letters do you see?

1 2 3 4

2. Which sentence talks about the window?

1 2 3

3. Write the first word of that sentence:

4. Copy one word from that sentence:

Activity 3 – Stay with the Meaning

Read the story carefully.

Story:

The clock ticked slowly on the wall.

The room felt still.

A light flickered briefly.

Your tasks:

1. How many short words (3 letters or fewer) are in the story?

1 2 3 4 5

2. Which sentence talks about being still?

1 2 3

3. Write the first word of that sentence:

4. Copy one word from that sentence:

What Happened in the End?

Sometimes the answer is hidden at the end of the story.

Your job is to **find the sentence that shows the result.**

Activity 4 – Finding the Hidden Object

Read the story carefully.

Story:

The girl searched her desk quickly.

Papers slid onto the floor.

She checked her bag.

Her notebook was inside.

Your tasks:

1. How many sentences are in the story?

1 2 3 4 5

2. Which sentence tells where the notebook was found?

1 2 3 4

3. Write the first word of that sentence:

4. Copy one word from that sentence:

5. Circle the first word of that sentence to show you found it.

Activity 5 – Finding the Result

Read the story carefully.

Story:

The rain fell steadily.

People hurried indoors.

The street emptied.

Your tasks:

1. Which sentence shows the result of the rain?

1 2 3

2. Write the last word of that sentence:

-
3. Copy one word from that sentence:

-
4. Underline the last word in the sentence to show you found it.
-
-

Activity 6 – What Changed Back?

Read the story carefully.

Story:

The lights went out suddenly.

Everyone stopped talking.

A moment passed.

The lights came back on.

Your tasks:

1. How many sentences are in the story?

1 2 3 4 5

2. Which sentence shows the lights returning?

1 2 3 4

3. Write the first word of that sentence:

4. Copy two words from that sentence:

5. Circle all the full stops (.) to show you read carefully.

Following Actions and Time

Read carefully.

Some stories tell **what happened, when it happened, or what stayed the same.**

Activity 7 – What Did They Do?

Read the story carefully.

Story:

The cat jumped onto the chair.

A book fell to the floor.

The cat froze.

Your tasks:

1. Underline the action words (what the cat and book did).

2. Which sentence shows how the cat reacted?

1 2 3

3. Write the first word of that sentence:

4. Copy one action word from that sentence:

Activity 8 – Before and Later

Read the story carefully.

Story:

Before sunrise, the street was empty.

Later, shops opened one by one.

Your tasks:

1. How many lines are in the story?
 1 2 3
2. Which sentence shows when the shops opened?
 1 2
3. Write the first word of that sentence:

4. Copy the time word from that sentence:

Activity 9 – After Something Happened

Read the story carefully.

Story:

“After the storm, branches lay across the road.

Cars slowed, and people watched carefully.”

Your tasks:

1. Circle all the commas (,) in the story.
2. Which sentence tells what happened after the storm?
 1 2
3. Write the first word of that sentence:

4. Copy two words from that sentence:

Activity 10 – Two Things at the Same Time

Read the story silently.

Story:

The alarm rang loudly.

Birds flew from the trees.

The street remained quiet.

Your tasks:

1. Which sentence tells about the sound?
 1 2 3
2. Which sentence tells what stayed the same?
 1 2 3
3. Copy one word about the sound:

-
4. Copy one word about what stayed the same:
-

DAY 4**Choosing What Matters**

Sometimes many things happen at once.

Your job is to **find the most important action** and ignore the rest.

Activity 1 – The Main Action

Read the story carefully.

Story:

The boy picked up his bag.

A phone rang loudly nearby.

He walked out of the house.

Your tasks:

1. How many sentences are in the story?
 1 2 3 4
 2. Which sentence shows the main action?
 1 2 3
 3. Write the first word of that sentence:
-

4. Copy one word from that sentence:

Activity 2 – Why Did She Hurry?

Read the story carefully.

Story:

Emma checked the clock.

The television played quietly.

She hurried toward the door.

Your tasks:

1. How many capital letters do you see?
 1 2 3 4
2. Which sentence shows *why* she hurried?
 1 2 3
3. Write the first word of that sentence:

4. Copy one word from that sentence:

Activity 3 – What Did People Do?

Read the story carefully.

Story:

The rain started suddenly.

People opened umbrellas.

Cars passed along the road.

Your tasks:

1. Underline the action words (what people or things did).
2. Which sentence shows how people responded to the rain?
 1 2 3

3. Write the first word of that sentence:

4. Copy one action word from that sentence:

What Was the Result?

Sometimes the answer comes **after looking, waiting, or changes happening.**

Your job is to **find the sentence that shows the result.**

Activity 4 – Finding What Was Lost

Read the story carefully.

Story:

The girl searched her bag quickly.

Papers fell onto the floor.

She checked the side pocket.

Her keys were inside.

Your tasks:

1. How many sentences are in the story?
 1 2 3 4 5
2. Which sentence tells where the keys were found?
 1 2 3 4
3. Write the first word of that sentence:

4. Copy one word from that sentence:

Activity 5 – What Happened Because of the Bell?

Read the story carefully.

Story:

The bell rang sharply.

Students stood up.

The room became noisy.

Your tasks:

1. Underline the last word in each sentence.
2. Which sentence shows the result of the bell ringing?
 1 2 3
3. Write the last word of that sentence:

Activity 6 – The Big Change

Read the story carefully.

Story:

The lights flickered briefly.

A child laughed.

The teacher spoke calmly.

The class settled down.

Your tasks:

1. How many sentences are in the story?
 1 2 3 4 5
2. Which sentence shows the main change in the room?
 1 2 3 4
3. Write the first word of that sentence:

4. Copy one word from that sentence:

Choosing What Matters Most

Sometimes stories include extra things that are **not the main point**.

Your job is to **choose the most important information**.

Activity 7 – What Was the Result?

Read the story carefully.

Story:

The cat knocked over a cup.
Water spilled across the table.
The cat ran away.

Your tasks:

1. Underline the action words (what happened).
2. Which sentence shows the result of the cup being knocked over?
 1 2 3
3. Write the first word of that sentence:

4. Copy the result from that sentence:

Activity 8 – Early or later?

Read the story carefully.

Story:

“Early in the morning, the street was quiet.
Later, buses filled the road.”

Your tasks:

1. How many lines are in the story?
 1 2 3
2. Which sentence tells what happened later?
 1 2
3. Write the first word of that sentence:

4. Copy the time word from that sentence:

Activity 9 – After the Show

Read the story carefully.

Story:

After the show, people clapped loudly.

Music played, and lights flashed.

Your tasks:

1. Circle all the commas (,) in the story.
2. Which sentence tells what happened after the show?
 1 2
3. Write the first word of that sentence:

4. Copy two words from that sentence:

Activity 10 – Two Things to Notice

Read the story silently.

Story:

The warning light flashed.

A bird flew past the window.

The machine shut down.

Your tasks:

1. Which sentence shows the most important event?
 1 2 3
2. Which sentence is not important to the main event?
 1 2 3
3. Copy one word from the important sentence:

4. Copy one word from the not-important sentence:

DAY 5

Staying Careful When Things Happen Fast

Sometimes stories feel quick or surprising. Your job is to **slow down, read carefully, and choose the right answer.**

Activity 1 – What Happened First?

Read the story carefully.

Story:

The alarm rang suddenly.

The child sat up quickly.

The room was still dark.

Your tasks:

1. How many sentences are in the story?
 1 2 3 4
2. Which sentence shows what happened first?
 1 2 3
3. Write the first word of that sentence:

-
4. Copy one word from that sentence:
-
-

Activity 2 – Find the Problem

Read the story carefully.

Story:

Max grabbed his coat.

He checked the time again.

The bus was already gone.

Your tasks:

1. How many capital letters do you see?
 1 2 3 4
2. Which sentence shows the problem?
 1 2 3

3. Write the first word of that sentence:

4. Copy one word from that sentence:

Activity 3 – Something Unexpected

Read the story carefully.

Story:

The bell rang loudly.

Students moved fast.

One bag fell down.

Your tasks:

1. How many short words (3 letters or fewer) are in the story?

1 2 3 4 5

2. Which sentence shows something unexpected?

1 2 3

3. Write the first word of that sentence:

4. Copy one word from that sentence:

Getting Steady Again

Sometimes things change suddenly. Your job is to **stay calm and find the right reason or result**.

Activity 4 – Why Did She Stop?

Read the story carefully.

Story:

The girl rushed into the room.

She stopped suddenly.

The floor was wet.

Your tasks:

1. How many sentences are in the story?
 1 2 3 4
2. Which sentence tells *why* she stopped?
 1 2 3
3. Write the first word of that sentence:

4. Copy one word from that sentence:

Activity 5 – What Happened in the End?

Read the story carefully.

Story:

The wind blew hard.

Papers scattered everywhere.

The desk was empty.

Your tasks:

1. Underline the last word in each sentence.
2. Which sentence shows the result of the wind?
 1 2 3
3. Write the last word of that sentence:

Activity 6 – Back to Normal

Read the story carefully.

Story:

The lights went out.

A shout was heard.

Everyone froze.

The lights came back on.

Your tasks:

1. How many sentences are in the story?
 1 2 3 4 5
2. Which sentence shows things going back to normal?
 1 2 3 4
3. Write the first word of that sentence:

4. Copy two words from that sentence:

Staying Accurate Under Pressure

Sometimes stories show **a cause and a result** at the same time. Your job is to **find both parts carefully** and stay steady until the end.

Activity 7 – Cause and Result

Read the story carefully.

Story:

The cat jumped onto the table.

A glass tipped over.

The cat ran away.

Your tasks:

1. Underline the action words (what happened).
2. Which sentence shows the **cause**?
 1 2 3
3. Which sentence shows the **result**?
 1 2 3
4. Copy one word from the cause sentence:

5. Copy one word from the result sentence:

Activity 8 – What Changed?

Read the story carefully.

Story:

Before the race, runners waited quietly.

Suddenly, the whistle blew.

Your tasks:

1. How many lines are in the story?
 1 2 3
2. Which sentence shows the change?
 1 2
3. Write the first word of that sentence:

4. Copy the time word from that sentence:

Activity 9 – After Something Happened

Read the story carefully.

Story:

After the spill, the floor was cleaned quickly.

Chairs were moved, and lessons continued.

Your tasks:

1. Circle all the commas (,) in the story.
2. Which sentence shows what happened after the spill?
 1 2
3. Write the first word of that sentence:

4. Copy two words from that sentence:

Activity 10 – Mastering Two Details

Read the story silently.

Story:

The door slammed shut.

A bird flew past the window.

The room stayed quiet.

Your tasks:

1. Which sentence shows the sound?
 1 2 3
 2. Which sentence stayed the same or did not change?
 1 2 3
 3. Copy one word from the sound sentence:
-

4. Copy one word from the same/no-change sentence:
-

DAY 6

Hold, Shift, and Recover

Sometimes things happen around you while you are reading. Your job is to **stay focused, notice the important sentence, and recover if distracted.**

Activity 1 – Keep Focus on the Lesson

Read the story carefully.

Story:

The teacher placed the books on the desk.

A chair scraped loudly.

The lesson continued.

Your tasks:

1. How many sentences are in the story?
 1 2 3 4

2. Circle all the full stops (.) in the story.
3. Which sentence shows what happened in the lesson?
 1 2 3
4. Write the first word of that sentence:

5. Copy one word from that sentence:

Activity 2 – Notice the Notebook

Read the story carefully.

Story:

Mia opened her notebook carefully.

She checked the page number.

The bell rang suddenly.

Your tasks:

1. How many capital letters do you see?
 1 2 3 4
2. Which sentence shows what Mia did with her notebook?
 1 2 3
3. Write the first word of that sentence:

4. Copy one word from that sentence:

Activity 3 – Waiting Quietly

Read the story carefully.

Story:

The clock ticked steadily.

Students waited quietly.
A door opened at the back.

Your tasks:

1. How many short words (3 letters or fewer) do you see?
 1 2 3 4 5
2. Which sentence shows what the students were doing while waiting?
 1 2 3
3. Write the first word of that sentence:

4. Copy one word from that sentence:

Recovery and Staying in Control

Sometimes things happen suddenly, like spills, wind, or flickering lights.
Your job is to **notice the important sentence and recover focus calmly.**

Activity 4 – Picking Up Calmly

Read the story carefully.

Story:

The boy reached into his bag quickly.

Pencils spilled onto the floor.

He paused.

He picked them up calmly.

Your tasks:

1. How many sentences are in the story?
 1 2 3 4 5
2. Which sentence shows the boy **regaining control**?
 1 2 3 4
3. Write the first word of that sentence:

4. Copy one word from that sentence:

Activity 5 – What Happened Next?

Read the story carefully.

Story:

The wind blew harder.

Leaves scattered everywhere.

The path became slippery.

Your tasks:

1. Underline the **last word** in each sentence.
2. Which sentence shows the **result** of the wind?
 1 2 3
3. Write the last word of that sentence:

Activity 6 – Regaining Control

Read the story carefully.

Story:

The lights flickered once.

A student laughed.

The teacher raised a hand.

The room went quiet.

Your tasks:

1. How many sentences are in the story?
 1 2 3 4 5
2. Which sentence shows the class **regaining control**?
 1 2 3 4
3. Write the first word of that sentence:

-
4. Copy two words from that sentence:
-
-

Shift, Recover and Hold Two Details

Sometimes more than one thing happens at the same time.

Your job is to **find the important actions, notice time changes, and keep both details in mind.**

Activity 7 – Calm After Sudden Action

Read the story carefully.

Story:

The dog barked suddenly.

A cyclist passed quickly.

The dog sat down.

Your tasks:

1. Underline the action words (what happened).
2. Which sentence shows the dog **calming down**?
 1 2 3
3. Write the first word of that sentence:

-
4. Copy one action word from that sentence:
-
-

Activity 8 – Time Changes

Read the story carefully.

Story:

Early in the afternoon, the playground was busy.

Later, the noise faded.

Your tasks:

1. How many sentences are in the story?
 1 2 3
2. Which sentence shows **what happened later**?
 1 2
3. Write the first word of that sentence:

4. Copy the time word from that sentence:

Activity 9 – Back to Work

Read the story carefully.

Story:

After the interruption, the class returned to work.
Pens moved, and pages turned quietly.

Your tasks:

1. Circle all the commas (,) in the story.
2. Which sentence shows what happened **after the interruption**?
 1 2
3. Write the first word of that sentence:

4. Copy two words from that sentence:

Activity 10 – Shift + Dual Hold

Read the story silently.

Story:

The fire alarm beeped briefly.

Birds flew past the windows.

The alarm stopped.

The lesson started again.

Your tasks:

1. Which sentence is about the **alarm**?

1 2 3 4

2. Which sentence is about the **lesson starting again**?

1 2 3 4

3. Copy one word from the alarm sentence:

4. Copy one word from the resume sentence:

DAY 7

Control Under Time Pressure

Sometimes things happen quickly, like timers, bells, or sudden actions.

Your job is to **stay calm, find the important sentence and do it carefully.**

Activity 1 – Keep the Task Going

Read the story carefully.

Story:

The timer beeped once.

The child looked up quickly.

The task carried on.

Your tasks:

1. How many sentences are in the story?

1 2 3 4

2. Circle all the full stops (.) in the story.

3. Which sentence shows that the **task carried on**?

1 2 3

4. Write the first word of that sentence:

5. Copy one word from that sentence:

Activity 2 – Slow Down

Read the story carefully.

Story:

Leo opened his book fast.

A page tore slightly.

He slowed his hands.

Your tasks:

1. How many capital letters do you see?

1 2 3 4

2. Which sentence shows **slowing down**?

1 2 3

3. Write the first word of that sentence:

4. Copy one word from that sentence:

Activity 3 – Responding to Signals

Read the story carefully.

Story:

The bell rang sharply.

Students shifted in their seats.

The teacher raised a hand.

Your tasks:

1. How many short words (3 letters or fewer) do you see?

1 2 3 4 5

2. Which sentence shows the **control signal**?

1 2 3

3. Write the first word of that sentence:

4. Copy one word from that sentence:

Deliberate Recovery

Sometimes things happen fast. Take your time and read carefully. Find the sentence that shows what happened or **important actions** and write the words neatly.

Activity 4 – Stop and Recover

Read the story carefully.

Story:

The girl rushed toward the door.

A voice called her name.

She stopped.

She turned back calmly.

Your tasks:

1. How many sentences are in the story?

1 2 3 4 5

2. Which sentence shows the girl **recovering**?

1 2 3 4

3. Write the first word of that sentence:

4. Copy one word from that sentence:

Activity 5 – Important Action

Read the story carefully.

Story:

The clock ticked loudly.
Pencils tapped on desks.
The test continued.

Your tasks:

1. Underline the **last word** in each sentence.
2. Which sentence shows the **important action**?
 1 2 3
3. Write the last word of that sentence:

Activity 6 – Resuming Work

Read the story carefully.

Story:

The lights dimmed briefly.
A student gasped.
The lights brightened again.
Work carried on.

Your tasks:

1. How many sentences are in the story?
 1 2 3 4 5
2. Which sentence shows **work carrying on**?
 1 2 3 4
3. Write the first word of that sentence:

4. Copy two words from that sentence:

Precision Under Urgency

Sometimes things happen fast, like buzzing phones or countdowns. Your job is to **ignore distractions, find the important details and stay accurate.**

Activity 7 – Ignore Distractions

Read the story carefully.

Story:

The phone buzzed suddenly.

A message flashed on the screen.

The child kept working.

Your tasks:

1. Underline the action words (what happened).
2. Which sentence shows the child **ignoring the distraction**?
 1 2 3
3. Write the first word of that sentence:

4. Copy one action word from that sentence:

Activity 8 – Time Changes

Read the story carefully.

Story:

Earlier, the hallway was noisy.

Later, it became quiet.

Your tasks:

1. How many lines are in the story?
 1 2 3
2. Which sentence shows what happened **later**?
 1 2
3. Write the first word of that sentence:

4. Copy the time word from that sentence:

Activity 9 – Back on Track

Read the story carefully.

Story:

After the interruption, the group refocused.

Pages turned, and writing continued.

Your tasks:

1. Circle all the commas (,) in the story.
2. Which sentence shows what happened **after the interruption**?
 1 2
3. Write the first word of that sentence:

-
4. Copy two words from that sentence:
-
-

Activity 10 – Dual Hold Under Pressure

Read the story silently.

Story:

The countdown reached zero.

A cheer sounded nearby.

The task remained unfinished.

Work continued calmly.

Your tasks:

1. Which sentence shows the **pressure cue**?
 1 2 3 4
2. Which sentence shows the **correct action**?
 1 2 3 4
3. Copy one word from the pressure sentence:

-
4. Copy one word from the correct action sentence:
-

DAY 8

Endurance Under Fatigue

Sometimes lessons feel long and we get tired. Your job is to **stay accurate, follow all steps, and finish carefully.**

Activity 1 – Keep Going

Read the story carefully.

Story:

The morning lesson felt long.

Chairs creaked softly.

The work continued.

Your tasks:

1. How many sentences are in the story?
 1 2 3 4
2. Which sentence shows that the **work continued**?
 1 2 3
3. Write the first word of that sentence:

-
4. Copy one word from that sentence:
-
-

Activity 2 – Careful Action

Read the story carefully.

Story:

Maya rubbed her eyes briefly.

She read the next line carefully.

The page was nearly finished.

Your tasks:

1. How many capital letters do you see?
 1 2 3 4

2. Which sentence shows **careful action**?

1 2 3

3. Write the first word of that sentence:

4. Copy one word from that sentence:

Activity 3 – Resume Work

Read the story carefully.

Story:

The clock ticked on the wall.

Pencils paused.

Writing resumed quietly.

Your tasks:

1. How many short words (≤ 3 letters) do you see?

1 2 3 4 5

2. Which sentence shows **writing resumed**?

1 2 3

3. Write the first word of that sentence:

4. Copy one word from that sentence:

Endurance Under Fatigue (Continued)

Even when you feel tired, you can **restart your focus** and keep your work accurate. These activities help you **find the sentences that show focus is restored**.

Activity 4 – Focus Returned

Read the story carefully.

Story:

The child shifted in the chair.

A page rustled softly.
The reading slowed.
The focus returned.

Your tasks:

1. How many sentences are in the story?
 1 2 3 4 5
2. Which sentence shows that **focus returned**?
 1 2 3 4
3. Write the first word of that sentence:

4. Copy one word from that sentence:

Activity 5 – Staying Seated

Read the story carefully.

Story:

The room felt warm.
Air moved slowly.
Everyone stayed seated.

Your tasks:

1. Underline the **last words** in the sentences: Yes
2. Which sentence shows **staying seated**?
 1 2 3
3. Write the **last word** of that sentence:

Activity 6 – Work Carried On

Read the story carefully.

Story:

The lights dimmed slightly.
No one spoke.

The lights brightened again.

Work carried on.

Your tasks:

1. How many sentences are in the story?
 1 2 3 4 5
2. Which sentence shows that **work carried on**?
 1 2 3 4
3. Write the first word of that sentence:

4. Copy **two words** from that sentence:

Endurance Under Fatigue (Final Tasks)

Even when you feel tired, you can **stay precise** and finish the page cleanly. These activities focus on **managing distractions and holding multiple details in your mind**.

Activity 7 – Keep Reading

Story:

A cough sounded nearby.

Someone shifted their book.

The child kept reading.

Your tasks:

1. Underline the **action words**: Yes
2. Which sentence shows the child **kept reading**?
 1 2 3
3. Write the first word of that sentence:

4. Copy one **action word** from that sentence:

Activity 8 – Later in the Page

Story:

Earlier, the page felt easy.
Later, the lines blurred slightly.

Your tasks:

1. Count the lines: 1 2 3
2. Which sentence shows **later**?
 1 2
3. Write the first word of that sentence:

4. Copy the **time word** from that sentence:

Activity 9 – After a Pause

Story:

After a pause, the reading continued.
Words were tracked, and meaning held.

Your tasks:

1. Circle the **commas**: Yes
2. Which sentence shows **after the pause**?
 1 2
3. Write the first word of that sentence:

4. Copy **two words** from that sentence:

Activity 10 – Completion Challenge

Story:

The final paragraph appeared.
A noise echoed down the hall.
The child finished the page.
The book was closed calmly.

Your tasks:

1. Read silently: Done
2. Which sentence shows the **distraction**?
 1 2 3 4
3. Which sentence shows **completion**?
 1 2 3 4
4. Copy the word for the **distraction**:

-
5. Copy the word for **finish**:
-
-

DAY 9

Complexity Stacking

Even when rules overlap and multiple details appear, you can **hold everything in your mind** and stay accurate. These activities focus on **tracking several rules at once** and managing distractions.

Activity 1 – Reading Focus

Story:

The boy opened his book quietly.
A chair scraped behind him.
He read the first sentence carefully.
The lesson began.

Your tasks:

1. Count the sentences: 1 2 3 4 5
2. Circle all **full stops**: Done
3. Which sentence shows the boy **reading carefully**?
 1 2 3 4
4. Write the first word of that sentence:

-
5. Copy one **word** from that sentence:

Activity 2 – Important Task

Story:

Mia packed her bag quickly.

Her phone buzzed once.

She checked her notebook.

The bus arrived.

Your tasks:

1. Count the sentences: 1 2 3 4 5
2. Box all **capital letters**: Done
3. Which sentence shows the **important task** Mia did?
 1 2 3 4
4. Write the first word of that sentence:

-
5. Copy one **word** from that sentence:
-
-

Activity 3 – Managing Distractions

Story:

The bell rang sharply.

Students stood up.

A book fell to the floor.

The line moved forward.

Your tasks:

1. Underline all **action words**: Done
2. Which sentence is the **distraction**?
 1 2 3 4
3. Which sentence shows the **main action**?
 1 2 3 4

4. Copy one word from the **distraction sentence**:

5. Copy one word from the **main action sentence**:

Complexity Stacking (Continued)

Even when distractions happen, you can **regain control** and keep tracking the important actions. These activities focus on noticing where focus is lost and where it comes back.

Activity 4 – Recovery Action

Story:

The girl searched her desk.

Papers slid off the edge.

She paused.

She placed them back neatly.

The task continued.

Your tasks:

1. Count the sentences: 1 2 3 4 5 6
2. Which sentence shows her **recovery action**?
 1 2 3 4 5
3. Write the first word of that sentence:

4. Copy one **word** from that sentence:

Activity 5 – Staying the Same

Story:

Rain fell heavily outside.

Voices echoed in the hall.

The room stayed quiet.

Work continued.

Your tasks:

1. Underline the **last words** in each sentence: Done
2. Which sentence shows things **staying the same**?
 1 2 3 4
3. Write the **last word** of that sentence:

Activity 6 – Control Signal

Story:

The lights flickered twice.
A student laughed.
The teacher raised a hand.
Silence returned.
Writing resumed.

Your tasks:

1. Count the sentences: 1 2 3 4 5 6
2. Which sentence shows the **control signal**?
 1 2 3 4 5
3. Write the first word of that sentence:

4. Copy **two words** from that sentence:

Complexity Stacking (Final Tasks)

The last activities today will help you do two things at once. You will practice paying attention, **ignoring distractions**, and remembering more than one thing at the same time.

Activity 7 – Ignored Distraction

Story:

The phone vibrated softly.

A message preview appeared.

The child ignored it.

The reading continued.

Your tasks:

1. Underline the **action words**: Done
2. Which sentence shows the **ignored distraction**?
 1 2 3 4
3. Write the **first word** of that sentence:

4. Copy **one action word** from that sentence:

Activity 8 – Adjustment

Story:

Earlier in the day, the task felt simple.

Later, more steps were added.

The child adjusted pace.

Your tasks:

1. Count the lines: 1 2 3 4
2. Which sentence shows the **adjustment**?
 1 2 3
3. Write the **first word** of that sentence:

4. Copy **one word** from that sentence:

Activity 9 – After Interruption

Story:

After the interruption, focus returned slowly.
Pens moved again, and pages turned carefully.

Your tasks:

1. Circle the **commas**: Done
2. Which sentence shows what happened **after the interruption**?
 1 2
3. Write the **first word** of that sentence:

4. Copy **two words** from that sentence:

Activity 10 – Stacked Load Challenge

Story:

The timer beeped twice.
A laugh echoed nearby.
The instructions remained the same.
The task was completed accurately.
The page was checked.

Your tasks:

1. Scan silently: Done
2. Which sentence shows the **distraction**?
 1 2 3 4 5
3. Which sentence shows the **unchanged rule**?
 1 2 3 4 5
4. Copy **one word** from the distraction sentence:

5. Copy **one word** from the unchanged rule sentence:

DAY 10

Independent Regulation and Transfer

Today's focus is on **doing tasks on your own**: starting, monitoring, and correcting yourself. You will practice **self-control, attention, and accuracy** without any prompting.

Activity 1 – Self-Start

Story:

The child opened the workbook.

The page was read silently.

The task began calmly.

Your tasks:

1. Scan silently: Done
2. Which sentence shows the **start action**?
 1 2 3
3. Write the **first word** of that sentence:

-
4. Copy **one word** from that sentence:
-
-

Activity 2 – Self-Selection

Story:

The bell rang softly.

Students stayed seated.

Work continued quietly.

Your tasks:

1. Scan silently: Done
2. Which sentence shows the **important detail**?
 1 2 3
3. Circle the **reason chosen**:
sound / action / result
4. Copy **one word** from that sentence:

Activity 3 – Self-Inhibition

Story:

A door closed nearby.

The child paused briefly.

The reading continued.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows what was **ignored**?
 1 2 3
 3. Which sentence **continued the task**?
 1 2 3
 4. Copy **one word** from the continued sentence:
-
-

Activity 4 – Self-Recovery

These tasks focus on **recovering quickly from distractions**, holding rules in mind, and completing longer sequences accurately.

Story:

The pencil slipped from the desk.

The child picked it up.

The task resumed.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows **recovery**?
 1 2 3
 3. Write the **first word** of that sentence:
-
-

4. Copy **one word** from that sentence:
-
-

Activity 5 – Maintaining Rules

Story:

The rule stayed the same.

A noise occurred.

The work followed the rule.

Your tasks:

1. Scan silently: Done
2. Which sentence shows the **rule being followed**?
 1 2 3
3. Copy the **last word** of that sentence:

Activity 6 – Multi-Step Hold

Story:

The page looked longer.

The child worked steadily.

A pause occurred.

The task was finished.

Your tasks:

1. Scan silently: Done
2. Which sentence shows the **finish**?
 1 2 3 4
3. Write the **first word** of that sentence:

4. Copy **two words** from that sentence:

Mastery and Transfer

These tasks require **independent judgment, self-monitoring, and transfer of skills** with minimal adult support.

Activity 7 – Priority Judgement

Story:

A sound came from outside.

The instruction remained visible.

The child followed the instruction.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows **priority**?
 1 2 3
 3. Why is it priority? (tick one)
 instruction sound
 4. Copy **one word** from that sentence:
-
-

Activity 8 – Fatigue Awareness

Story:

The final section appeared.

The child slowed slightly.

The work stayed accurate.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows **accuracy**?
 1 2 3
 3. Write the **first word** of that sentence:
-
-

4. Copy **one word** from that sentence:
-
-

Activity 9 – Self-Checking

Story:

The work was completed.

The child checked carefully.

A small fix was made.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows **checking**?
 1 2 3
 3. Which sentence shows the **fix**?
 1 2 3
 4. Copy **one word** from the sentence showing the fix:
-
-

Activity 10 – Transfer Task

Story:

The child began independently.

Distractions appeared.

The task stayed organised.

The page was checked and closed.

Your tasks:

1. Scan silently: Done
 2. No prompts used: Yes No
 3. Which sentence shows **start**?
 1 2 3 4
 4. Which sentence shows **checked/organisation**?
 1 2 3 4
 5. Copy **one word** showing organisation:
-
-

DAY 11

Sustained Self-Regulation

These activities help you check your own work, **start tasks by yourself**, and notice when your mind wanders.

Activity 1 – Quiet Entry

Story:

The page was opened calmly.

The text was read silently.

The task began.

Your tasks:

1. Scan silently: Done
2. No prompts used: Yes No
3. Which sentence shows **beginning**?
 1 2 3
4. Write the **first word** of that sentence:

-
5. Copy **one word** from that sentence:
-
-

Activity 2 – Maintaining Focus

Story:

The room stayed quiet.

A chair moved slightly.

The work continued steadily.

Your tasks:

1. Scan silently: Done
2. Which sentence shows **continued focus**?
 1 2 3
3. Write the **first word** of that sentence:

-
4. Copy **one word** from that sentence:
-

Activity 3 – Drift Detection

Story:

The child read the line.

Attention slipped briefly.

The line was reread.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the **slip**?
 1 2 3
 3. Which sentence shows **correction**?
 1 2 3
 4. Copy **one word** from the correction sentence:
-
-

Internal Regulation and Extended Holds

These activities help you watch your own work, take a pause if unsure, and be careful from start to finish.

Activity 4 – Internal Pause

Story:

The child felt unsure.

The page was paused on.

The instruction was checked.

The task resumed.

Your tasks:

1. Scan silently: Done
2. Which sentence shows **pause**?
 1 2 3 4
3. Which sentence shows **resume**?
 1 2 3 4
4. Copy **one word** from the resume sentence:

Activity 5 – Rule Consistency

Story:

The rule stayed unchanged.

A distraction appeared.

The rule was followed.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the **rule being followed**?
 1 2 3
 3. Copy the **last word** of that sentence:
-
-

Activity 6 – Extended Hold

Story:

The text continued for several lines.

The child worked carefully.

A pause occurred.

The reading resumed correctly.

The task was completed.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows **completion**?
 1 2 3 4 5
 3. Write the **first word** of that sentence:
-
-

4. Copy **two words** from that sentence:
-
-

Sustained Independence (Transfer)

These last activities see if you can stay careful and **follow the story correctly** on your own, even if you are tired or there are distractions

Activity 7 – Priority without Prompts

Story:

A noise sounded outside.

The instruction remained visible.

The task continued accurately.

Your tasks:

1. Scan silently: Done
2. Which sentence shows **priority**? 1 2 3
3. Reason (tick one): instruction noise
4. Copy **one word** from that sentence:

Activity 8 – Fatigue Management

Story:

The page felt long.

The child slowed slightly.

Accuracy was maintained.

Your tasks:

1. Scan silently: Done
2. Which sentence shows **accuracy maintained**? 1 2 3
3. Copy the **first word** of that sentence:

4. Copy **one word** from the sentence:

Activity 9 – Self-Initiated Check

Story:

The task ended.

The work was checked.

A correction was made.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows **check**? 1 2 3
 3. Which sentence shows **fix**? 1 2 3
 4. Copy **one word** from the fix sentence:
-
-

Activity 10 – Sustained Independence**Story:**

The child began independently.

The page progressed without prompts.

Distractions occurred.

The structure was maintained.

The work was completed and checked.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows **start**? 1 2 3 4 5
 3. Which sentence shows **checked/completed**? 1 2 3 4 5
 4. Copy **one word** from the sentence showing structure maintained:
-
-

DAY 12**Reading Generalisation**

These activities help you use the **same careful reading skills** in different kinds of reading. You will show that you can stay focused, follow meaning, and check your work even when the task changes.

Activity 1 – Sentence Ending

Story:

The book was closed.

The desk was cleared.

The lesson ended.

Your tasks:

1. Scan silently: Done
2. Which sentence shows the ending?
 1 2 3
3. Write the first word of that sentence:

4. Copy one word from that sentence:

Activity 2 – Who Did What

Story:

The teacher spoke calmly.

The students listened carefully.

Your tasks:

1. Scan silently: Done
2. Which sentence shows the teacher's action?
 1 2
3. Write the first word of that sentence:

4. Copy one word from that sentence:

Activity 3 – Sequencing

Story:

First the bell rang.

Then the class stood up.

Last the room emptied.

Your tasks:

1. Scan silently: Done
2. Which sentence shows what happened last?
 1 2 3
3. Write the first word of that sentence:

4. Copy one word from that sentence:

Detail Tracking and Causality

These activities help you hold details in your mind and understand why things happen.

Activity 4 – Detail Hold

Story:

The girl opened her bag.

She found her pencil.

She began to write quietly.

Your tasks:

1. Scan silently: Done
2. Which sentence shows the object found?
 1 2 3
3. Write the last word of that sentence:

4. Copy one word from that sentence:

Activity 5 – Time Words

Story:

After lunch, the class returned.

Later, the room became quiet.

Your tasks:

1. Scan silently: Done
2. Which sentence shows something happening later?
 1 2
3. Write the first word of that sentence:

-
4. Copy the time word:
-
-

Activity 6 – Cause and Effect

Story:

The floor was wet.

The boy walked carefully.

No one slipped.

Your tasks:

1. Scan silently: Done
2. Which sentence shows the reason for being careful?
 1 2 3
3. Write the first word of that sentence:

-
4. Copy one word from that sentence:
-
-

Mastery and Generalisation

These final activities show if you can ignore distractions, understand meaning that is not said directly, and check your own work.

Activity 7 – Distractions

Story:

A noise came from outside.

The instructions stayed on the board.

The child followed instructions.

Your tasks:

1. Scan silently: Done
2. Which sentence shows what is important?
 1 2 3
3. Write the first word of that sentence:

4. Copy one word from that sentence:

Activity 8 – Inference

Story:

The lights turned off.

The room became quiet.

The children waited.

Your tasks:

1. Scan silently: Done
2. Which sentence helps explain why the children waited?
 1 2 3
3. Write the first word of that sentence:

4. Copy one word from that sentence:

Activity 9 – Self-Check

Story:

The sentence was read once.

It was read again.

A small mistake was fixed.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the fix?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 10 – Generalisation

Story:

The child read independently.

The text included distractions.

The meaning was held.

The reading was checked.

Your tasks:

1. Scan silently: Done
 2. No prompts used: Yes No
 3. Which sentence shows meaning was held?
 1 2 3 4
 4. Which sentence shows checking?
 1 2 3 4
 5. Copy one word from the sentence showing meaning:
-

DAY 13

Extended Passage Reading

These activities help you **hold meaning across longer reading**, keep track of details, and stay accurate from beginning to end.

Activity 1 – Main Action

Story:

The class entered the library quietly.

Books were placed on the tables.

The teacher explained the task.

Everyone began reading silently.

Your tasks:

1. Scan silently: Done
2. Which sentence shows the main action?
 1 2 3 4
3. Write the first word of that sentence:

4. Copy one word from that sentence:

Activity 2 – Tracking Details

Story:

The boy opened his notebook carefully.

He sharpened his pencil.

He checked the page number.

Then he began his work.

Your tasks:

1. Scan silently: Done
2. Which sentence shows checking the page number?
 1 2 3 4
3. Write the last word of that sentence:

4. Copy one word from that sentence:

Activity 3 – Final Event

Story:

First the bell rang loudly.

The children stood up.

They pushed in their chairs.

Finally, they lined up at the door.

Your tasks:

1. Scan silently: Done
2. Which sentence shows what happened last?
 1 2 3 4
3. Write the first word of that sentence:

4. Copy one word from that sentence:

Contextual Logic and Time Awareness

These activities help you understand why things happen and notice changes in time.

Activity 4 – Cause and Effect

Story:

The floor was wet after the rain.

The teacher warned the class.

The children walked carefully.

No one slipped.

Your tasks:

1. Scan silently: Done
2. Which sentence shows the reason for walking carefully?
 1 2 3 4
3. Write the first word of that sentence:

4. Copy one word from that sentence:

Activity 5 – Time Awareness

Story:

Before the lesson, the room was noisy.

During reading, it became quiet.

Afterward, students talked again.

Your tasks:

1. Scan silently: Done
2. Which sentence shows what happened during reading?
 1 2 3
3. Write the first word of that sentence:

-
4. Copy the time word from that sentence:
-
-

Activity 6 – Detail Tracking

Story:

The girl placed her bag under the desk.

She took out her book.

She turned to page ten.

She began to read quietly.

Your tasks:

1. Scan silently: Done
2. Which sentence shows page ten?
 1 2 3 4
3. Write the last word of that sentence:

-
4. Copy one word from that sentence:
-
-

Interference, Inference and Transfer

These final activities help you ignore distractions, understand meaning that is not directly stated, and read independently.

Activity 7 – Ignoring Interference

Story:

A chair scraped loudly nearby.

The story continued on the page.

The child kept reading carefully.

The noise faded away.

Your tasks:

1. Scan silently: Done
2. Which sentence shows the important action?
 1 2 3 4
3. Write the first word of that sentence:

-
4. Copy one word from that sentence:
-
-

Activity 8 – Inference

Story:

Dark clouds filled the sky.

The wind grew stronger.

The children moved indoors.

The door was closed behind them.

Your tasks:

1. Scan silently: Done
2. Which sentence helps explain why the children went indoors?
 1 2 3 4
3. Write the first word of that sentence:

-
4. Copy one word from that sentence:
-
-

Activity 9 – Self-Correction

Story:

The paragraph was read once.

It was read again slowly.

A word was corrected.

The reading continued.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the correction?
 1 2 3 4
 3. Copy one word from that sentence:
-
-

Activity 10 – Independent Transfer

Story:

The child read the full passage independently.

Several details appeared.

Distractions occurred.

The meaning was held throughout.

The passage was checked at the end.

Your tasks:

1. Scan silently: Done
2. No prompts used: Yes No
3. Which sentence shows meaning was held?
 1 2 3 4 5
4. Which sentence shows checking at the end?
 1 2 3 4 5

5. Copy one word from the sentence showing meaning:
-

DAY 14

Multi-Paragraph Reading

These activities help you **hold meaning across paragraphs, link ideas, and stay accurate while reading longer texts.**

Activity 1 – Main Idea Across Paragraphs

Paragraph 1:

The class entered the hall quietly.

Chairs were set in rows.

The teacher gave instructions.

Paragraph 2:

Students opened their books.

Reading began at once.

The room stayed calm.

Your tasks:

1. Scan silently: Done
 2. Which paragraph shows the main action?
 Paragraph 1 Paragraph 2
 3. Which sentence in that paragraph shows the main action?
 1 2 3
 4. Copy one word from that sentence:
-
-

Activity 2 – Detail Location (Paragraph Awareness)

Paragraph 1:

The boy placed his bag under the desk.

He checked the page number.

He sharpened his pencil.

Paragraph 2:

He began the task carefully.
The room remained quiet.

Your tasks:

1. Scan silently: Done
 2. Which paragraph mentions the page number?
 Paragraph 1 Paragraph 2
 3. Which sentence shows the page number?
 1 2 3
 4. Copy one word from that sentence:
-
-

Activity 3 – Sequence Across Paragraphs

Paragraph 1:

First the bell rang.
The class stood up.
Chairs were pushed in.

Paragraph 2:

Then students lined up.
Finally, they left the room.

Your tasks:

1. Scan silently: Done
 2. Which paragraph contains the word *Finally*?
 Paragraph 1 Paragraph 2
 3. Which sentence shows *Finally*?
 1 2 3
 4. Copy one word from that sentence:
-
-

Activity 4 – Cause and Effect Across Paragraphs

Paragraph 1:

Rain fell heavily outside.
Water gathered near the door.

Paragraph 2:

The teacher warned the class.
Students walked carefully.

Your tasks:

1. Scan silently: Done
 2. Which paragraph shows the cause?
 Paragraph 1 Paragraph 2
 3. Which sentence shows the cause?
 1 2
 4. Copy one word from that sentence:
-
-

Activity 5 – Time Words Across Paragraphs

Paragraph 1:

Before reading, the room was noisy.
Voices filled the space.

Paragraph 2:

During reading, the room became quiet.
Afterward, students talked again.

Your tasks:

1. Scan silently: Done
 2. Which paragraph contains the word *During*?
 Paragraph 1 Paragraph 2
 3. Which sentence contains *During*?
 1 2 3
 4. Copy the time word from that sentence:
-
-

Activity 6 – Working Memory (Object Tracking)

Paragraph 1:

The girl opened her bag.
She found her notebook.
She turned to page ten.

Paragraph 2:

She began to write quietly.
The task continued.

Your tasks:

1. Scan silently: Done
2. Which paragraph mentions page ten?
 Paragraph 1 Paragraph 2
3. Write the last word of that sentence:

-
4. Copy one word from that sentence:
-
-

Activity 7 – Ignoring Distractions

Paragraph 1:

A chair scraped loudly.
A door closed nearby.

Paragraph 2:

The text stayed on the page.
The child kept reading.

Your tasks:

1. Scan silently: Done
2. Which paragraph shows the important action?
 Paragraph 1 Paragraph 2
3. Which sentence shows the important action?
 1 2
4. Copy one word from that sentence:

Activity 8 – Inference Across Paragraphs

Paragraph 1:

Dark clouds gathered.

Wind increased.

The air grew cold.

Paragraph 2:

The children moved indoors.

Coats were hung up.

Your tasks:

1. Scan silently: Done
 2. Which paragraph explains *why* the children went indoors?
 Paragraph 1 Paragraph 2
 3. Which sentence helps explain this?
 1 2 3
 4. Copy one word from that sentence:
-
-

Activity 9 – Self-Check Across Paragraphs

Paragraph 1:

The paragraph was read carefully.

Meaning was followed.

Paragraph 2:

The paragraph was reread.

A word was corrected.

Your tasks:

1. Scan silently: Done
2. Which paragraph shows the correction?
 Paragraph 1 Paragraph 2
3. Which sentence shows the correction?
 1 2

4. Self-check shown: Yes No
-
-

Activity 10 – Multi-Paragraph Transfer (Minimal Support)

Paragraph 1:

The child read the first paragraph independently.
Several details appeared.
Distractions occurred.

Paragraph 2:

The second paragraph continued the idea.
Meaning was held.
The reading was checked at the end.

Your tasks:

1. Scan silently: Done
 2. No prompts used: Yes No
 3. Which paragraph shows meaning was held?
 Paragraph 1 Paragraph 2
 4. Which sentence shows checking at the end?
 1 2 3
 5. Copy one word from the sentence showing meaning:
-

DAY 15

Exam-Style Reading Under Time Pressure

These activities help you **read quickly, choose the right information, and stay accurate without stopping.**

Activity 1 – Fast Orientation

Story:

The paper was placed on the desk.
The instructions were read once.
The task began.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the task beginning?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 2 – Main Idea Under Time

Story:

The class entered the room quickly.

Seats were taken.

The test started immediately.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the main event?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 3 – Detail Location

Story:

The boy checked his pencil.

He turned to page six.

The timer beeped.

Your tasks:

1. Scan silently: Done
 2. Which sentence mentions the page?
 1 2 3
 3. Copy the number word from that sentence:
-

Activity 4 – Sequence at Speed

Story:

First the bell rang.

Then papers were handed out.

Last the room fell silent.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows *last*?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 5 – Cause and Effect with Distraction

Story:

The floor was wet.

A chair scraped loudly.

The students walked carefully.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the reason for careful walking?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 6 – Time Words (No Hints)

Story:

Before the test, voices filled the room.

During reading, the room was quiet.
Afterward, students spoke again.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows *during*?
 1 2 3
 3. Copy the time word from that sentence:
-
-

Activity 7 – Ignore Irrelevant Information

Story:

A noise came from the hallway.
The question remained on the page.
The answer was written.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the important action?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 8 – Implied Meaning at Speed

Story:

The lights dimmed.
The room grew quiet.
The students waited.

Your tasks:

1. Scan silently: Done
2. Which sentence explains *why* the students waited?
 1 2 3
3. Copy one word from that sentence:

Activity 9 – Self-Check without Prompt

Story:

The answer was written.

The line was reread.

A mistake was fixed.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the fix?
 1 2 3
 3. Self-check shown: Yes No
-
-

Activity 10 – Full Simulation

Story:

The passage was read once.

Several details appeared.

Distractions occurred.

The meaning was held.

The work was checked at the end.

Your tasks:

1. Scan silently: Done
 2. No prompts used: Yes No
 3. Which sentence shows meaning was held?
 1 2 3 4 5
 4. Which sentence shows checking at the end?
 1 2 3 4 5
 5. Copy one word from the sentence showing meaning held:
-

DAY 16

Inference and Deduction

These activities help you find hidden meaning, use clues, and prove your answer without stopping.

Activity 1 – Inferring Season

Story:

The ground was white.
Children built a man of snow.
The air felt freezing.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the season?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 2 – Inferring How Someone Feels

Story:

The boy held his stomach.
He refused his dinner.
He went to bed early.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the boy is not well?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 3 – Inferring Weather

Story:

The umbrella was opened.
Rain pattered on the fabric.
Shoes got wet.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the weather?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 4 – Inferring a Solution**Story:**

The car engine would not start.
Dad called the mechanic.
The tow truck arrived.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the solution?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 5 – Inferring a Win**Story:**

The crowd cheered loudly.
The player held the trophy.
Confetti fell down.

Your tasks:

1. Scan silently: Done

2. Which sentence shows a win?

1 2 3

3. Copy one word from that sentence:

Activity 6 – Inferring a Cause

Story:

Smoke rose from the toast.

The smell filled the kitchen.

Breakfast was ruined.

Your tasks:

1. Scan silently: Done

2. Which sentence shows the cause of the problem?

1 2 3

3. Copy one word from that sentence:

Activity 7 – Inferring Mood

Story:

The dog wagged its tail.

It brought the ball back.

It waited for a throw.

Your tasks:

1. Scan silently: Done

2. Which sentence shows how the dog feels?

1 2 3

3. Copy one word from that sentence:

Activity 8 – Inferring Relief

Story:

Before the test, palms were sweaty.
Afterward, smiles returned.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows relief?
 1 2
 3. Copy one word from that sentence:
-
-

Activity 9 – Inferring a Signal**Story:**

The light turned green.
Cars moved forward.
The street became busy.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the signal?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 10 – Full Inference (Independent)**Story:**

The room was dark.
A cake with candles entered.
Everyone sang a song.

Your tasks:

1. Scan silently: Done
2. Which sentence shows what the event is?
 1 2 3

3. Copy one word that proves your answer:
-

DAY 17

Conditional Logic (IF / THEN)

These activities help you follow rules, check what really happened, and decide what should happen next.

Activity 1 – Rule Not Triggered

Story:

If the bell rings, stop working.

The bell remained silent.

Work continued.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the rule?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 2 – Condition Not Met

Story:

If it rains, wear a coat.

The sun shone brightly.

The coat stayed home.

Your tasks:

1. Scan silently: Done
2. Which sentence shows what really happened?
 1 2 3

3. Copy one word from that sentence:

Activity 3 – Action Allowed

Story:

Unless the light is red, keep walking.

The light was green.

The pedestrians walked.

Your tasks:

1. Scan silently: Done
2. Which sentence shows the action taken?
 1 2 3
3. Copy one word from that sentence:

Activity 4 – Rule Still Active

Story:

When the music stops, find a chair.

The music played on.

Everyone kept moving.

Your tasks:

1. Scan silently: Done
2. Which sentence shows the rule?
 1 2 3
3. Copy one word from that sentence:

Activity 5 – Result Checked

Story:

If the answer is five, circle it.

The answer was four.

Nothing was circled.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the result?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 6 – Problem Identified

Story:

Check the bag.

If keys are there, leave.

The keys were missing.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the problem?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 7 – Condition Already Met

Story:

If the door is open, close it.

The door was already shut.

The child walked past.

Your tasks:

1. Scan silently: Done
2. Which sentence shows the door's state?
 1 2 3
3. Copy one word from that sentence:

Activity 8 – Choosing the Correct Rule

Story:

If thirsty, drink water.

If hungry, eat fruit.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the food rule?
 1 2
 3. Copy one word from that sentence:
-
-

Activity 9 – Waiting for a Condition

Story:

Start when the timer beeps.

The timer was silent.

The class waited.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows waiting?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 10 – Full Conditional Thinking (Independent)

Story:

If the box is heavy, lift together.

The box was light.

One person lifted it.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the rule?
 1 2 3
 3. Copy one word that shows what happened:
-

DAY 18

Non-Linear Sequencing

These activities help you work out the correct order of events, even when the story is mixed up.

Activity 1 – Finding the First Action

Story:

He put on his shoes.

Before that, he put on socks.

He tied the laces.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows what happened first?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 2 – Finding the Middle Action

Story:

The cake was eaten.

Before eating, candles were blown out.

Everyone cheered.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the middle action?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 3 – True First Step

Story:

She mailed the letter.

First, she wrote the address.

The letter was gone.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the true first step?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 4 – Finding the Last Event

Story:

The goal was scored.

The game ended.

Before the goal, the crowd was quiet.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows what happened last?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 5 – Reordering Daily Actions

Story:

He dried the dishes.

He washed them first.

He put them away.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the first action?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 6 – Waiting Comes First

Story:

The bus arrived.

Before it came, they waited.

They boarded quickly.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the waiting?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 7 – Finding the Result

Story:

The plant grew tall.

The seed was planted.

Water was added.

Your tasks:

1. Scan silently: Done

2. Which sentence shows the result?

1 2 3

3. Copy one word from that sentence:

Activity 8 – Checking Comes First

Story:

The answer was correct.

The problem was checked.

The student smiled.

Your tasks:

1. Scan silently: Done

2. Which sentence shows the checking?

1 2 3

3. Copy one word from that sentence:

Activity 9 – Hidden First Action

Story:

The painting was framed.

Before framing, the paint dried.

It hung on the wall.

Your tasks:

1. Scan silently: Done

2. Which sentence shows the drying?

1 2 3

3. Copy one word from that sentence:

Activity 10 – Cause Before Action (Independent)

Story:

The car stopped.

The driver saw red.

The brake was pressed.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the cause?
 1 2 3
 3. Copy one word from the sentence that shows the action:
-

DAY 19

Synonym and Vocabulary Tracking

These activities help you notice words that mean the same thing, even when they look different.

Activity 1 – Finding a Similar Meaning

Story:

The small dog barked.

The tiny puppy ran.

The animal was happy.

Your tasks:

1. Scan silently: Done
 2. Which sentence uses a word that means *tiny*?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 2 – Same Meaning, Different Word

Story:

The car moved fast.

The vehicle sped up.

It reached the city quickly.

Your tasks:

1. Scan silently: Done
 2. Which sentence uses a word that means *car*?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 3 – Matching Sound Words**Story:**

The noise was loud.

A sound filled the room.

The volume was high.

Your tasks:

1. Scan silently: Done
 2. Which sentence uses a word that means *noise*?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 4 – Emotion Words**Story:**

She felt glad.

Her happiness showed.

The joy was real.

Your tasks:

1. Scan silently: Done

2. Which sentence uses a word that means *happy*?

1 2 3

3. Copy one word from that sentence:

Activity 5 – Size Words

Story:

The house was huge.

The large building stood tall.

The mansion was old.

Your tasks:

1. Scan silently: Done

2. Which sentence uses a word that means *large*?

1 2 3

3. Copy one word from that sentence:

Activity 6 – Speed Words

Story:

He sprinted away.

The runner was fast.

He dashed to the line.

Your tasks:

1. Scan silently: Done

2. Which sentence uses a word that means *ran quickly*?

1 2 3

3. Copy one word from that sentence:

Activity 7 – Object Meaning Match

Story:

The stone was hard.

The rock sat on the ground.

It was a heavy pebble.

Your tasks:

1. Scan silently: Done
 2. Which sentence uses a word that means *stone*?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 8 – Path Words**Story:**

The path is wide.

The trail goes far.

The track is muddy.

Your tasks:

1. Scan silently: Done
 2. Which sentence uses a word that means *path*?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 9 – Gift Words**Story:**

The present was wrapped.

The gift was square.

The box was open.

Your tasks:

1. Scan silently: Done

2. Which sentence uses a word that means *present*?

1 2 3

3. Copy one word from that sentence:

Activity 10 – Meaning Transfer (Independent)

Story:

The glass shattered.

The pieces broke apart.

Sharp shards lay there.

Your tasks:

1. Scan silently: Done

2. Which sentence uses a word that means *pieces*?

1 2 3

3. Copy the word that means *shards*:

DAY 20

Dense Text Endurance

These activities help you read longer blocks of text, stay focused, and notice key information.

Activity 1 – Start of Day

Story:

The sun rose over the hills and the birds began to sing loudly.

The day had started.

Your tasks:

1. Scan silently: Done

2. Which sentence shows the start of the day?

1 2

3. Copy one word from that sentence:

Activity 2 – Teacher Action

Story:

The teacher wrote a long sentence on the board and underlined the verb.
Students copied it.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the teacher's action?
 1 2
 3. Copy one word from that sentence:
-
-

Activity 3 – Weather Detail

Story:

Rain fell against the windowpane while the wind blew the trees.
The house was warm.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the weather?
 1 2
 3. Copy one word from that sentence:
-
-

Activity 4 – Vehicle Stop

Story:

The car drove down the winding road and stopped at the red sign.
The driver looked left.

Your tasks:

1. Scan silently: Done

2. Which sentence shows the car stopping?

1 2

3. Copy one word from that sentence:

Activity 5 – Reading Action

Story:

He opened the heavy book and turned the page to the first chapter.

He began to read.

Your tasks:

1. Scan silently: Done

2. Which sentence shows the reading action?

1 2

3. Copy one word from that sentence:

Activity 6 – Game End

Story:

The team played until the sun went down and the lights came on.

The game was over.

Your tasks:

1. Scan silently: Done

2. Which sentence shows the playing time?

1 2

3. Copy one word from that sentence:

Activity 7 – Cooking Action

Story:

She mixed the flour and sugar into the bowl and stirred it well.
The cake was ready.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the cooking action?
 1 2
 3. Copy one word from that sentence:
-
-

Activity 8 – Sleeping Cat**Story:**

The cat slept on the rug near the fire and did not move.
It was dreaming.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the cat sleeping?
 1 2
 3. Copy one word from that sentence:
-
-

Activity 9 – Packing Up**Story:**

The bell rang for the end of the day and students packed bags.
They left quietly.

Your tasks:

1. Scan silently: Done
2. Which sentence shows packing?
 1 2
3. Copy one word from that sentence:

Activity 10 – Paragraph Density (Independent)

Story:

The forest was thick with trees and the path was hard to see.

A bird called out from high above the branches.

The walker stopped.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the walker stopping?
 1 2 3
 3. Copy the word that shows who stopped:
-

DAY 21

Error Detection

These activities help you spot mistakes, notice impossible statements, and trust your own judgment.

Activity 1 – Wrong Colour

Story:

The sky is blue.

The grass is purple.

The sun is yellow.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows a wrong colour?
 1 2 3
 3. Copy one word from that sentence:
-

Activity 2 – Impossible Action

Story:

Birds can fly.

Fish can walk.

Dogs can bark.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows an impossible action?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 3 – Wrong Fact

Story:

Ice is hot.

Fire is warm.

Water is wet.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows a wrong fact?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 4 – Vehicle/Boat Error

Story:

Cars have wheels.

Boats have wings.

Planes have engines.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows an error?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 5 – Wrong Time

Story:

We eat dinner in the morning.

We sleep at night.

We play at noon.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows a wrong time?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 6 – Math Error

Story:

A square has three sides.

A circle is round.

A triangle has points.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows a math error?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 7 – Taste Error

Story:

Sugar is salty.

Candy is sweet.

Lemons are sour.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows a taste error?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 8 – Wrong Season

Story:

Winter is cold.

Summer is snowy.

Spring is fresh.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows a wrong season?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 9 – Clothing Error

Story:

Shoes go on hands.

Gloves go on fingers.

Hats go on heads.

Your tasks:

1. Scan silently: Done

2. Which sentence shows a clothing error?

1 2 3

3. Copy one word from that sentence:

Activity 10 – Odd Behaviour (Independent)

Story:

The library was noisy.

The students shouted.

The teacher smiled.

Your tasks:

1. Scan silently: Done

2. Which sentence shows odd behaviour?

1 2 3

3. Copy one word from that sentence:

DAY 22

Dialogue and Perspective

These activities help you track who is speaking, notice quotes and stay accurate.

Activity 1 – Who Speaks?

Story:

"Dad said, 'Time to go.'"

Max said, "Wait for me."

The car left.

Your tasks:

1. Scan silently: Done

2. Which sentence shows Max speaking?

1 2 3

3. Copy one word from that sentence:

Activity 2 – Asking a Question

Story:

"Open the box," she asked.

He lifted the lid.

"It is empty," he said.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows she asks?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 3 – Student Response

Story:

The teacher asked, "Who knows?"

A hand went up.

"I do," said the girl.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the girl speaking?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 4 – Warning

Story:

"Look out!" yelled the boy.

The ball flew past.

"That was close," said Tom.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the warning?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 5 – Second Call

Story:

Mom called, "Dinner is ready."

No one came.

"Please come now," she added.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the second call?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 6 – Answer

Story:

"Is it raining?" asked Sam.

Ben looked outside.

"No, it stopped," Ben replied.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the answer?
 1 2 3
 3. Copy one word from that sentence:
-

Activity 7 – Praise

Story:

The coach shouted, "Run faster!"

The team sprinted.

"Good job," he said.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows praise?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 8 – Mom Speaks

Story:

"Where is the map?" asked Dad.

"I have it," said Mom.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows Mom speaking?
 1 2
 3. Copy one word from that sentence:
-
-

Activity 9 – Permission

Story:

"Stop," said the guard.

The car halted.

"You may pass," he nodded.

Your tasks:

1. Scan silently: Done

2. Which sentence shows permission?

1 2 3

3. Copy one word from that sentence:

Activity 10 – Speaker Tracking (Independent)

Story:

"I am tired," said the child.

"Go to sleep," said the father.

The lights went out.

Your tasks:

1. Scan silently: Done

2. Which sentence shows the father speaking?

1 2 3

3. Copy one word from that sentence:

DAY 23

Emotional Context

These activities help you notice feelings, track mood changes, and stay accurate.

Activity 1 – Sadness

Story:

Her eyes filled with tears.

She dropped the toy.

It was broken.

Your tasks:

1. Scan silently: Done

2. Which sentence shows sadness?

1 2 3

3. Copy one word from that sentence:

Activity 2 – Anger

Story:

He clenched his fists.

His face turned red.

He walked away fast.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows anger?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 3 – Joy

Story:

They jumped up and down.

Smiles were wide.

The team had won.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows joy?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 4 – Fear

Story:

The room was dark.

A noise creaked.

She hid under the covers.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows fear?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 5 – Tired

Story:

He yawned deeply.

His eyes closed.

The book fell from his hand.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows tiredness?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 6 – Worry

Story:

She paced the floor.

She checked the clock.

She bit her lip.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows worry?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 7 – Shock

Story:

The surprise worked.

His mouth fell open.

He could not speak.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows shock?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 8 – Disappointment

Story:

The test was hard.

He looked at the floor.

He sighed loudly.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows disappointment?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 9 – Kindness

Story:

She shared her lunch.

The new girl smiled.

They sat together.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows kindness?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 10 – Comfort (Mood Change)

Story:

The thunder crashed.

The child cried out.

Mom gave a hug.

The crying stopped.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows comfort?
 1 2 3 4
 3. Copy one word from that sentence:
-

DAY 24

Complex Sequencing (First / Then / Finally)

These activities help you put steps in order, hold the plan in mind, and check your accuracy.

Activity 1 – Middle Step

Story:

First, wash your hands.

Then, dry them well.

Finally, eat lunch.

Your tasks:

1. Scan silently: Done

2. Which sentence shows the middle step?

1 2 3

3. Copy one word from that sentence:

Activity 2 – First Step

Story:

Get the bread.

Put cheese on it.

Close the sandwich.

Your tasks:

1. Scan silently: Done

2. Which sentence shows the first step?

1 2 3

3. Copy one word from that sentence:

Activity 3 – Last Step

Story:

Open the book.

Find page five.

Read the first line.

Your tasks:

1. Scan silently: Done

2. Which sentence shows the last step?

1 2 3

3. Copy one word from that sentence:

Activity 4 – Middle Step

Story:

Put on socks.

Put on shoes.

Tie the laces tight.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the middle step?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 5 – First Step**Story:**

Plant the seed.

Water the soil.

Wait for the sprout.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the first step?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 6 – Last Step**Story:**

Pack the bag.

Zip it closed.

Put it on your back.

Your tasks:

1. Scan silently: Done

2. Which sentence shows the last step?

1 2 3

3. Copy one word from that sentence:

Activity 7 – Middle Step

Story:

Mix the paint.

Dip the brush.

Paint the paper.

Your tasks:

1. Scan silently: Done

2. Which sentence shows the middle step?

1 2 3

3. Copy one word from that sentence:

Activity 8 – First Step

Story:

Unlock the door.

Turn the handle.

Push it open.

Your tasks:

1. Scan silently: Done

2. Which sentence shows the first step?

1 2 3

3. Copy one word from that sentence:

Activity 9 – Last Step

Story:

Take a breath.

Dive in.

Swim to the other side.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the last step?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 10 – Sequence Check (Liquid Step)**Story:**

Pour the milk.

Add the cereal.

Eat with a spoon.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the liquid step?
 1 2 3
 3. Copy one word from that sentence:
-
-

DAY 25**Summarization and Synthesis**

These activities help you pick out the key ideas, ignore extra details and check your accuracy.

Activity 1 – Main Location**Story:**

The sun was hot.

The sand was warm.

They swam in the sea.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the main location?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 2 – Main Activity

Story:

He wore a helmet.

He rode his bike.

He went to the park.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the main activity?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 3 – Place

Story:

She bought apples.

She bought milk.

She paid at the shop.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the place?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 4 – Summary

Story:

The band played.

People danced.

It was a fun party.

Your tasks:

1. Scan silently: Done
 2. Which sentence gives the summary?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 5 – Season

Story:

Snow fell down.

It covered the trees.

It was winter time.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the season?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 6 – Conclusion

Story:

He felt warm.

He had spots.

He was sick.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the conclusion?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 7 – Activity

Story:

The tent was up.

A fire was lit.

They slept outside.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the activity?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 8 – Time of Year

Story:

Leaves turned red.

The wind grew cold.

Autumn was here.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the time of year?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 9 – Summary

Story:

The dog barked.

The cat ran.

The pets were loud.

Your tasks:

1. Scan silently: Done
 2. Which sentence gives the summary?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 10 – Key Word Extraction (Result)

Story:

The bell rang.

School was done.

Kids went home.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the result?
 1 2 3
 3. Copy one word from that sentence:
-

DAY 26

Speed and Control

These activities help you read faster, stay accurate, and show control over what you notice.

Activity 1 – Flying

Story:

The cat sat.

The dog ran.
The bird flew.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows flying?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 2 – Cool Colour

Story:

Red is bright.
Blue is cool.
Green is fresh.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the cool colour?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 3 – Biggest

Story:

One is less.
Two is more.
Three is most.

Your tasks:

1. Scan silently: Done
2. Which sentence shows the biggest?
 1 2 3
3. Copy one word from that sentence:

Activity 4 – Stop

Story:

Run fast now.

Stop right here.

Walk away slow.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows stopping?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 5 – Darkness

Story:

Day is light.

Night is dark.

Dawn is gray.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows darkness?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 6 – Peeling

Story:

Eat the apple.

Peel the orange.

Wash the grape.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows peeling?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 7 – Low

Story:

Go up high.

Come down low.

Stay in middle.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows low?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 8 – Zipped

Story:

Shoes are on.

Hat is off.

Coat is zipped.

Your tasks:

1. Scan silently: Done
2. Which sentence shows zipped?
 1 2 3
3. Copy one word from that sentence:

Activity 9 – Train

Story:

Car goes beep.

Train goes choo.

Bike goes ring.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the train?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 10 – Broken Item

Story:

Cup is full.

Plate is empty.

Bowl is cracked.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the broken item?
 1 2 3
 3. Copy one word from that sentence:
-

DAY 27

Distraction Intensity

These activities help you focus on important information, ignore distractions, and stay accurate.

Activity 1 – Page Colour

Story:

The book is red. (*Look at the wall*).

The page is white. (*Ignore the sound*).

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the page colour?
 1 2
 3. Copy one word from that sentence:
-
-

Activity 2 – Ink Colour

Story:

The pen is blue.

Clap hands.

The ink is black.

Stomp feet.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the ink colour?
 1 2
 3. Copy one word from that sentence:
-
-

Activity 3 – Instruction

Story:

Read this line.

Look away.

Do not stop.

Look back.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the instruction?
 1 2
 3. Copy one word from that sentence:
-
-

Activity 4 – Sleeping

Story:

The bird sings.

Whistle loud.

The cat sleeps.

Tap desk.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows sleeping?
 1 2
 3. Copy one word from that sentence:
-
-

Activity 5 – Action

Story:

Open the box.

Close eyes.

Take the toy.

Open eyes.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the action?
 1 2
 3. Copy one word from that sentence:
-

Activity 6 – Weather

Story:

The sun shines.

Say hello.

The rain falls.

Say goodbye.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the weather?
 1 2
 3. Copy one word from that sentence:
-
-

Activity 7 – Sitting

Story:

Walk to door.

Turn around.

Sit in chair.

Stand up.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows sitting?
 1 2
 3. Copy one word from that sentence:
-
-

Activity 8 – Cleaning

Story:

Eat the food.

Drink water.

Clean the plate.

Wipe mouth.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows cleaning?
 1 2
 3. Copy one word from that sentence:
-
-

Activity 9 – Drawing

Story:

Write your name.

Drop pencil.

Draw a line.

Pick it up.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows drawing?
 1 2
 3. Copy one word from that sentence:
-
-

Activity 10 – Selective Attention (Arrival)

Story:

The bus is late.

Car honks.

The train is here.

Bike rings.

Your tasks:

1. Scan silently: Done

2. Which sentence shows the arrival?
 1 2
 3. Copy one word from that sentence:
-

DAY 28

Multi-Step Instructions

These activities help you follow three steps in order, stay focused, and show accuracy.

Activity 1 – Writing

Instructions:

1. Pick up pen.
2. Open the book.
3. Write the date.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows writing?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 2 – Liquid

Instructions:

1. Get a cup.
2. Pour the juice.
3. Drink it all.

Your tasks:

1. Scan silently: Done

2. Which sentence shows liquid?

1 2 3

3. Copy one word from that sentence:

Activity 3 – Knife Action

Instructions:

1. Wash the fruit.
2. Cut the skin.
3. Eat the slice.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the knife action?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 4 – Metal Object

Instructions:

1. Put on coat.
2. Find the keys.
3. Open the door.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the metal object?
 1 2 3
 3. Copy one word from that sentence:
-

Activity 5 – Scissors

Instructions:

1. Draw a circle.
2. Colour it red.
3. Cut it out.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows scissors?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 6 – Position

Instructions:

1. Sit on floor.
2. Cross your legs.
3. Close your eyes.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows position?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 7 – Arm Action

Instructions:

1. Find the ball.

2. Throw it far.
3. Run to catch.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows arm action?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 8 – Reading

Instructions:

1. Turn on light.
2. Read the page.
3. Turn off light.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows reading?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 9 – Exhale

Instructions:

1. Take a breath.
2. Hold it in.
3. Let it out.

Your tasks:

1. Scan silently: Done

2. Which sentence shows exhaling?

1 2 3

3. Copy one word from that sentence:

Activity 10 – Execution Check (Signature)

Instructions:

1. Check the box.
2. Sign name.
3. Date the page.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows signature?
 1 2 3
 3. Copy one word from that sentence:
-

DAY 29

Working Memory Load

These activities help you hold multiple details in your mind, ignore extra information, and show accuracy.

Activity 1 – Fruit

Instructions:

The bag had a pen, a book, and an apple inside. It was heavy.

Your tasks:

1. Scan silently: Done
2. Which sentence shows the fruit?
 1 2
3. Copy one word from that sentence:

Activity 2 – Pants Colour

Instructions:

Tom wore a red shirt, blue pants, and black shoes. He looked smart.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the pants colour?
 1 2
 3. Copy one word from that sentence:
-
-

Activity 3 – Dairy

Instructions:

She bought milk, eggs, bread, and cheese. The bag was full.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows dairy?
 1 2
 3. Copy one word from that sentence:
-
-

Activity 4 – Animals

Instructions:

The zoo had lions, tigers, and bears. They were sleeping.

Your tasks:

1. Scan silently: Done
2. Which sentence shows the animals?
 1 2

3. Copy one word from that sentence:
-
-

Activity 5 – Water Sport

Instructions:

He likes to run, jump, and swim. He is very fit.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the water sport?
 1 2
 3. Copy one word from that sentence:
-
-

Activity 6 – Colours

Instructions:

The flag is red, white, and blue. It waves in wind.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the colours?
 1 2
 3. Copy one word from that sentence:
-
-

Activity 7 – Drink

Instructions:

Breakfast was toast, eggs, and juice. It was tasty.

Your tasks:

1. Scan silently: Done

2. Which sentence shows the drink?

1 2

3. Copy one word from that sentence:

Activity 8 – Two Wheels

Instructions:

The car, the bus, and the bike stopped. The light was red.

Your tasks:

1. Scan silently: Done

2. Which sentence shows two wheels?

1 2

3. Copy one word from that sentence:

Activity 9 – End of Week

Instructions:

Monday, Tuesday, and Friday are gym days. He brings his kit.

Your tasks:

1. Scan silently: Done

2. Which sentence shows end of week?

1 2

3. Copy one word from that sentence:

Activity 10 – Memory Recall (Money)

Instructions:

The box holds a ring, a coin, and a key. It is locked.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows money?
 1 2
 3. Copy one word from that sentence (coin):
-

DAY 30

Month 1 Milestone — Full Integration

These activities combine all the skills learned so far. You will practice focus, memory, sequencing, inference, and accuracy under pressure.

Activity 1 — Sustained Focus

Instructions:

The text was long. The child read carefully. No mistakes were made.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows success?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 2 — Inference Check (Weather)

Instructions:

The puddles were deep. Boots were needed. The sun was hidden.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the weather?
 1 2 3
 3. Copy one word from that sentence:
-

Activity 3 — Conditional Rule (Action)

Instructions:

If the bell rings, line up. The bell rang. The class stood.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the action?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 4 — Error Detection (Mistake)

Instructions:

Cats have wings. Birds have beaks. Fish have fins.

Your tasks:

1. Scan silently: Done
 2. Which sentence contains the mistake?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 5 — Dialogue Tracking (Sam Speaks)

Instructions:

"Run," said Ben.

"Wait," said Sam.

They stopped.

Your tasks:

1. Scan silently: Done

2. Which sentence shows Sam speaking?

1 2 3

3. Copy one word from that sentence:

Activity 6 — Emotional Inference (Feeling)

Instructions:

He lost his toy. He looked down. He felt sad.

Your tasks:

1. Scan silently: Done

2. Which sentence shows his feeling?

1 2 3

3. Copy one word from that sentence:

Activity 7 — Complex Sequence (Oven Step)

Instructions:

Mix the dough. Bake the bread. Slice it warm.

Your tasks:

1. Scan silently: Done

2. Which sentence shows the oven step?

1 2 3

3. Copy one word from that sentence:

Activity 8 — Summary Skill (Event)

Instructions:

Lights flashed. Music played. The dance began.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the event?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 9 — Memory Load (Clothing)

Instructions:

He needs a pen, a map, and a hat. He is ready.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows clothing?
 1 2 3
 3. Copy one word from that sentence:
-
-

Activity 10 — Final Transfer Task (Progress)

Instructions:

The month is done. Skills are strong. The child is ready for more.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows progress?
 1 2 3
 3. Copy one word from that sentence (ready):
-

DAY 31

Month 2 — Expanding Executive Focus

These activities practice rule-shifting, memory, inference, sequencing and accuracy under pressure.

Activity 1 — Rule Shifting (Colour)

Instructions:

The sun is yellow. The grass is green. The sky is blue.

Your tasks:

1. Scan silently: Done
2. Which sentences are NOT blue? 1 2 3
3. Copy one word from each sentence:

Activity 2 — Negative Inference (No Sound)

Instructions:

The dog barked. The cat slept. The bird flew.

Your tasks:

1. Scan silently: Done
2. Which sentences show no sound? 1 2 3
3. Copy one word from each sentence:

Activity 3 — Conditional Action (Reality)

Instructions:

If the light is green, go. The light turned red. The car stopped.

Your tasks:

1. Scan silently: Done
2. Which sentence shows action? 1 2 3
3. Copy one word from that sentence: _____

Activity 4 — Dual Hold (Detail + Subject)

Instructions:

Tom has a red coat. Sue has a blue hat. Ben has no hat.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows Sue? 1 2 3
 3. Copy one word from that sentence (Sue's colour):

 4. Which sentence shows no hat? 1 2 3
 5. Copy one word from that sentence (name):

-
-

Activity 5 — Distraction Recovery (Instruction)

Instructions:

Read this line. (Ignore the noise). Find the last word.

Your tasks:

1. Scan silently: Done
 2. Which sentences show the instructions? 1 2
 3. Copy one word from each sentence:

-
-

Activity 6 — Sequence Reversal (Mental)

Instructions:

1. Stand. 2. Sit down. 3. Walk.

Your tasks:

1. Scan silently: Done

2. Which step comes BEFORE Walk? 1 2

3. Copy one word from that step: _____

Activity 7 — Category Selection (Garden Item)

Instructions:

Apples are fruit. Carrots are vegetables. Milk is a drink.

Your tasks:

1. Scan silently: Done

2. Which sentences show garden items? 1 2 3

3. Copy one word from each sentence:

Activity 8 — Emotion Inference (Feeling)

Instructions:

The toy broke. Leo started to cry. He felt very sad.

Your tasks:

1. Scan silently: Done

2. Which sentence shows his feeling? 1 2 3

3. Copy one word from that sentence: _____

Activity 9 — Error Detection (Fact)

Instructions:

Fish swim in water. Birds fly in the sky. Cats live in the sea.

Your tasks:

1. Scan silently: Done

2. Which sentence contains a wrong fact? 1 2 3

3. Copy one word from that sentence: _____

Activity 10 — Executive Mastery Check (Rule + Goal)

Instructions:

The lesson is new. The rules are the same. I will work carefully.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the important rule? 1 2 3
 3. Copy one word from that sentence (rule):

 4. Which sentence shows the goal? 1 2 3
 5. Copy one word from that sentence (goal):

-

DAY 32

Selective Attention and Filtering

These activities practice filtering competing information, ignoring irrelevant text and proving accuracy.

Activity 1 — Ignore Brackets

Instructions:

(The apple is red). (The banana is yellow). The grape is purple.

Your tasks:

1. Scan silently: Done
 2. Which sentence is NOT in brackets? 1 2
 3. Copy one word from that sentence: _____
-
-

Activity 2 — Instruction Focus

Instructions:

Jump high. Sit down now. Clap hands. Close eyes.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the instructions in bold? 1 2
 3. Copy one word from that sentence: _____
-
-

Activity 3 — Last Sentence

Instructions:

Birds can fly. (Fish can swim). Dogs can bark.

Your tasks:

1. Scan silently: Done
 2. Which is the last sentence? 1 2 3
 3. Copy one word from that sentence: _____
-
-

Activity 4 — Ignore Italics

Instructions:

The car is fast. *The bus is slow.* The bike is small.

Your tasks:

1. Scan silently: Done
 2. Which sentence is not in italics? 1 2
 3. Copy one word from that sentence: _____
-
-

Activity 5 — 1st and 3rd Sentence

Instructions:

Red pen. (Blue pen). Black pen. (Green pen).

Your tasks:

1. Scan silently: Done
2. Which sentences are 1st and 3rd? 1 2
3. Copy one word from those sentences:

Activity 6 — Non-Italic Step

Instructions:

Look left. *Look right*. Walk forward. Walk back.

Your tasks:

1. Scan silently: Done
2. Which sentence is not in italics? 1 2
3. Copy one word from that sentence: _____

Activity 7 — Ignore Brackets

Instructions:

Big ball. (Small ball). (Round ball). (Square ball).

Your tasks:

1. Scan silently: Done
2. Which sentence is not in brackets? 1 2
3. Copy one word from that sentence: _____

Activity 8 — 1st and 3rd Step

Instructions:

Open door. Shut window. Turn light on. Turn light off.

Your tasks:

1. Scan silently: Done
2. Which sentences are 1st and 3rd? 1 2
3. Copy one word from those sentences:

Activity 9 — Ignore Brackets

Instructions:

Hot tea. (Cold water). (Sweet cake). (Sour lemon).

Your tasks:

1. Scan silently: Done
2. Which sentence is not in brackets? 1 2
3. Copy one word from that sentence: _____

Activity 10 — Filtering Master Check

Instructions:

Write name. (Ignore this). Draw star. (Ignore this).

Your tasks:

1. Scan silently: Done
2. Which sentences are important? 1 2
3. Copy one word from each important sentence:

DAY 33

Advanced Working Memory (Sequencing)

These activities practice holding multiple details, reordering mentally, and proving accuracy.

Activity 1 — Middle-Sized Animal

Instructions:

The cat is small. The dog is big. The bird is tiny.

Your tasks:

1. Scan silently: Done
 2. Which animal is middle sized? cat dog bird
 3. Copy one word from that sentence: _____
-
-

Activity 2 — Most Inside

Instructions:

Box A is heavy. Box B is light. Box C is empty.

Your tasks:

1. Scan silently: Done
 2. Which box has the most inside? A B C
 3. Copy one word from that sentence: _____
-
-

Activity 3 — Blue Hat

Instructions:

He wore a red hat. She wore a blue hat. I wore no hat.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the blue hat? 1 2 3
 3. Copy one word from that sentence: _____
-

Activity 4 — Second Step

Instructions:

First, get water. Then, find seeds. Last, plant them.

Your tasks:

1. Scan silently: Done
 2. What is the second step? water seeds plant
 3. Copy one word from that sentence: _____
-
-

Activity 5 — Earliest Time

Instructions:

Lunch is at one. Snack is at three. Dinner is at six.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the earliest time? 1 2 3
 3. Copy one word from that sentence: _____
-
-

Activity 6 — Inside Object

Instructions:

The pen is on the desk. The book is in the bag.

Your tasks:

1. Scan silently: Done
 2. Which is inside an object? pen book
 3. Copy one word from that sentence: _____
-
-

Activity 7 — Middle Colour

Instructions:

Red means stop. Green means go. Yellow means wait.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the middle colour? 1 2 3
 3. Copy one word from that sentence: _____
-
-

Activity 8 — Last Day Listed

Instructions:

Monday is first. Tuesday is second. Wednesday is third.

Your tasks:

1. Scan silently: Done
 2. Which is the last day listed? Mon Tue Wed
 3. Copy one word from that sentence: _____
-
-

Activity 9 — Youngest First

Instructions:

He is ten. She is eight. You are nine.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the youngest? 1 2 3
 3. Copy one word from that sentence: _____
-
-

Activity 10 — Sequence Recall

Instructions:

Apple, Banana, Cherry. Remember the order.

Your tasks:

1. Scan silently: Done
 2. Which word came after Apple? Banana Cherry
 3. Copy one word from that sentence: _____
-

DAY 34

Multi-Variable Inference

These activities practice combining multiple clues, deducing unstated facts, and proving accuracy.

Activity 1 — What is He Trying to Do?

Instructions:

The boy has a net. He is at the pond. He sees a frog.

Your tasks:

1. Scan silently: Done
 2. What is he trying to do? swim catch sleep
 3. Copy one word from that sentence: _____
-
-

Activity 2 — Time of Day

Instructions:

It is dark. The stars are out. Max is in bed.

Your tasks:

1. Scan silently: Done
2. Which sentences show the time of day? 1 2 3
3. Copy one word from each sentence:

Activity 3 — Has the Dog Eaten?

Instructions:

The plate is empty. The dog is licking his bowl. He wags his tail.

Your tasks:

1. Scan silently: Done
 2. Has the dog eaten? Yes No
 3. Copy one word from that sentence: _____
-
-

Activity 4 — Activity Step

Instructions:

She has a map. She has a backpack. She is on a trail.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the activity? 1 2 3
 3. Copy one word from that sentence: _____
-
-

Activity 5 — Is it Sunny?

Instructions:

The ground is wet. The umbrella is open. The sky is grey.

Your tasks:

1. Scan silently: Done
 2. Is it sunny? Yes No
 3. Copy one word from that sentence: _____
-
-

Activity 6 — What is Happening?

Instructions:

He has flour on his face. The oven is on. A sweet smell is in the air.

Your tasks:

1. Scan silently: Done
 2. What is happening? washing baking running
 3. Copy one word from that sentence: _____
-
-

Activity 7 — State of House

Instructions:

The car is in the garage. The lights are off. The house is quiet.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the state of the house? 1 2 3
 3. Copy one word from that sentence: _____
-
-

Activity 8 — Is it Summer?

Instructions:

She wore gloves. She wore a scarf. She built a snowman.

Your tasks:

1. Scan silently: Done
 2. Is it summer? Yes No
 3. Copy one word from that sentence: _____
-
-

Activity 9 — Signal Sentence

Instructions:

The bell rang. Students put away pens. They lined up.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the signal? 1 2 3
 3. Copy one word from that sentence: _____
-
-

Activity 10 — Leo's Emotion

Instructions:

The gift was small. Leo was excited. He opened the box.

Your tasks:

1. Scan silently: Done
 2. How did Leo feel about the gift? sad happy
 3. Copy one word from that sentence (emotion):

-

DAY 35

Complex Error Correction

These activities practice locating nuanced mistakes, verifying truth vs. text, and proving accuracy.

Activity 1 — Fact Errors

Instructions:

The sun is blue. The grass is red. This is wrong.

Your tasks:

1. Scan silently: Done
2. Which sentences contain fact errors? 1 2

3. Copy one word from each sentence:

Activity 2 — Impossible Statements

Instructions:

Fish fly in the trees. Birds swim in the sea.

Your tasks:

1. Scan silently: Done
2. Which sentences are impossible? 1 2
3. Copy one word from each sentence:

Activity 3 — Math Errors

Instructions:

A triangle has four sides. A square has three sides.

Your tasks:

1. Scan silently: Done
2. Which sentences contain math errors? 1 2
3. Copy one word from each sentence:

Activity 4 — Season Errors

Instructions:

We wear coats in summer. We wear shorts in winter.

Your tasks:

1. Scan silently: Done

2. Which sentences contain season errors? 1 2

3. Copy one word from each sentence:

Activity 5 — Punctuation Errors

Instructions:

The boy ran to the store? He bought bread.

Your tasks:

1. Scan silently: Done

2. Which sentence contains a punctuation error? 1 2

3. Copy one word from that sentence: _____

Activity 6 — Category Errors

Instructions:

Apples are vegetables. Carrots are fruit.

Your tasks:

1. Scan silently: Done

2. Which sentences contain category errors? 1 2

3. Copy one word from each sentence:

Activity 7 — Opposite Errors

Instructions:

Ice is hot. Fire is freezing. This is false.

Your tasks:

1. Scan silently: Done

2. Which sentences contain opposite errors? 1 2

3. Copy one word from each sentence:

Activity 8 — Clothing Errors

Instructions:

He put his hat on his feet. He put his shoes on his head.

Your tasks:

1. Scan silently: Done

2. Which sentences contain clothing errors? 1 2

3. Copy one word from each sentence:

Activity 9 — Sound Errors

Instructions:

Dogs say meow. Cats say woof. This is odd.

Your tasks:

1. Scan silently: Done

2. Which sentences contain sound errors? 1 2

3. Copy one word from each sentence:

Activity 10 — Logic Correction

Instructions:

The water was dry. The child checked again. The water was wet.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the correction? 1 2 3
 3. Copy one word from that sentence (wet):

-

DAY 36

Subject/Verb Agreement Focus

These activities practice identifying correct grammar, matching subjects to actions, and proving accuracy.

Activity 1 — Correct Sentence

Instructions:

The boys runs to the park. The boy runs to the park.

Your tasks:

1. Scan silently: Done
 2. Which sentence is correct? 1 2
 3. Copy one word from that sentence: _____
-
-

Activity 2 — Correct Sentence

Instructions:

Birds fly in the sky. A bird fly in the sky.

Your tasks:

1. Scan silently: Done
 2. Which sentence is correct? 1 2
 3. Copy one word from that sentence: _____
-
-

Activity 3 — Correct Sentence

Instructions:

The dogs bark at the mailman. The dog bark at the mailman.

Your tasks:

1. Scan silently: Done
 2. Which sentence is correct? 1 2
 3. Copy one word from that sentence: _____
-
-

Activity 4 — Correct Sentence

Instructions:

She play the piano well. She plays the piano well.

Your tasks:

1. Scan silently: Done
 2. Which sentence is correct? 1 2
 3. Copy one word from that sentence: _____
-
-

Activity 5 — Correct Sentence

Instructions:

They eats lunch at noon. They eat lunch at noon.

Your tasks:

1. Scan silently: Done
 2. Which sentence is correct? 1 2
 3. Copy one word from that sentence: _____
-
-

Activity 6 — Correct Sentence

Instructions:

My friend walks to school. My friends walks to school.

Your tasks:

1. Scan silently: Done
 2. Which sentence is correct? 1 2
 3. Copy one word from that sentence: _____
-
-

Activity 7 — Correct Sentence

Instructions:

Cats likes milk. A cat likes milk.

Your tasks:

1. Scan silently: Done
 2. Which sentence is correct? 1 2
 3. Copy one word from that sentence: _____
-
-

Activity 8 — Correct Sentence

Instructions:

The sun shines bright. The sun shine bright.

Your tasks:

1. Scan silently: Done
 2. Which sentence is correct? 1 2
 3. Copy one word from that sentence: _____
-
-

Activity 9 — Correct Sentence

Instructions:

We goes home now. We go home now.

Your tasks:

1. Scan silently: Done
 2. Which sentence is correct? 1 2
 3. Copy one word from that sentence: _____
-
-

Activity 10 — Agreement Check

Instructions:

The trees grows tall in the forest. The trees grow tall in the forest.

Your tasks:

1. Scan silently: Done
 2. Which sentence is correct? 1 2
 3. Copy one word from that sentence (verb):

-

DAY 37

Multi-Sentence Integration

These activities practice linking ideas across sentences, maintaining structural control, and proving accuracy.

Activity 1 — Object Found

Instructions:

The boy found a shell. He put it in his pocket. Later, he showed his mom.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the object found? 1 2 3
 3. Copy one word from that sentence: _____
-
-

Activity 2 — Result

Instructions:

The cake was in the oven. A sweet smell filled the room. It was ready to eat.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the result? 1 2 3
 3. Copy one word from that sentence: _____
-
-

Activity 3 — First Event Month

Instructions:

The seeds were planted in May. Rain fell in June. Flowers grew in July.

Your tasks:

1. Scan silently: Done
 2. Month of the first event? May June July
 3. Copy one word from that sentence: _____
-
-

Activity 4 — Cause of Opening

Instructions:

The car stopped at the gate. The driver pushed a button. The gate opened.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the cause of the gate opening? 1 2 3
 3. Copy one word from that sentence: _____
-
-

Activity 5 — Navigation Tool

Instructions:

She opened the map. She saw the red cross. She knew where to go.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the navigation tool? 1 2 3
 3. Copy one word from that sentence: _____
-
-

Activity 6 — Fruit Movement

Instructions:

The wind shook the trees. An apple fell to the grass. The worm crawled out.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the fruit movement? 1 2 3
 3. Copy one word from that sentence: _____
-
-

Activity 7 — Starting Signal

Instructions:

The light turned green. The tires chirped on the road. The car sped away.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the starting signal? 1 2 3
 3. Copy one word from that sentence: _____
-
-

Activity 8 — Important Object

Instructions:

The girl held her ticket tightly. She waited in the long line. The train arrived.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the important object? 1 2 3
 3. Copy one word from that sentence: _____
-
-

Activity 9 — Second Event

Instructions:

The sun went down behind the hills. The stars came out. The moon rose high.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the second event? 1 2 3
 3. Copy one word from that sentence: _____
-
-

Activity 10 — Integration Check

Instructions:

The phone rang twice. No one answered. A message was left on the machine.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the result? 1 2 3
 3. Copy one word from that sentence (machine):

-

DAY 38

Quantitative Detail Tracking

These activities practice tracking specific numbers, holding quantities in memory, and proving accuracy.

Activity 1 — Total Balls

Instructions:

The box has five red balls and three blue balls.

Your tasks:

1. Scan silently: Done
 2. Total number of balls? 5 3 8
 3. Copy one word from that sentence: _____
-
-

Activity 2 — Birds on the Fence

Instructions:

Three birds sat on the fence. Two more flew down.

Your tasks:

1. Scan silently: Done
 2. How many birds are there now? 3 2 5
 3. Copy one word from that sentence: _____
-
-

Activity 3 — Apples Left

Instructions:

She bought four apples. She ate one on the way home.

Your tasks:

1. Scan silently: Done
 2. How many apples are left? 4 1 3
 3. Copy one word from that sentence: _____
-
-

Activity 4 — Fewer Wheels

Instructions:

The car has four wheels. The bike has two wheels.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows fewer wheels? 1 2
 3. Copy one word from that sentence: _____
-
-

Activity 5 — Sharing Action

Instructions:

Leo has six pencils. He gave three to his friend.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the sharing action? 1 2
 3. Copy one word from that sentence: _____
-
-

Activity 6 — Non-School Days

Instructions:

There are seven days in a week. Five are school days.

Your tasks:

1. Scan silently: Done
 2. How many days are NOT school days? 7 5 2
 3. Copy one word from that sentence: _____
-
-

Activity 7 — Later Time

Instructions:

The clock struck ten. An hour later, it was eleven.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows the later time? 1 2
 3. Copy one word from that sentence: _____
-
-

Activity 8 — More Sides

Instructions:

A triangle has three sides. A square has four sides.

Your tasks:

1. Scan silently: Done
 2. Which shape has more sides? Triangle Square
 3. Copy one word from that sentence: _____
-
-

Activity 9 — Total Coins Found

Instructions:

He found two coins in his pocket and one on the ground.

Your tasks:

1. Scan silently: Done
 2. Total number of coins found? 2 1 3
 3. Copy one word from that sentence: _____
-
-

Activity 10 — Quantity Check

Instructions:

Ten students were in line. Four went inside. Six remained.

Your tasks:

1. Scan silently: Done

2. Which sentence shows the result? 1 2 3
3. Copy one word from that sentence (six):

DAY 39

Comparative Logic (Greater/Lesser)

These activities practice comparing details, identifying relative values, and proving accuracy.

Activity 1 — Tower Height

Instructions:

The red tower is tall. The blue tower is short.

Your tasks:

1. Scan silently: Done
 2. Which tower is bigger? Red Blue
 3. Copy one word from that sentence: _____
-
-

Activity 2 — Lesser Weight

Instructions:

An elephant is heavy. A mouse is light.

Your tasks:

1. Scan silently: Done
 2. Which has less weight? 1 2
 3. Copy one word from that sentence: _____
-
-

Activity 3 — Temperature

Instructions:

The sun is hot. The moon is cold.

Your tasks:

1. Scan silently: Done
 2. Which has the higher temperature? Sun Moon
 3. Copy one word from that sentence: _____
-
-

Activity 4 — Speed

Instructions:

A plane is fast. A turtle is slow.

Your tasks:

1. Scan silently: Done
 2. Which has greater speed? 1 2
 3. Copy one word from that sentence: _____
-
-

Activity 5 — Water Depth

Instructions:

The ocean is deep. The puddle is shallow.

Your tasks:

1. Scan silently: Done
 2. Which has more water? Ocean Puddle
 3. Copy one word from that sentence: _____
-
-

Activity 6 — Solid State

Instructions:

Ice is hard. Water is soft.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows solid state? 1 2
 3. Copy one word from that sentence: _____
-
-

Activity 7 — Elevation

Instructions:

A mountain is high. A valley is low.

Your tasks:

1. Scan silently: Done
 2. Which is further up? Mountain Valley
 3. Copy one word from that sentence: _____
-
-

Activity 8 — Age Comparison

Instructions:

The rock is old. The sprout is new.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows less age? 1 2
 3. Copy one word from that sentence: _____
-
-

Activity 9 — Width Comparison

Instructions:

The giant is wide. The needle is thin.

Your tasks:

1. Scan silently: Done

2. Which is smaller across? Giant Needle

3. Copy one word from that sentence: _____

Activity 10 — Logic Comparison

Instructions:

Ten is more than five. Five is less than ten.

Your tasks:

1. Scan silently: Done

2. Which number is the greatest? 5 10

3. Copy one word from that sentence (ten):

DAY 40

Spatial and Positional Relationships

These activities practice tracking object placement, visualizing layout and proving accuracy.

Activity 1 — Object Height

Instructions:

The cup is on the table. The rug is under the table.

Your tasks:

1. Scan silently: Done

2. Which object is higher up? Cup Rug

3. Copy one word from that sentence: _____

Activity 2 — Hidden Animal

Instructions:

The cat is behind the sofa. The dog is in front of the sofa.

Your tasks:

1. Scan silently: Done
 2. Sentence number (Hidden animal): 1 2
 3. Copy one word from that sentence: _____
-
-

Activity 3 — Contained Fruit

Instructions:

The apple is inside the box. The pear is outside the box.

Your tasks:

1. Scan silently: Done
 2. Which fruit is contained? Apple Pear
 3. Copy one word from that sentence: _____
-
-

Activity 4 — End of the Path

Instructions:

The car is at the start. The bike is at the finish.

Your tasks:

1. Scan silently: Done
 2. Sentence number (End of the path): 1 2
 3. Copy one word from that sentence: _____
-
-

Activity 5 — Closest to Ground

Instructions:

The sun is above the clouds. The bird is below the clouds.

Your tasks:

1. Scan silently: Done
 2. Which is closest to the ground? Sun Bird
 3. Copy one word from that sentence: _____
-
-

Activity 6 — Middle Position

Instructions:

The pen is between the books. The ruler is next to the books.

Your tasks:

1. Scan silently: Done
 2. Sentence number (Middle position): 1 2
 3. Copy one word from that sentence: _____
-
-

Activity 7 — Metal Band

Instructions:

The left hand has a ring. The right hand has a watch.

Your tasks:

1. Scan silently: Done
 2. Which side has the metal band? Left Right
 3. Copy one word from that sentence: _____
-
-

Activity 8 — Shortest Distance

Instructions:

The door is near the hall. The window is far from the hall.

Your tasks:

1. Scan silently: Done

2. Sentence number (Shortest distance): 1 2

3. Copy one word from that sentence: _____

Activity 9 — Higher Object

Instructions:

The star is at the top. The moon is at the bottom.

Your tasks:

1. Scan silently: Done

2. Which is higher? Star Moon

3. Copy one word from that sentence: _____

Activity 10 — Inside Clothing

Instructions:

The keys are in the pocket. The phone is on the desk.

Your tasks:

1. Scan silently: Done

2. Which item is inside clothing? Keys Phone

3. Copy one word from that sentence (keys):

DAY 41

Negation and Exclusion (NOT/NONE)

These activities practice processing negative constraints, identifying what is missing, and proving accuracy.

Activity 1 — Fact Statement

Instructions:

The box is NOT red. It is blue.

Your tasks:

1. Scan silently: Done
 2. Sentence number (Fact): 1 2
 3. Copy one word from that sentence: _____
-
-

Activity 2 — Birds Moving**Instructions:**

None of the birds flew. They sat on the fence.

Your tasks:

1. Scan silently: Done
 2. Are the birds moving? Yes No
 3. Copy one word from that sentence: _____
-
-

Activity 3 — Missing Item**Instructions:**

Tom has no hat. Leo has a green hat.

Your tasks:

1. Scan silently: Done
 2. Sentence number (Missing item): 1 2
 3. Copy one word from that sentence: _____
-
-

Activity 4 — Light Colour**Instructions:**

The light is NOT green. It is red. Do not go.

Your tasks:

1. Scan silently: Done
 2. What is the colour? Green Red
 3. Copy one word from that sentence: _____
-
-

Activity 5 — Action Taken

Instructions:

She did NOT open the door. She rang the bell.

Your tasks:

1. Scan silently: Done
 2. Sentence number (Action taken): 1 2
 3. Copy one word from that sentence: _____
-
-

Activity 6 — Cup Full?

Instructions:

There is no milk in the cup. The cup is empty.

Your tasks:

1. Scan silently: Done
 2. Is the cup full? Yes No
 3. Copy one word from that sentence: _____
-
-

Activity 7 — Silent Animal

Instructions:

The dog did NOT bark. The cat did NOT run.

Your tasks:

1. Scan silently: Done
 2. Sentence number (Silent animal): 1 2
 3. Copy one word from that sentence: _____
-
-

Activity 8 — Actual Age

Instructions:

He is NOT ten years old. He is nine.

Your tasks:

1. Scan silently: Done
 2. What is his actual age? 10 9
 3. Copy one word from that sentence: _____
-
-

Activity 9 — Reason for Quiet

Instructions:

No one was in the hall. It was very quiet.

Your tasks:

1. Scan silently: Done
 2. Sentence number (Reason for quiet): 1 2
 3. Copy one word from that sentence: _____
-
-

Activity 10 — Negation Check

Instructions:

The pen has no ink. It cannot write.

Your tasks:

1. Scan silently: Done

2. Can the pen be used? Yes No
3. Copy one word from that sentence (ink):

DAY 42

Categorical Sorting (Living/Non-Living)

These activities practice sorting by biological features, identifying life signs and proving accuracy.

Activity 1 — Needs Food

Instructions:

The cat breathed. The rock sat still.

Your tasks:

1. Scan silently: Done
2. Which item needs food? Cat Rock
3. Copy one word from that sentence: _____

Activity 2 — Living Sentence

Instructions:

Trees grow tall. Walls stay the same.

Your tasks:

1. Scan silently: Done
2. Sentence number (Living): 1 2
3. Copy one word from that sentence: _____

Activity 3 — Heartbeat

Instructions:

A bird flies. A kite flies. One is alive.

Your tasks:

1. Scan silently: Done
 2. Which has a heartbeat? Bird Kite
 3. Copy one word from that sentence: _____
-
-

Activity 4 — Can Die

Instructions:

The table is wood. The flower is wood.

Your tasks:

1. Scan silently: Done
 2. Which one can die? Table Flower
 3. Copy one word from that sentence: _____
-
-

Activity 5 — Non-Living

Instructions:

Humans drink water. Cars drink fuel.

Your tasks:

1. Scan silently: Done
 2. Sentence number (Non-living): 1 2
 3. Copy one word from that sentence: _____
-
-

Activity 6 — Needs Sunlight

Instructions:

The grass is green. The paint is green.

Your tasks:

1. Scan silently: Done
 2. Which one needs sunlight? Grass Paint
 3. Copy one word from that sentence: _____
-
-

Activity 7 — Can Reproduce

Instructions:

A fish swims. A boat swims.

Your tasks:

1. Scan silently: Done
 2. Which one can reproduce? Fish Boat
 3. Copy one word from that sentence: _____
-
-

Activity 8 — Living Item

Instructions:

Dogs bark loudly. Horns beep loudly.

Your tasks:

1. Scan silently: Done
 2. Sentence number (Living): 1 2
 3. Copy one word from that sentence: _____
-
-

Activity 9 — Truly Alive

Instructions:

The baby cried. The doll cried.

Your tasks:

1. Scan silently: Done
 2. Which one is truly alive? Baby Doll
 3. Copy one word from that sentence: _____
-
-

Activity 10 — Category Check

Instructions:

Moss on a stone. One grows, one does not.

Your tasks:

1. Scan silently: Done
 2. Which is non-living? Moss Stone
 3. Copy one word from that sentence (stone):

-

DAY 43

Time Sequencing (Morning to Night)

These activities practice tracking temporal order, sequencing daily events, and proving accuracy.

Activity 1 — First Event

Instructions:

First, the sun rose. Then, the birds sang.

Your tasks:

1. Scan silently: Done
 2. Which happened first? Sun rose Birds sang
 3. Copy one word from that sentence: _____
-
-

Activity 2 — Morning Meal

Instructions:

Breakfast is early. Lunch is later.

Your tasks:

1. Scan silently: Done
 2. Sentence number (Morning meal): 1 2
 3. Copy one word from that sentence: _____
-
-

Activity 3 — Last Event

Instructions:

She went to school. Afterward, she came home.

Your tasks:

1. Scan silently: Done
 2. Which happened last? School Home
 3. Copy one word from that sentence: _____
-
-

Activity 4 — Night Time

Instructions:

The stars came out. The moon rose high.

Your tasks:

1. Scan silently: Done
 2. Sentence number (Early night time): 1 2
 3. Copy one word from that sentence: _____
-
-

Activity 5 — Start of Day

Instructions:

Morning is bright. Afternoon is warm. Evening is cool.

Your tasks:

1. Scan silently: Done
 2. Order (Start of day): 1 2 3
 3. Copy one word from that sentence: _____
-
-

Activity 6 — Second Event

Instructions:

He brushed his teeth. Then, he went to bed.

Your tasks:

1. Scan silently: Done
 2. Which happened second? Brush Bed
 3. Copy one word from that sentence: _____
-
-

Activity 7 — Wake Up Signal

Instructions:

The alarm rang. He opened his eyes.

Your tasks:

1. Scan silently: Done
 2. Sentence number (Wake up signal): 1 2
 3. Copy one word from that sentence: _____
-
-

Activity 8 — Earlier Meal

Instructions:

Lunch was at noon. Dinner was at six.

Your tasks:

1. Scan silently: Done
 2. Which meal was earlier? Lunch Dinner
 3. Copy one word from that sentence: _____
-
-

Activity 9 — First Event

Instructions:

The sun set. The street lights turned on.

Your tasks:

1. Scan silently: Done
 2. Which event happened first? Sun set Lights on
 3. Copy one word from that sentence: _____
-
-

Activity 10 — Time Check

Instructions:

Dawn, Noon, Dusk. Remember the order.

Your tasks:

1. Scan silently: Done
 2. Which comes at the end of the day? Dawn Dusk
 3. Copy one word from that sentence (dusk):

-

DAY 44

Inference of Environment (Where Am I?)

These activities practice using context clues to identify location, connecting objects to places, and proving accuracy.

Activity 1 — Beach

Instructions:

Sand is everywhere. Waves hit the shore. I have a bucket.

Your tasks:

1. Scan silently: Done
 2. Where am I? Forest Beach
 3. Copy one word from that sentence: _____
-
-

Activity 2 — Library

Instructions:

There are many books. People are whispering. I see a desk.

Your tasks:

1. Scan silently: Done
 2. Sentence number (Setting): 1 2 3
 3. Copy one word from that sentence: _____
-
-

Activity 3 — School

Instructions:

I see a chalkboard. Desks are in rows. The bell rings.

Your tasks:

1. Scan silently: Done
 2. Where am I? School Park
 3. Copy one word from that sentence: _____
-
-

Activity 4 — Forest/Nature

Instructions:

There are many trees. I hear a bird. The path is narrow.

Your tasks:

1. Scan silently: Done
 2. Sentence number (Nature clue): 1 2 3
 3. Copy one word from that sentence: _____
-
-

Activity 5 — Playground

Instructions:

I see a swing. There is a slide. I am on the grass.

Your tasks:

1. Scan silently: Done
 2. Where am I? Playground Kitchen
 3. Copy one word from that sentence: _____
-
-

Activity 6 — Kitchen

Instructions:

There is a stove. I see a fridge. Mom is making dinner.

Your tasks:

1. Scan silently: Done
 2. Sentence number (Action): 1 2 3
 3. Copy one word from that sentence: _____
-
-

Activity 7 — City

Instructions:

I see many cars. There are traffic lights. People are walking.

Your tasks:

1. Scan silently: Done
 2. Where am I? City Farm
 3. Copy one word from that sentence: _____
-
-

Activity 8 — Farm

Instructions:

There are cows. I see a red barn. The grass is long.

Your tasks:

1. Scan silently: Done
 2. Sentence number (Animal clue): 1 2 3
 3. Copy one word from that sentence: _____
-
-

Activity 9 — Camping

Instructions:

I am in a tent. The fire is warm. The stars are bright.

Your tasks:

1. Scan silently: Done
 2. Where am I? Camping Shopping
 3. Copy one word from that sentence: _____
-
-

Activity 10 — Bedroom

Instructions:

There are toys. There is a bed. This is my room.

Your tasks:

1. Scan silently: Done

2. Where am I? Bedroom Library
3. Copy one word from that sentence (bedroom):

DAY 45

Implicit Rules (Social Expectations)

These activities practice identifying unstated social rules, interpreting situational cues, and proving accuracy.

Activity 1 — Movie Etiquette

Instructions:

The movie started. Everyone stopped talking. The room was dark.

Your tasks:

1. Scan silently: Done
2. Unstated rule: Be loud Be quiet
3. Copy one word from that sentence: _____

Activity 2 — Waiting in Line

Instructions:

A long line formed. People waited their turn. No one pushed.

Your tasks:

1. Scan silently: Done
2. Sentence number (expectation): 1 2 3
3. Copy one word from that sentence: _____

Activity 3 — Classroom Behaviour

Instructions:

The teacher began to speak. Students looked at her. Pens were down.

Your tasks:

1. Scan silently: Done
 2. Social action: Listening Playing
 3. Copy one word from that sentence: _____
-
-

Activity 4 — Being Quiet for Others

Instructions:

Someone was sleeping. He walked on his tiptoes. He closed the door softly.

Your tasks:

1. Scan silently: Done
 2. Sentence number (reason for care): 1 2 3
 3. Copy one word from that sentence: _____
-
-

Activity 5 — Politeness

Instructions:

The gift was opened. He smiled and said, "Thank you."

Your tasks:

1. Scan silently: Done
 2. Social expectation: Politeness Anger
 3. Copy one word from that sentence: _____
-
-

Activity 6 — Library Quietness

Instructions:

The library door was open. Voices were kept very low.

Your tasks:

1. Scan silently: Done
 2. Sentence number (volume clue): 1 2
 3. Copy one word from that sentence: _____
-
-

Activity 7 — Waiting at Dinner

Instructions:

Dinner was served. He waited for everyone to sit. Then he ate.

Your tasks:

1. Scan silently: Done
 2. Implicit rule: Eat first Wait for others
 3. Copy one word from that sentence: _____
-
-

Activity 8 — Turn-Taking in Class

Instructions:

A question was asked. He raised his hand. He waited to be called.

Your tasks:

1. Scan silently: Done
 2. Sentence number (turn-taking): 1 2 3
 3. Copy one word from that sentence: _____
-
-

Activity 9 — Kindness on the Bus

Instructions:

The bus was full. An old man stood up. The boy gave him his seat.

Your tasks:

1. Scan silently: Done
 2. Social value: Kindness Speed
 3. Copy one word from that sentence: _____
-
-

Activity 10 — Social Support

Instructions:

He dropped his tray. No one laughed. Two friends helped him.

Your tasks:

1. Scan silently: Done
 2. Which sentence shows support? 1 2 3
 3. Copy one word from that sentence (friends):

-
-

DAY 46

Logical Syllogisms

Focus: Connecting two premises to find the unavoidable conclusion ($\$A=B\$, \$B=C\$, therefore \$A=C\$$). Goal: Deductive reasoning.

Activity 1 — Dogs Bark

Instructions:

All dogs bark. Rex is a dog. Therefore, Rex barks.

Your tasks:

1. Scan silently: Done
 2. Sentence number (conclusion): 1 2 3
 3. Copy last word: _____
-
-

Activity 2 — Fruits Have Seeds

Instructions:

All fruits have seeds. An apple is a fruit. An apple has seeds.

Your tasks:

1. Scan silently: Done
 2. Sentence number (rule): 1 2 3
 3. Copy one word from the rule: _____
-
-

Activity 3 — Rain and Grass

Instructions:

If it rains, the grass gets wet. It is raining. The grass is wet.

Your tasks:

1. Scan silently: Done
 2. Sentence number (result): 1 2 3
 3. Copy first word: _____
-
-

Activity 4 — Birds and Penguins

Instructions:

All birds have feathers. A penguin is a bird. A penguin has feathers.

Your tasks:

1. Scan silently: Done
 2. Sentence number (specific example): 1 2 3
 3. Copy animal: _____
-
-

Activity 5 — Red Cars Are Fast

Instructions:

Only red cars are fast. This car is blue. This car is not fast.

Your tasks:

1. Scan silently: Done
 2. Sentence number (conclusion): 1 2 3
 3. Copy last word: _____
-
-

Activity 6 — Fish and Cats

Instructions:

All fish swim. A cat does not swim. A cat is not a fish.

Your tasks:

1. Scan silently: Done
 2. Sentence number (negative proof): 1 2 3
 3. Copy last word: _____
-
-

Activity 7 — Bell Signals

Instructions:

If the bell rings, we line up. The bell did not ring. We stay seated.

Your tasks:

1. Scan silently: Done
 2. Sentence number (action taken): 1 2 3
 3. Copy last word: _____
-
-

Activity 8 — Mammals vs Snakes

Instructions:

Mammals have hair. A snake has scales. A snake is not a mammal.

Your tasks:

1. Scan silently: Done
 2. Sentence number (evidence): 1 2 3
 3. Copy animal: _____
-
-

Activity 9 — Captain's Hat

Instructions:

Only the captain wears a blue hat. Tom has a red hat. Tom is not the captain.

Your tasks:

1. Scan silently: Done
 2. Sentence number (deduction): 1 2 3
 3. Copy name: _____
-
-

Activity 10 — A, B, C Logic Challenge

Instructions:

A is bigger than B. B is bigger than C. Therefore, A is bigger than C.

Your tasks:

1. Scan silently: Done
 2. Which is biggest? A B C
 3. Which is smallest? A B C
 4. Copy biggest: _____
 5. Copy smallest: _____
-

DAY 47

Analogies

Focus: Understanding relationships (A is to B as C is to D). Goal: Abstract relational thinking.

Activity 1 — Fish in Water

Instructions:

Bird is to Air as Fish is to Water.

Your tasks:

1. Scan silently: Done
 2. Where does a fish live? Air Water
 3. Copy word: _____
-
-

Activity 2 — Opposites

Instructions:

Hot is to Cold as Up is to Down.

Your tasks:

1. Scan silently: Done
 2. What is opposite of Up? Hot Down
 3. Copy word: _____
-
-

Activity 3 — Covering Hands and Feet

Instructions:

Glove is to Hand as Sock is to Foot.

Your tasks:

1. Scan silently: Done
 2. What covers a foot? Glove Sock
 3. Copy word: _____
-
-

Activity 4 — Tools and Actions

Instructions:

Book is to Read as Fork is to Eat.

Your tasks:

1. Scan silently: Done
 2. Action for fork: Read Eat
 3. Copy action: _____
-
-

Activity 5 — Day and Night

Instructions:

Day is to Light as Night is to Dark.

Your tasks:

1. Scan silently: Done
 2. Description of Night: Light Dark
 3. Copy word: _____
-
-

Activity 6 — Professions and Places

Instructions:

Teacher is to School as Doctor is to Hospital.

Your tasks:

1. Scan silently: Done
 2. Where does a doctor work? School Hospital
 3. Copy place: _____
-
-

Activity 7 — Vehicles and Paths

Instructions:

Car is to Road as Boat is to Sea.

Your tasks:

1. Scan silently: Done
 2. Where does a boat go? Road Sea
 3. Copy word: _____
-
-

Activity 8 — Expressions and Emotions

Instructions:

Smile is to Happy as Frown is to Sad.

Your tasks:

1. Scan silently: Done
 2. Meaning of Frown: Happy Sad
 3. Copy emotion: _____
-
-

Activity 9 — Body Parts

Instructions:

Finger is to Hand as Toe is to Foot.

Your tasks:

1. Scan silently: Done
 2. Part of the Foot: Finger Toe
 3. Copy word: _____
-
-

Activity 10 — Analogy Challenge

Instructions:

Puppy is to Dog as Kitten is to Cat.

Your tasks:

1. Scan silently: Done
 2. Baby of a Dog: _____
 3. Baby of a Cat: _____
 4. Copied word 1: _____
 5. Copied word 2: _____
-

DAY 48

Rapid Decision Making

Focus: Speed + Accuracy. Making the right choice under time pressure. Goal: Processing efficiency.

Activity 1 — Circle the Animal

Instructions:

Quick! Circle the animal. Table, Chair, Cat, Lamp.

Your tasks:

1. Scan fast: Done
 2. Time: < 3 sec? Yes
 3. Copied animal: _____
-
-

Activity 2 — Stop/Go

Instructions:

Stop if red. Go if green. It is green.

Your tasks:

1. Scan fast: Done
2. Action: Stop Go
3. Copied action: _____

Activity 3 — Circle the Number

Instructions:

Circle the number. A, B, 7, D.

Your tasks:

1. Scan fast: Done
 2. Time: < 3 sec? Yes
 3. Copied number: _____
-
-

Activity 4 — Fire Question

Instructions:

Is fire hot? Yes or No. Answer now.

Your tasks:

1. Scan fast: Done
 2. Answer: Yes No
 3. Copied word: _____
-
-

Activity 5 — Pick the Food

Instructions:

Pick the food. Ball, Shoe, Bread, Car.

Your tasks:

1. Scan fast: Done
 2. Time: < 3 sec? Yes
 3. Copied food: _____
-

Activity 6 — Left or Right

Instructions:

Left or Right? The arrow points -> Right.

Your tasks:

1. Scan fast: Done
 2. Direction: Left Right
 3. Copied word: _____
-
-

Activity 7 — Find the Colour

Instructions:

Fast! Find the Colour. House, Blue, Walk, Time.

Your tasks:

1. Scan fast: Done
 2. Found colour? Yes
 3. Copied colour: _____
-
-

Activity 8 — Start Signal

Instructions:

1, 2, 3, Go! The light turned green.

Your tasks:

1. Scan fast: Done
 2. Sentence number (start): 1 2
 3. Last word: _____
-
-

Activity 9 — Direction

Instructions:

Up or Down? The bird flew Up.

Your tasks:

1. Scan fast: Done
 2. Direction: Up Down
 3. Copied word: _____
-
-

Activity 10 — Rapid Inhibition

Instructions:

Don't read this: "Pop". Read this: "Top".

Your tasks:

1. Scan fast: Done
 2. Read the correct word.
 3. Copied word: _____
-

DAY 49

Multi-Step Problem Solving

Focus: Solving problems that require 3+ distinct steps in order. Goal: Sequencing and holding working memory.

Activity 1 — Draw a Circle

Instructions:

1. Pick up the pen. 2. Draw a circle. 3. Put the pen down.

Your tasks:

1. Scan silently: Done
2. Sentence number (draw): 1 2 3

3. Copied shape: _____

Activity 2 — Open and Close Bag

Instructions:

Open the bag. Take out the book. Close the bag. Read the book.

Your tasks:

1. Scan silently: Done
 2. Sentence number (close): 1 2 3
 3. Last word: _____
-
-

Activity 3 — Open the Door

Instructions:

Walk to the door. Turn the handle. Push it open. Walk inside.

Your tasks:

1. Scan silently: Done
 2. Sentence number (push): 1 2 3
 3. Last word: _____
-
-

Activity 4 — Prepare Apple

Instructions:

Wash the apple. Dry it off. Cut it in half. Eat the apple.

Your tasks:

1. Scan silently: Done
2. Sentence number (cut): 1 2 3
3. First word: _____

Activity 5 — Drink Milk

Instructions:

Get a cup. Pour the milk. Drink it all. Wash the cup.

Your tasks:

1. Scan silently: Done
 2. Sentence number (drink): 1 2 3
 3. Last word: _____
-
-

Activity 6 — Put on Shoes

Instructions:

Put on socks. Put on shoes. Tie the laces. Stand up.

Your tasks:

1. Scan silently: Done
 2. Sentence number (tie): 1 2 3
 3. Last word: _____
-
-

Activity 7 — Unlock the Box

Instructions:

Unlock the box. Lift the lid. Take the toy. Close the lid.

Your tasks:

1. Scan silently: Done
 2. Sentence number (take): 1 2 3
 3. Last word: _____
-

Activity 8 — Read Mail

Instructions:

Check the mail. Open the letter. Read the note. Throw envelope away.

Your tasks:

1. Scan silently: Done
 2. Sentence number (read): 1 2 3
 3. Last word: _____
-
-

Activity 9 — Brush Teeth

Instructions:

Squeeze the tube. Put paste on brush. Brush teeth. Rinse mouth.

Your tasks:

1. Scan silently: Done
 2. Sentence number (squeeze): 1 2 3
 3. First word: _____
-
-

Activity 10 — Reverse Sequence

Instructions:

Step 1: Sit. Step 2: Listen. Step 3: Write. Now do it backwards.

Your tasks:

1. Scan silently: Done
 2. Last step: Sit Listen Write
 3. Copied word: _____
-

DAY 50

Month 2 Mastery (Consolidation)

Goal: Final check of Logic, Inference, Math, and Verification skills · Readiness for Month 3 · Prove accuracy

Activity 1 — Syllogism Check

Instructions:

All fish swim. Nemo is a fish. Nemo swims.

Your tasks:

1. Scan silently: Done
 2. Sentence number (conclusion): 1 2 3
 3. Copied action: _____
-
-

Activity 2 — Analogy Check

Instructions:

Sun is to Day as Moon is to Night.

Your tasks:

1. Scan silently: Done
 2. When does Moon appear? Day Night
 3. Copied time: _____
-
-

Activity 3 — Conditional Check

Instructions:

If it is sunny OR warm, wear a hat. It is cold but sunny. Wear a hat.

Your tasks:

1. Scan silently: Done
2. Did he follow the rule? Yes No

3. Copied action: _____

Activity 4 — Verification Check

Instructions:

Cars have wings. This is false. Cars have wheels.

Your tasks:

1. Scan silently: Done
 2. Sentence number (truth): 1 2 3
 3. Last word: _____
-
-

Activity 5 — Math in Text

Instructions:

Six eggs were in the box. Two broke. Four were safe.

Your tasks:

1. Scan silently: Done
 2. Sentence number (result): 1 2 3
 3. Copied number: _____
-
-

Activity 6 — Inference

Instructions:

He shivered. His teeth chattered. He needed a coat.

Your tasks:

1. Scan silently: Done
2. How did he feel? Hot Cold
3. Copied word: _____

Activity 7 — Exclusion

Instructions:

Pick the one that does not belong. Cat, Dog, Bird, Car.

Your tasks:

1. Scan silently: Done
 2. Which is not an animal?
 3. Copied word: _____
-
-

Activity 8 — Sequence

Instructions:

First, crack the egg. Second, cook it. Third, eat it.

Your tasks:

1. Scan silently: Done
 2. Sentence number (cook): 1 2 3
 3. Copied word: _____
-
-

Activity 9 — Instruction Override

Instructions:

Read "Black". Say "White". The word is "Black".

Your tasks:

1. Scan silently: Done
 2. What do you say? Black White
 3. Copied answer: _____
-

Activity 10 — Final Check

Instructions:

Month 2 is complete. The student is ready for Month 3.

Your tasks:

1. Scan silently: Done
 2. Sentence number (status): 1 2
 3. Last word: _____
-

DAY 51

Metacognition (Self-Correction)

Focus: Catching errors during the task, not after. Goal: Internal monitoring loop ("Did I get that right?" check)

Activity 1

Instructions:

The child read the word. He stopped. He read it again correctly.

Your tasks:

1. Scan silently: Done
 2. Sentence number (self-correction): 1 2 3
 3. First word: _____
-
-

Activity 2

Instructions:

"She wrote 'kat'. She erased it. She wrote 'cat'."

Your tasks:

1. Scan silently: Done
2. Sentence number (fix): 1 2 3

3. Last word: _____

Activity 3

Instructions:

He walked the wrong way. He turned around. He found the path.

Your tasks:

1. Scan silently: Done
 2. Sentence number (realizing error): 1 2 3
 3. First word: _____
-
-

Activity 4

Instructions:

The answer was wrong. She checked the math. She found the right answer.

Your tasks:

1. Scan silently: Done
 2. Sentence number (checking): 1 2 3
 3. First word: _____
-
-

Activity 5

Instructions:

I forgot my hat. I went back inside. I got my hat.

Your tasks:

1. Scan silently: Done
2. Sentence number (recovery): 1 2 3
3. First word: _____

Activity 6

Instructions:

The drawing was messy. He crumpled it up. He started a new one.

Your tasks:

1. Scan silently: Done
 2. Sentence number (restart): 1 2 3
 3. Copied action: _____
-
-

Activity 7

Instructions:

She spoke too loud. She saw the baby sleeping. She whispered "Sorry".

Your tasks:

1. Scan silently: Done
 2. Sentence number (adjustment): 1 2 3
 3. Copied word: _____
-
-

Activity 8

Instructions:

He put the shoe on the wrong foot. He took it off. He switched them.

Your tasks:

1. Scan silently: Done
 2. Sentence number (correction): 1 2 3
 3. Last word: _____
-

Activity 9

Instructions:

The word was hard. He skipped it. He went back to read it.

Your tasks:

1. Scan silently: Done
 2. Sentence number (return): 1 2 3
 3. Copied word: _____
-
-

Activity 10 — Monitoring Challenge

Instructions:

"Read this: 'The dog flew.' Wait, dogs don't fly. Read: 'The dog ran.'"

Your tasks:

1. Scan silently: Done
 2. Which is true? Fly Run
 3. Copied true word: _____
-

DAY 52

Summarization (Main Idea)

Goal: Reduce a paragraph to one key concept · Identify "What is this mainly about?" vs. details · Prove accuracy

Activity 1

Instructions:

The sun was hot. The sand was white. The water was cool. It was a beach day.

Your tasks:

1. Scan silently: Done
2. Main Idea: Winter Beach

3. Copied keyword: _____

Activity 2

Instructions:

He put on his helmet. He checked the tires. He pedalled fast. He rode his bike.

Your tasks:

1. Scan silently: Done
 2. Main Idea: Driving Biking
 3. Copied keyword: _____
-
-

Activity 3

Instructions:

Eggs, flour, and sugar were mixed. The oven was hot. The cake baked.

Your tasks:

1. Scan silently: Done
 2. Main Idea: Baking Cleaning
 3. Copied keyword: _____
-
-

Activity 4

Instructions:

The crowd cheered. The players ran. The ball was kicked. It was a soccer game.

Your tasks:

1. Scan silently: Done
2. Main Idea: Sleeping Soccer
3. Copied keyword: _____

Activity 5

Instructions:

Leaves fell down. The air got cold. Birds flew south. It was autumn.

Your tasks:

1. Scan silently: Done
 2. Main Idea: Summer Autumn
 3. Copied keyword: _____
-
-

Activity 6

Instructions:

Books were everywhere. Students whispered. Computers hummed. It was a library.

Your tasks:

1. Scan silently: Done
 2. Main Idea: Library Gym
 3. Copied keyword: _____
-
-

Activity 7

Instructions:

She washed her face. She brushed her teeth. She combed her hair. Morning routine.

Your tasks:

1. Scan silently: Done
 2. Main Idea: Getting ready Playing
 3. Copied word: _____
-

Activity 8

Instructions:

The dog wagged its tail. It barked happily. It chased the ball. Playtime.

Your tasks:

1. Scan silently: Done
 2. Main Idea: Sleeping Playing
 3. Copied word: _____
-
-

Activity 9

Instructions:

He felt sad. A tear fell. He wanted to be alone. Sadness.

Your tasks:

1. Scan silently: Done
 2. Main Idea: Sadness Joy
 3. Copied word: _____
-
-

Activity 10 — Title Creation

Instructions:

The bear slept in the cave. Snow fell outside. He waited for spring.

Your tasks:

1. Scan silently: Done
 2. Choose Title: The Beach Winter Sleep
 3. Copied title: _____
-

DAY 53

Fact vs. Opinion

Focus: Distinguishing objective reality from subjective feeling · Goal: Critical analysis of information

Activity 1

Instructions:

Ice cream is cold. Ice cream is the best food.

Your tasks:

1. Scan silently: Done
 2. Sentence number (Fact): 1 2
 3. First word: _____
-
-

Activity 2

Instructions:

The car is red. The car is ugly.

Your tasks:

1. Scan silently: Done
 2. Sentence number (Opinion): 1 2
 3. Last word: _____
-
-

Activity 3

Instructions:

Broccoli is green. Broccoli tastes bad.

Your tasks:

1. Scan silently: Done
2. Sentence number (Fact): 1 2
3. First word: _____

Activity 4

Instructions:

Math is hard. $2+2=4$.

Your tasks:

1. Scan silently: Done
 2. Sentence number (Opinion): 1 2
 3. Last word: _____
-
-

Activity 5

Instructions:

Dogs have four legs. Dogs are cute.

Your tasks:

1. Scan silently: Done
 2. Sentence number (Fact): 1 2
 3. First word: _____
-
-

Activity 6

Instructions:

It is raining. I hate rain.

Your tasks:

1. Scan silently: Done
 2. Sentence number (Fact): 1 2
 3. Last word: _____
-

Activity 7

Instructions:

Running is fun. Running makes you sweat.

Your tasks:

1. Scan silently: Done
 2. Sentence number (Fact): 1 2
 3. Last word: _____
-
-

Activity 8

Instructions:

This book is long. It has 300 pages.

Your tasks:

1. Scan silently: Done
 2. Sentence number (Fact): 1 2
 3. Last word: _____
-
-

Activity 9

Instructions:

Giraffes are tall. Giraffes are strange.

Your tasks:

1. Scan silently: Done
 2. Sentence number (Opinion): 1 2
 3. Last word: _____
-
-

Activity 10 — Fact Check

Instructions:

A week has 7 days. Monday is the worst day.

Your tasks:

1. Scan silently: Done
 2. Identify the Fact: _____
 3. Copied fact word: _____
-

DAY 54

Cause and Effect Chains

Goal: Connecting events in a sequence ($A \rightarrow B \rightarrow C$) · Focus: Understanding causality

Activity 1

Instructions:

It rained. The ground got wet. The boy slipped.

Your tasks:

1. Scan silently: Done
 2. Why did he slip? Wet ground Sun
 3. Copied cause: _____
-
-

Activity 2

Instructions:

He forgot to set the alarm. He woke up late. He missed the bus.

Your tasks:

1. Scan silently: Done
2. First cause: Alarm Bus
3. Copied word: _____

Activity 3

Instructions:

She studied hard. She knew the answers. She passed the test.

Your tasks:

1. Scan silently: Done
 2. Result of studying: Passed Failed
 3. Copied word: _____
-
-

Activity 4

Instructions:

The sun was hot. The ice cream melted. It dripped on his hand.

Your tasks:

1. Scan silently: Done
 2. Why did it drip? Melted Frozen
 3. Copied word: _____
-
-

Activity 5

Instructions:

A nail was sharp. The tire hit the nail. The tire went flat.

Your tasks:

1. Scan silently: Done
 2. Final effect: Flat Sharp
 3. Copied word: _____
-

Activity 6

Instructions:

The glass fell. It hit the floor. It broke into pieces.

Your tasks:

1. Scan silently: Done
 2. Sentence number (cause of break): 1 2 3
 3. Copied word: _____
-
-

Activity 7

Instructions:

He told a joke. The class laughed. The teacher smiled.

Your tasks:

1. Scan silently: Done
 2. Cause of laughter: Joke Teacher
 3. Copied word: _____
-
-

Activity 8

Instructions:

He didn't eat lunch. His stomach growled. He felt hungry.

Your tasks:

1. Scan silently: Done
 2. First cause: No lunch Growl
 3. Copied words: _____
-
-

Activity 9

Instructions:

She stayed up late. She was tired. She fell asleep in class.

Your tasks:

1. Scan silently: Done
 2. Why did she sleep? Tired Late
 3. Copied word: _____
-
-

Activity 10 — Prediction

Instructions:

He pushed the tower of blocks. It wobbled. It fell down.

Your tasks:

1. Scan silently: Done
 2. Did the push cause the fall? Yes No
 3. Copied action: _____
-

DAY 55

Context Clues (Vocabulary)

Focus: Figuring out unknown words using the rest of the sentence · Goal: Language decoding strategies

Activity 1

Instructions:

The car was immobile. It would not move at all.

Your tasks:

1. Scan silently: Done
2. What does *immobile* mean? Fast Stuck
3. Copied synonym: _____

Activity 2

Instructions:

She felt elated. She smiled and jumped for joy.

Your tasks:

1. Scan silently: Done
 2. What does *elated* mean? Happy Sad
 3. Copied synonym: _____
-
-

Activity 3

Instructions:

The room was frigid. Everyone wore coats and shivered.

Your tasks:

1. Scan silently: Done
 2. What does *frigid* mean? Hot Cold
 3. Copied synonym: _____
-
-

Activity 4

Instructions:

The food was bland. It had no taste or spice.

Your tasks:

1. Scan silently: Done
 2. What does *bland* mean? Tasteless Spicy
 3. Copied synonym: _____
-

Activity 5

Instructions:

The glass is fragile. Handle it with care so it does not break.

Your tasks:

1. Scan silently: Done
 2. What does *fragile* mean? Strong Breakable
 3. Copied synonym: _____
-
-

Activity 6

Instructions:

He was exhausted. He ran ten miles and needed sleep.

Your tasks:

1. Scan silently: Done
 2. What does *exhausted* mean? Tired Energetic
 3. Copied synonym: _____
-
-

Activity 7

Instructions:

The wolf was ravenous. He wanted to eat everything.

Your tasks:

1. Scan silently: Done
 2. What does *ravenous* mean? Full Hungry
 3. Copied synonym: _____
-
-

Activity 8

Instructions:

The king was wealthy. He had gold and a big castle.

Your tasks:

1. Scan silently: Done
 2. What does *wealthy* mean? Rich Poor
 3. Copied synonym: _____
-
-

Activity 9

Instructions:

The library was silent. No one spoke a word.

Your tasks:

1. Scan silently: Done
 2. What does *silent* mean? Quiet Loud
 3. Copied synonym: _____
-
-

Activity 10 — Definition Challenge

Instructions:

The rock was massive. It was too big to move.

Your tasks:

1. Scan silently: Done
 2. *Massive* means: Huge Tiny
 3. Copied meaning: _____
-

DAY 56

Working Memory (N-Back)

Focus: Remembering information from previous sentences without looking back · Goal: Increasing memory span

Activity 1

Instructions:

The boy had a red ball. He threw it. (Cover text). What colour was the ball?

Your tasks:

1. Read and Cover
 2. Recall colour: Red Blue
 3. Copy word: _____
-
-

Activity 2

Instructions:

Three cats sat on a fence. One jumped down. (Cover text). How many at the start?

Your tasks:

1. Read and Cover
 2. Recall number: 2 3
 3. Copy number: _____
-
-

Activity 3

Instructions:

Her name was Anna. She lived in a blue house. (Cover text). What was her name?

Your tasks:

1. Read and Cover
2. Recall name: Anna Sue
3. Copy name: _____

Activity 4

Instructions:

First, wash your hands. Then, eat lunch. (Cover text). What was the first step?

Your tasks:

1. Read and Cover
 2. Recall step: Wash Eat
 3. Copy action: _____
-
-

Activity 5

Instructions:

The code is 5-2-9. Remember it. (Cover text). Write the code.

Your tasks:

1. Read and Cover
 2. Recall numbers: _ - _ - _
 3. Copy action: _____
-
-

Activity 6

Instructions:

The box is square. The ball is round. (Cover text). What shape is the box?

Your tasks:

1. Read and Cover
 2. Recall shape: Square Round
 3. Copy word: _____
-
-

Activity 7

Instructions:

Buy milk, bread, and eggs. (Cover text). What was the second item?

Your tasks:

1. Read and Cover
 2. Recall item: Milk Bread
 3. Copy word: _____
-
-

Activity 8

Instructions:

The dog sat under the table. (Cover text). Where was the dog?

Your tasks:

1. Read and Cover
 2. Recall place: Under On
 3. Copy word: _____
-
-

Activity 9

Instructions:

He wore a hat, a scarf, and gloves. (Cover text). What did he wear on his hands?

Your tasks:

1. Read and Cover
 2. Recall item: Scarf Gloves
 3. Copy word: _____
-
-

Activity 10 — Reverse Recall

Instructions:

A, B, C. (Cover text). Say them backwards.

Your tasks:

1. Read and Cover
 2. Recall order: _ - _ - _
 3. Copy action: _____
-

DAY 57

Perspective Taking

Focus: Understanding different viewpoints in the same situation · Goal: Theory of mind

Activity 1

Instructions:

Tom loves spiders. Ann fears spiders. A spider appeared. Tom smiled. Ann screamed.

Your tasks:

1. Scanned silently
 2. Who was happy? Tom Ann
 3. Copied name: _____
-
-

Activity 2

Instructions:

The room was hot for Mom. It was cold for Dad. Mom opened a window. Dad put on a coat.

Your tasks:

1. Scanned silently
 2. Who felt cold? Mom Dad
 3. Copied name: _____
-
-

Activity 3

Instructions:

The test was easy for Ben. It was hard for Sam. Ben finished fast. Sam worked slowly.

Your tasks:

1. Scanned silently
 2. Who struggled? Ben Sam
 3. Copied name: _____
-
-

Activity 4

Instructions:

The gift was a doll. Sue liked it. Max wanted a truck. Max was sad.

Your tasks:

1. Scanned silently
 2. Who liked the gift? Sue Max
 3. Copied name: _____
-
-

Activity 5

Instructions:

The music was loud. The kids danced. The baby cried.

Your tasks:

1. Scanned silently
 2. Who disliked the noise? Kids Baby
 3. Copied word: _____
-
-

Activity 6

Instructions:

“Yum,” said the dog eating the bone. “Yuck,” said the boy.

Your tasks:

1. Scanned silently
 2. Who liked the bone? Dog Boy
 3. Copied name: _____
-
-

Activity 7

Instructions:

The giant saw a small wall. The mouse saw a huge wall.

Your tasks:

1. Scanned silently
 2. Who saw it as huge? Giant Mouse
 3. Copied name: _____
-
-

Activity 8

Instructions:

Mom knew the secret. Dad did not know. Mom whispered.

Your tasks:

1. Scanned silently
 2. Who knew? Mom Dad
 3. Copied name: _____
-
-

Activity 9

Instructions:

The car went fast to Ben. It went slow to the race driver.

Your tasks:

1. Scanned silently
 2. Who thought it was slow? Ben Driver
 3. Copied name: _____
-
-

Activity 10 — Hidden Object

Instructions:

Tom hid the ball in the box. Ann did not see him. Ann thinks the ball is lost.

Your tasks:

1. Scanned silently
 2. Does Ann know where it is? Yes No
 3. Copied answer: _____
-

DAY 58

Instruction Layering

Goal: Follow rules with exceptions · Manage complex logic · Prove accuracy

Activity 1

Instructions:

Clap your hands unless I say "Stop". I say "Stop".

Your tasks:

1. Scanned silently
 2. Action: Clap Do nothing
 3. Copied command: _____
-
-

Activity 2

Instructions:

Circle all numbers except 5. 1, 5, 3, 5, 9.

Your tasks:

1. Scanned silently
 2. How many circles? 3 5
 3. Copied numbers: _____
-
-

Activity 3

Instructions:

Stand up if you are wearing red. You are wearing blue.

Your tasks:

1. Scanned silently
 2. Action: Stand Sit
 3. Copied action: _____
-
-

Activity 4

Instructions:

Say "Hello" to everyone but Tom. Meet Sue, Ben, and Tom.

Your tasks:

1. Scanned silently
 2. Do not greet: Sue Tom
 3. Copied name: _____
-
-

Activity 5

Instructions:

Touch your nose unless eyes are closed. Your eyes are open.

Your tasks:

1. Scanned silently
 2. Action: Touch nose Do nothing
 3. Copied body part: _____
-
-

Activity 6

Instructions:

Read all words except "The". A, The, Cat, The.

Your tasks:

1. Scanned silently
 2. Read: "A Cat"
 3. Copied words: _____
-
-

Activity 7

Instructions:

Go if the light is green, unless a car is coming. Light is green. Car is coming.

Your tasks:

1. Scanned silently
 2. Action: Go Stop
 3. Copied action: _____
-
-

Activity 8

Instructions:

Eat the candy only if it is red. It is blue.

Your tasks:

1. Scanned silently

2. Action: Eat Don't eat

3. Copied action: _____

Activity 9

Instructions:

Sleep unless the alarm rings. The alarm is ringing.

Your tasks:

1. Scanned silently

2. Action: Sleep Wake up

3. Copied action: _____

Activity 10 — Writing Rule

Instructions:

Write your name, but do not write the letter "A". (Assume name is SAM).

Your tasks:

1. Scanned silently

2. Write: S_M

3. Output: _____

DAY 59

Time Management

Goal: Estimate duration and sequence events by time · Focus: Temporal awareness

Activity 1

Instructions:

Brushing teeth takes 2 minutes. Sleeping takes 8 hours. Which is longer?

Your tasks:

1. Scanned silently
 2. Longest task: Brush Sleep
 3. Copied word: _____
-
-

Activity 2

Instructions:

To make toast: 1. Put bread in. 2. Wait. 3. Eat. Which takes the most time?

Your tasks:

1. Scanned silently
 2. Longest step: Put in Wait
 3. Copied word: _____
-
-

Activity 3

Instructions:

The movie is 2 hours. The song is 3 minutes. He watched the movie.

Your tasks:

1. Scanned silently
 2. Duration: Short Long
 3. Copied time unit: _____
-
-

Activity 4

Instructions:

It takes a second to blink. It takes a year to grow tall. He blinked.

Your tasks:

1. Scanned silently
2. Fast action: Grow Blink

3. Copied word: _____

Activity 5

Instructions:

Lunch is at 12:00. It is 11:55. Is it time for lunch?

Your tasks:

1. Scanned silently
 2. Ready? Yes No
 3. Copied number: _____
-
-

Activity 6

Instructions:

Walking takes 10 mins. Running takes 5 mins. He ran.

Your tasks:

1. Scanned silently
 2. Did he arrive sooner? Yes No
 3. Copied action: _____
-
-

Activity 7

Instructions:

A day is 24 hours. A year is 365 days. Which is bigger?

Your tasks:

1. Scanned silently
 2. Bigger unit: Day Year
 3. Copied word: _____
-

Activity 8

Instructions:

5, 4, 3, 2... What comes next?

Your tasks:

1. Scanned silently
 2. Next number: 1 6
 3. Copied number: _____
-
-

Activity 9

Instructions:

He is 10. She is 12. Who is older?

Your tasks:

1. Scanned silently
 2. Older: He She
 3. Copied number: _____
-
-

Activity 10 — Fast vs Slow

Instructions:

A turtle moves. A cheetah moves. Which is slow?

Your tasks:

1. Scanned silently
 2. Animal: Turtle Cheetah
 3. Copied animal: _____
-

DAY 60

Month 3 Checkpoint — Executive Functions

Focus: Integration of self-correction, memory, and perspective. Goal: Readiness for complex text analysis.

Activity 1 — Self-Correction

Instructions:

He went the wrong way. He stopped. He checked the map. He turned back.

Your tasks:

1. Scanned silently
 2. Sentence number (fix): 1 2 3 4
 3. First word: _____
-
-

Activity 2 — Main Idea

Instructions:

The band played. People danced. Cake was served. It was a party.

Your tasks:

1. Scanned silently
 2. Main idea: School Party
 3. Copied keyword: _____
-
-

Activity 3 — Fact vs Opinion

Instructions:

Snakes have no legs. Snakes are scary.

Your tasks:

1. Scanned silently
2. Sentence number (Fact): 1 2
3. First word: _____

Activity 4 — Cause and Effect

Instructions:

The wind blew hard. The kite flew high. The string broke.

Your tasks:

1. Scanned silently
 2. Why did it fly high? Wind String
 3. Copied cause: _____
-
-

Activity 5 — Perspective

Instructions:

Max wanted pizza. Leo wanted burgers. They ordered pizza. Leo was mad.

Your tasks:

1. Scanned silently
 2. Who got what he wanted? Max Leo
 3. Copied name: _____
-
-

Activity 6 — Memory

Instructions:

The number is 8. (Cover text). Write it.

Your tasks:

1. Read and cover
 2. Recall number: _____
 3. Write instruction: _____
-
-

Activity 7 — Vocabulary

Instructions:

He was furious. He yelled loudly.

Your tasks:

1. Scanned silently
 2. Furious means: Happy Angry
 3. Copied word: _____
-
-

Activity 8 — Rule Exception

Instructions:

Sit down unless music plays. Music plays.

Your tasks:

1. Scanned silently
 2. Action: Sit Stand
 3. Copied action: _____
-
-

Activity 9 — Time

Instructions:

He slept all night. He took a nap. Which was longer?

Your tasks:

1. Scanned silently
 2. Longer: Night Nap
 3. Copied word: _____
-
-

Activity 10 — Logic

Instructions:

If it flies, it is a bird. A bat flies. Is a bat a bird? (Assume rule is true).

Your tasks:

1. Scanned silently
 2. Answer: Yes No
 3. Copied answer: _____
-

DAY 61

Advanced Sequencing

Goal: Handle non-linear order · Manipulate information mentally · Prove accuracy

Activity 1

Instructions:

A, B, C. Reverse it.

Your tasks:

1. Scanned silently
 2. Reverse: A-B-C C-B-A
 3. Copied letters: _____
-
-

Activity 2

Instructions:

1, 2, 3. Reverse it.

Your tasks:

1. Scanned silently
 2. Reverse: 3-2-1 1-2-3
 3. Copied numbers: _____
-
-

Activity 3

Instructions:

The dog ran. Say it backwards.

Your tasks:

1. Scanned silently
 2. Last word first: Dog Ran
 3. Copied word: _____
-
-

Activity 4

Instructions:

Start at end. Go to start. End - Middle - Start.

Your tasks:

1. Scanned silently
 2. First step to do: Start End
 3. Copied word: _____
-
-

Activity 5

Instructions:

Undo the knot. Tie it.

Your tasks:

1. Scanned silently
 2. First action: Undo Tie
 3. Copied word: _____
-
-

Activity 6

Instructions:

Inside out. The shirt was red inside.

Your tasks:

1. Scanned silently
 2. What is showing now? Red Not red
 3. Copied colour: _____
-
-

Activity 7

Instructions:

Bottom to top. Floor, Table, Ceiling.

Your tasks:

1. Scanned silently
 2. First item: Ceiling Floor
 3. Copied word: _____
-
-

Activity 8

Instructions:

Z, Y, X... What comes before Z?

Your tasks:

1. Scanned silently
 2. Letter: Y A
 3. Copied letter: _____
-
-

Activity 9

Instructions:

Reverse sort: Small, Medium, Big.

Your tasks:

1. Scanned silently
 2. Start with: Small Big
 3. Copied word: _____
-
-

Activity 10 — Mirror Image

Instructions:

p, q. Look in the mirror.

Your tasks:

1. Scanned silently
 2. Which does p look like? p q
 3. Copied letter: _____
-

DAY 62

Conditional Logic (If/Then/Else)

Focus: Complex decision trees · Goal: Algorithmic thinking

Activity 1

Instructions:

If Red, sit. If Blue, stand. It is Blue.

Your tasks:

1. Scanned silently
 2. Action: Sit Stand
 3. Copied action: _____
-
-

Activity 2

Instructions:

If Hot AND Sunny, swim. It is Hot but Rainy.

Your tasks:

1. Scanned silently
 2. Action: Swim Don't swim
 3. Copied action: _____
-
-

Activity 3

Instructions:

If Rain OR Snow, wear boots. It is Snowing.

Your tasks:

1. Scanned silently
 2. Action: Boots Shoes
 3. Copied item: _____
-
-

Activity 4

Instructions:

If NOT Green, go. It is Red.

Your tasks:

1. Scanned silently
 2. Action: Go Stop
 3. Copied action: _____
-
-

Activity 5

Instructions:

If Big then draw Circle. If Small then draw Dot. It is Big.

Your tasks:

1. Scanned silently
 2. Draw: Circle Dot
 3. Copied shape: _____
-
-

Activity 6

Instructions:

If hungry, eat. Else, sleep. He is full.

Your tasks:

1. Scanned silently
 2. Action: Eat Sleep
 3. Copied action: _____
-
-

Activity 7

Instructions:

If Day, wake up. If Night, sleep. It is dark.

Your tasks:

1. Scanned silently
 2. Action: Wake Sleep
 3. Copied action: _____
-
-

Activity 8

Instructions:

If 5 is bigger than 2, say Yes.

Your tasks:

1. Scanned silently

2. Answer: Yes No

3. Copied answer: _____

Activity 9

Instructions:

If false, say True. The sky is green (False).

Your tasks:

1. Scanned silently

2. Output: True False

3. Copied output: _____

Activity 10 — Triple Condition

Instructions:

If A, say B. If B, say C. If C, say A. Letter is C.

Your tasks:

1. Scanned silently

2. Output: A B C

3. Copied letter: _____

DAY 63

Abstract Classification

Goal: Sort by invisible features (Category, State, Function) · Focus: Semantic organization · Prove accuracy

Activity 1

Instructions:

Cat, Rock, Tree, Dog. Which is Non-Living?

Your tasks:

1. Scanned silently
 2. Item: Cat Rock
 3. Copied word: _____
-
-

Activity 2

Instructions:

Water, Ice, Steam. Which is Solid?

Your tasks:

1. Scanned silently
 2. State: Water Ice
 3. Copied word: _____
-
-

Activity 3

Instructions:

Car, Apple, Tree, Cloud. Which is Man-Made?

Your tasks:

1. Scanned silently
 2. Item: Car Tree
 3. Copied word: _____
-
-

Activity 4

Instructions:

Hammer, Doll, Saw, Drill. Which is a Toy?

Your tasks:

1. Scanned silently
 2. Item: Hammer Doll
 3. Copied word: _____
-
-

Activity 5

Instructions:

Yesterday, Today, Tomorrow. Which is Past?

Your tasks:

1. Scanned silently
 2. Time: Yesterday Today
 3. Copied word: _____
-
-

Activity 6

Instructions:

Sofa, Tree, Bed, Lamp. Which is Outdoor?

Your tasks:

1. Scanned silently
 2. Item: Sofa Tree
 3. Copied word: _____
-
-

Activity 7

Instructions:

Feather, Rock, Brick, Car. Which is Light?

Your tasks:

1. Scanned silently

2. Weight: Feather Rock

3. Copied word: _____

Activity 8

Instructions:

Drum, Book, Pillow, Whisper. Which is Loud?

Your tasks:

1. Scanned silently

2. Sound: Drum Book

3. Copied word: _____

Activity 9

Instructions:

Sandpaper, Silk, Glass, Ice. Which is Rough?

Your tasks:

1. Scanned silently

2. Texture: Sandpaper Silk

3. Copied word: _____

Activity 10 — Abstract Grouping

Instructions:

Love, Hat, Anger, Joy. Which is an Object?

Your tasks:

1. Scanned silently

2. Type: Love Hat

3. Copied word: _____

DAY 64

Distraction Inhibition (Stroop)

Focus: Filtering out competing visual info.

Goal: Selective attention.

Activity 1

Instructions:

Word is "Red". Colour is Blue. Say the Word.

Your tasks:

1. Scanned silently
 2. Output: Red Blue
 3. Copied word: _____
-
-

Activity 2

Instructions:

Big text says "Small". Read the text.

Your tasks:

1. Scanned silently
 2. Output: Big Small
 3. Copied word: _____
-
-

Activity 3

Instructions:

Font is cursive. Word is "Print". Read the word.

Your tasks:

1. Scanned silently

2. Output: Print Cursive

3. Copied word: _____

Activity 4

Instructions:

Background is Black. Word says "White". Read word.

Your tasks:

1. Scanned silently

2. Output: Black White

3. Copied word: _____

Activity 5

Instructions:

Noise words: Blah, Blah, Stop, Blah. Read command.

Your tasks:

1. Scanned silently

2. Command: Blah Stop

3. Copied word: _____

Activity 6

Instructions:

Find "Cat". Dog, Dog, Cat, Dog. Ignore dogs.

Your tasks:

1. Scanned silently

2. Found: Yes No

3. Copied word: _____

Activity 7

Instructions:

Message: H-e-l-l-o. Ignore dashes.

Your tasks:

1. Scanned silently
 2. Word: Hello Dash
 3. Copied word: _____
-
-

Activity 8

Instructions:

Maze of letters. Find "Exit". X E X I T X.

Your tasks:

1. Scanned silently
 2. Word: Exit X
 3. Copied word: _____
-
-

Activity 9

Instructions:

Read only bold. Go **Stop** Go.

Your tasks:

1. Scanned silently
 2. Action: Go Stop
 3. Copied action: _____
-
-

Activity 10 — Filter Challenge

Instructions:

Don't read the word "Don't". Read "Do".

Your tasks:

1. Scanned silently
 2. Output: Don't Do
 3. Copied word: _____
-

DAY 65

Complex Problem Solving

Focus: Multi-variable deduction

Goal: Reasoning with constraints

Activity 1

Instructions:

Tom is taller than Ben. Ben is taller than Sam. Who is shortest?

Your tasks:

1. Scanned silently
 2. Shortest: Tom Sam
 3. Copied name: _____
-
-

Activity 2

Instructions:

Ann sits next to Sue. Sue sits next to Pat. Sue is in the middle.

Your tasks:

1. Scanned silently
2. Middle: Ann Sue

3. Copied name: _____

Activity 3

Instructions:

Bus comes at 2:00. Train comes at 3:00. He takes the early ride.

Your tasks:

1. Scanned silently
 2. Ride: Bus Train
 3. Copied word: _____
-
-

Activity 4

Instructions:

Use the red pen for A. Use the blue pen for B. He wrote A.

Your tasks:

1. Scanned silently
 2. Colour: Red Blue
 3. Copied colour: _____
-
-

Activity 5

Instructions:

To get to the treasure, go North, then East. He went North.

Your tasks:

1. Scanned silently
 2. Next direction: East West
 3. Copied word: _____
-

Activity 6

Instructions:

The box is locked. Key is under the mat. Get the key.

Your tasks:

1. Scanned silently
 2. First step: Open box Get key
 3. Copied action: _____
-
-

Activity 7

Instructions:

Code: A=1, B=2. What is B-A?

Your tasks:

1. Scanned silently
 2. Math: 2-1 1-2
 3. Copied number: _____
-
-

Activity 8

Instructions:

Pattern: Circle, Square, Circle... What is next?

Your tasks:

1. Scanned silently
 2. Shape: Circle Square
 3. Copied shape: _____
-
-

Activity 9

Instructions:

Missing piece. 1, 2, ?, 4.

Your tasks:

1. Scanned silently
 2. Number: 3 5
 3. Copied number: _____
-
-

Activity 10 — Final Deduction**Instructions:**

I am an animal. I bark. I am not a cat. What am I?

Your tasks:

1. Scanned silently
 2. Animal: Dog Bird
 3. Copied animal: _____
-

DAY 66**Complex Problem Solving**

Focus: Multi-variable deduction

Goal: Reasoning with constraints and overlapping information

Activity 1**Instructions:**

Tom is taller than Ben. Ben is taller than Sam. Who is shortest?

Your tasks:

1. Scanned silently
 2. Shortest: Tom Sam
 3. Copied name: _____
-

Activity 2

Instructions:

Ann sits next to Sue. Sue sits next to Pat. Sue is in the middle.

Your tasks:

1. Scanned silently
 2. Middle: Ann Sue
 3. Copied name: _____
-
-

Activity 3

Instructions:

Bus comes at 2:00. Train comes at 3:00. He takes the early ride.

Your tasks:

1. Scanned silently
 2. Ride: Bus Train
 3. Copied word: _____
-
-

Activity 4

Instructions:

Use the red pen for A. Use the blue pen for B. He wrote A.

Your tasks:

1. Scanned silently
 2. Colour: Red Blue
 3. Copied colour: _____
-
-

Activity 5

Instructions:

To get to the treasure, go North, then East. He went North.

Your tasks:

1. Scanned silently
 2. Next direction: East West
 3. Copied word: _____
-
-

Activity 6

Instructions:

The box is locked. Key is under the mat. Get the key.

Your tasks:

1. Scanned silently
 2. First step: Open box Get key
 3. Copied action: _____
-
-

Activity 7

Instructions:

Code: A=1, B=2. What is B – A?

Your tasks:

1. Scanned silently
 2. Math: 2-1 1-2
 3. Copied number: _____
-
-

Activity 8

Instructions:

Pattern: Circle, Square, Circle... What is next?

Your tasks:

1. Scanned silently
 2. Shape: Circle Square
 3. Copied shape: _____
-
-

Activity 9

Instructions:

Missing piece. 1, 2, ?, 4.

Your tasks:

1. Scanned silently
 2. Number: 3 5
 3. Copied number: _____
-
-

Activity 10 — Final Deduction

Instructions:

I am an animal. I bark. I am not a cat. What am I?

Your tasks:

1. Scanned silently
 2. Animal: Dog Bird
 3. Copied animal: _____
-

DAY 67

Strategic Decision Making

Focus: Evaluating multiple rules to choose the most effective path

Goal: Integration of logic and spatial reasoning

Activity 1

Instructions:

To get to the park, the short path is muddy. The long path is dry. He wants clean shoes.

Your tasks:

1. Scanned silently
 2. Which path? Short Long
 3. Copied word: _____
-
-

Activity 2**Instructions:**

The blue box holds toys. The red box holds books. He needs his car.

Your tasks:

1. Scanned silently
 2. Which box? Blue Red
 3. Copied colour: _____
-
-

Activity 3**Instructions:**

Use a pencil for math. Use a pen for English. He is doing sums.

Your tasks:

1. Scanned silently
 2. Tool: Pencil Pen
 3. Copied word: _____
-
-

Activity 4**Instructions:**

If the light is red, stop. If it is flashing yellow, slow down. The light is flashing yellow.

Your tasks:

1. Scanned silently
 2. Action: Stop Slow down
 3. Copied words: _____
-
-

Activity 5

Instructions:

Store A is far but cheap. Store B is near but expensive. He has very little money.

Your tasks:

1. Scanned silently
 2. Which store? Store A Store B
 3. Copied letter: _____
-
-

Activity 6

Instructions:

The big key opens the gate. The small key opens the desk. He is in the garden.

Your tasks:

1. Scanned silently
 2. Which key? Big Small
 3. Copied word: _____
-
-

Activity 7

Instructions:

Wear boots if it is snowing. Wear sandals if it is hot. It is 30°C.

Your tasks:

1. Scanned silently

2. Footwear: Boots Sandals
 3. Copied word: _____
-
-

Activity 8

Instructions:

Group A is for ages 5–7. Group B is for ages 8–10. Sam is nine.

Your tasks:

1. Scanned silently
 2. Group: Group A Group B
 3. Copied letter: _____
-
-

Activity 9

Instructions:

The top drawer has socks. The bottom drawer has shirts. He is getting dressed for a run.

Your tasks:

1. Scanned silently
 2. First drawer: Top Bottom
 3. Copied word: _____
-
-

Activity 10 — Strategic Priority

Instructions:

Finish the easy task first. Task 1 is hard. Task 2 is easy.

Your tasks:

1. Scanned silently
2. Start with: Task 1 Task 2
3. Copied task: _____

DAY 68

Multi-Paragraph Logic Chains

Focus: Maintaining logical threads across paragraph breaks

Goal: Tracking causal links and details in extended text structures

Activity 1

Instructions:

Paragraph 1:

The team arrived at the field. They wore blue jerseys. The coach blew the whistle.

Paragraph 2:

The game started. The players ran fast. A goal was scored by the team in blue.

Your tasks:

1. Scanned silently
 2. Which team scored? Red Blue
 3. Copied colour: _____
-
-

Activity 2

Instructions:

Paragraph 1:

Sara found a small key on the floor. She put it in her left pocket.

Paragraph 2:

Later, she reached the locked box. She took the key from her pocket. The box opened.

Your tasks:

1. Scanned silently
 2. Where was the key? Left pocket Bag
 3. Copied word: _____
-

Activity 3

Instructions:

Paragraph 1:

First, get the bread. Next, spread the jam.

Paragraph 2:

Finally, put the two slices together. The sandwich is ready to eat.

Your tasks:

1. Scanned silently
 2. Which step is "Finally"? Jam Put together
 3. Copied word: _____
-
-

Activity 4

Instructions:

Paragraph 1:

It was very late at night. The stars were out. The house was quiet.

Paragraph 2:

Suddenly, the sun began to rise. Birds started chirping. It was morning.

Your tasks:

1. Scanned silently
 2. What caused the change? Stars Sun rising
 3. Copied word: _____
-
-

Activity 5

Instructions:

Paragraph 1:

Before the movie, they bought popcorn. The lobby was crowded.

Paragraph 2:

During the movie, everyone was silent. Afterward, they went home.

Your tasks:

1. Scanned silently
 2. When was it silent? Before During
 3. Copied time word: _____
-
-

Activity 6

Instructions:

Paragraph 1:

The cat saw a mouse. It hid behind a large plant in the corner.

Paragraph 2:

The mouse did not see the cat. The cat waited to jump.

Your tasks:

1. Scanned silently
 2. Where was the cat? Corner Table
 3. Copied word: _____
-
-

Activity 7

Instructions:

Paragraph 1:

A loud truck drove past the house. A dog barked.

Paragraph 2:

The girl did not look up. She kept writing her story carefully.

Your tasks:

1. Scanned silently
2. What was ignored? Writing Truck noise

3. Copied word: _____

Activity 8

Instructions:

Paragraph 1:

The oven was turned on to 180°C. The batter was poured into the pan.

Paragraph 2:

Later, a sweet smell filled the kitchen. The timer went off.

Your tasks:

1. Scanned silently
 2. Why the smell? Baking Cleaning
 3. Copied word: _____
-
-

Activity 9

Instructions:

Paragraph 1:

The letter was written in blue ink. It was placed in an envelope.

Paragraph 2:

The envelope was stamped. It was read again to check for errors.

Your tasks:

1. Scanned silently
 2. What was the colour? Blue Red
 3. Copied word: _____
-
-

Activity 10 — Logic Across Breaks

Instructions:

Paragraph 1:

Ben wanted an apple. Sam wanted a pear.

Paragraph 2:

There was only one apple left. Sam gave it to Ben. Ben was happy.

Your tasks:

1. Scanned silently
 2. Who got the fruit? Ben Sam
 3. Copied name: _____
-

DAY 69

Simultaneous Rule Management

Focus: Managing multiple active rules while filtering irrelevant data

Goal: Cognitive flexibility and dual-task accuracy

Activity 1

Instructions:

If it is a bird, say **“Fly.”**
If it is a car, say **“Drive.”**
The item is a **Crow.**

Your tasks:

1. Scanned silently
 2. Rule choice: Bird Car
 3. Copied word: _____
-
-

Activity 2

Instructions:

Rule 1: Circle vowels.
Rule 2: Box consonants.
The letter is **B.**

Your tasks:

1. Scanned silently
 2. Action: Circle Box
 3. Copied letter: _____
-
-

Activity 3

Instructions:

If number > 5, write "**Big.**"

If number < 5, write "**Small.**"

The number is **8**.

Your tasks:

1. Scanned silently
 2. Comparison: Big Small
 3. Copied word: _____
-
-

Activity 4

Instructions:

Rule: Read **bold words only**.

The **cat** sat on the **mat**.

Your tasks:

1. Scanned silently
 2. How many bold words? 1 2 3
 3. Copied words: _____
-
-

Activity 5

Instructions:

Use **Blue** for water.

Use **Green** for grass.

Draw a **lake**.

Your tasks:

1. Scanned silently
 2. Colour choice: Blue Green
 3. Copied colour: _____
-
-

Activity 6

Instructions:

If the word ends in “**y**,” circle it.

Words: **Play, Run, Stay**

Your tasks:

1. Scanned silently
 2. How many end in y? 1 2 3
 3. Copied words: _____
-
-

Activity 7

Instructions:

Caps are for **names**.

Dots are for **endings**.

Sentence: **Sam ran.**

Your tasks:

1. Scanned silently
2. Which is first? Cap Dot
3. Copied name: _____

Activity 8

Instructions:

If hot, use a **fan**.

If cold, use a **blanket**.

It is **5°C**.

Your tasks:

1. Scanned silently
 2. Decision: Fan Blanket
 3. Copied word: _____
-
-

Activity 9

Instructions:

Rule: Read "**Stop**" as "**Go**."

The sign says "**Stop**."

Your tasks:

1. Scanned silently
 2. Instruction result: Stop Go
 3. Copied word: _____
-
-

Activity 10 — Dual Rule Hold

Instructions:

Red = **Jump**

Blue = **Sit**

The light is **Blue**.

Your tasks:

1. Scanned silently
 2. Rule result: Jump Sit
 3. Copied action: _____
-

DAY 70

MONTH 3 MASTERY CHECK (PHASE 1)

Focus: Verification of complex logic, paragraph tracking, and rule management

Goal: Confirm readiness for the final stage of Month 3

Activity 1 — Complex Deduction

Instructions:

Ben sits between Max and Leo.

Leo is on the far right.

Your tasks:

1. Scanned silently
 2. Who is on the left? Max Ben
 3. Copied name: _____
-
-

Activity 2 — Strategic Choice

Instructions:

Paper is for drawing.

Glass is for drinking.

He wants to make a map.

Your tasks:

1. Scanned silently
 2. Medium: Paper Glass
 3. Copied word: _____
-

Activity 3 — Cross-Paragraph Detail

Instructions:

Paragraph 1:

The box was hidden in the attic.

Paragraph 2:

It was made of wood. Tom found it.

Your tasks:

1. Scanned silently
 2. Which paragraph shows the location? P1 P2
 3. Copied place: _____
-
-

Activity 4 — Simultaneous Rules

Instructions:

“Big” = Circle

“Small” = Dot

The rock is **Big**.

Your tasks:

1. Scanned silently
 2. Action: Circle Dot
 3. Copied shape: _____
-
-

Activity 5 — Temporal Logic

Instructions:

It takes 5 minutes to walk.

It takes 2 minutes to run.

He is in a hurry.

Your tasks:

1. Scanned silently
 2. Action: Walk Run
 3. Copied word: _____
-
-

Activity 6 — Instruction Override

Instructions:

Say “**Yes**” for Red.

Say “**No**” for Blue.

The ball is **Blue**.

Your tasks:

1. Scanned silently
 2. Output: Yes No
 3. Copied word: _____
-
-

Activity 7 — Self-Correction Monitor

Instructions:

He wrote **9**.

He saw the sum was **4 + 4**.

He fixed the answer to **8**.

Your tasks:

1. Scanned silently
 2. Which was correct? 9 8
 3. Copied number: _____
-
-

Activity 8 — Multi-Step Sequence

Instructions:

1. Find a cup
2. Get the milk
3. Pour it

He already has a cup.

Your tasks:

1. Scanned silently
 2. Next step number: 1 2 3
 3. Copied item: _____
-
-

Activity 9 — Category Exclusion

Instructions:

Apple, Banana, Carrot, Grapes

Your tasks:

1. Scanned silently
 2. Which is different? Fruit Carrot
 3. Copied word: _____
-
-

Activity 10 — Final Mastery Integration

Instructions:

Source A says “Go.”

Source B says “Wait.”

Trust **Source B**.

Your tasks:

1. Scanned silently
2. Result: Go Wait
3. Copied action: _____

DAY 71

INFERRED CONSTRAINTS (ADVANCED LOGIC)

Focus: Identifying hidden rules or limitations not stated directly

Goal: Developing higher-order deductive reasoning

Activity 1

Instructions:

Three children share one umbrella.

It only covers two people.

Your tasks:

1. Scanned silently
 2. How many get wet? 1 2 3
 3. Copied number: _____
-
-

Activity 2

Instructions:

The lift can hold 100 kg.

Dad weighs 80 kg.

The box weighs 30 kg.

Your tasks:

1. Scanned silently
 2. Can they go together? Yes No
 3. Copied answer: _____
-
-

Activity 3

Instructions:

Dinner is at 6:00.

It takes 30 minutes to cook.

It is now 5:45.

Your tasks:

1. Scanned silently
 2. Will dinner be late? Yes No
 3. Copied answer: _____
-
-

Activity 4

Instructions:

The gate is locked.

The key is in the house.

Tom is outside.

Your tasks:

1. Scanned silently
 2. Can Tom open the gate? Yes No
 3. Copied word: _____
-
-

Activity 5

Instructions:

Only people with tickets can enter.

Sam lost his ticket.

Your tasks:

1. Scanned silently
2. Is Sam allowed inside? Yes No
3. Copied word: _____

Activity 6

Instructions:

A full bottle has 4 cups of water.
He poured out 3 cups.

Your tasks:

1. Scanned silently
 2. How many remain? 1 2 3
 3. Copied number: _____
-
-

Activity 7

Instructions:

The shelf is full.
There is one new book.

Your tasks:

1. Scanned silently
 2. Where does the book go? On shelf Somewhere else
 3. Copied phrase: _____
-
-

Activity 8

Instructions:

Pencils cost 50c.
Sam has 40c.

Your tasks:

1. Scanned silently

2. Can he buy the pencil? Yes No

3. Copied word: _____

Activity 9

Instructions:

The bus leaves at 8:00.

It is an 8-minute walk.

He left at 7:55.

Your tasks:

1. Scanned silently

2. Will he catch it? Yes No

3. Copied answer: _____

Activity 10 — Logical Barrier

Instructions:

You must be 10 to ride.

Leo is 8.

Your tasks:

1. Scanned silently

2. Can Leo ride? Yes No

3. Copied reason: _____

DAY 72

SELECTIVE ENCODING (FACT EXTRACTION)

Focus: Identifying specific, relevant data points within a “noisy” text environment

Goal: Ignoring irrelevant detail and extracting core facts

Activity 1

Instructions:

The big, old, blue bus arrived at 4:00 PM with ten noisy passengers.

Your tasks:

1. Scanned silently
 2. Arrival time: 4:00 10:00
 3. Copied time: _____
-
-

Activity 2

Instructions:

To bake the sweet cake, you need three large eggs and a cup of sugar.

Your tasks:

1. Scanned silently
 2. How many eggs? 1 3
 3. Copied number: _____
-
-

Activity 3

Instructions:

Sam lives at 12 Green Lane, next to a tall oak tree and a red fence.

Your tasks:

1. Scanned silently
 2. Street number: 12 Green
 3. Copied number: _____
-
-

Activity 4

Instructions:

The math test has twenty questions and starts as soon as the bell rings.

Your tasks:

1. Scanned silently
 2. Question count: 10 20
 3. Copied number: _____
-
-

Activity 5

Instructions:

For the art project, use the sharp scissors found in the top drawer.

Your tasks:

1. Scanned silently
 2. Drawer location: Top Bottom
 3. Copied word: _____
-
-

Activity 6

Instructions:

Five small, furry kittens were sleeping in a soft, round basket.

Your tasks:

1. Scanned silently
 2. Kitten count: 5 4
 3. Copied number: _____
-

Activity 7

Instructions:

The shiny, silver rocket will blast off into space on Tuesday morning.

Your tasks:

1. Scanned silently
 2. Launch day: Monday Tuesday
 3. Copied word: _____
-
-

Activity 8

Instructions:

Look for the key hidden inside the hollow, wooden log by the river.

Your tasks:

1. Scanned silently
 2. Key location: River Log
 3. Copied word: _____
-
-

Activity 9

Instructions:

The heavy, iron gate is locked with a thick, rusty chain and a padlock.

Your tasks:

1. Scanned silently
 2. Gate material: Iron Wood
 3. Copied word: _____
-
-

Activity 10 — Data Filter

Instructions:

The code for the safe is 7–4–1.
Do not tell anyone the secret code.

Your tasks:

1. Scanned silently
 2. Safe code: ___ – ___ – ___
 3. Copied code: _____
-

DAY 73

COMPARATIVE LOGIC (BETTER / FASTER / STRONGER)

Focus: Analyzing variables to determine superior outcomes based on criteria
Goal: Developing evaluative judgment and relational thinking

Activity 1

Instructions:

A bike goes 15 km/h.
A car goes 60 km/h.
He needs to arrive quickly.

Your tasks:

1. Scanned silently
 2. Which is faster? Bike Car
 3. Copied word: _____
-
-

Activity 2

Instructions:

Glue A dries in 1 hour.
Glue B dries in 5 minutes.
He is in a rush.

Your tasks:

1. Scanned silently
 2. Which is better? Glue A Glue B
 3. Copied letter: _____
-
-

Activity 3

Instructions:

Rope X holds 10 kg.
Rope Y holds 50 kg.
The box weighs 20 kg.

Your tasks:

1. Scanned silently
 2. Which is stronger? Rope X Rope Y
 3. Copied letter: _____
-
-

Activity 4

Instructions:

Flashlight A uses 1 battery.
Flashlight B uses 4 batteries.
He has 2 batteries.

Your tasks:

1. Scanned silently
 2. Which can he use? A B
 3. Copied letter: _____
-
-

Activity 5

Instructions:

Path 1 is smooth.
Path 2 is rocky.
He is riding a skateboard.

Your tasks:

1. Scanned silently
 2. Which is safer? Path 1 Path 2
 3. Copied number: _____
-
-

Activity 6

Instructions:

Cup A holds 200 ml.
Cup B holds 500 ml.

He is very thirsty.

Your tasks:

1. Scanned silently
 2. Which is bigger? Cup A Cup B
 3. Copied letter: _____
-
-

Activity 7

Instructions:

Fan A is quiet.
Fan B is very loud.
He is trying to sleep.

Your tasks:

1. Scanned silently
 2. Which should he pick? Fan A Fan B
 3. Copied letter: _____
-
-

Activity 8

Instructions:

Phone A costs \$100.
Phone B costs \$500.
He wants to save money.

Your tasks:

1. Scanned silently
 2. Which is cheaper? Phone A Phone B
 3. Copied letter: _____
-
-

Activity 9

Instructions:

Team Red has 5 points.
Team Blue has 8 points.

Your tasks:

1. Scanned silently
 2. Who is winning? Red Blue
 3. Copied colour: _____
-
-

Activity 10 — Comparative Judgment

Instructions:

Box A is heavy.
Box B is light.
He can only lift light things.

Your tasks:

1. Scanned silently
 2. Which box for him? Box A Box B
 3. Copied letter: _____
-

DAY 74

PATTERN RECOGNITION and RULE INDUCTION

Focus: Identifying underlying rules in sequences and predicting future outcomes

Goal: Inductive reasoning and pattern consistency

Activity 1

Instructions:

Pattern: Red, Blue, Red, Blue...

What comes **next**?

Your tasks:

1. Scanned silently
 2. Identify **next**: Red Blue
 3. Copied word: _____
-
-

Activity 2

Instructions:

Pattern: 2, 4, 6, 8...

What comes **next**?

Your tasks:

1. Scanned silently
 2. Identify **next**: 9 10
 3. Copied number: _____
-
-

Activity 3

Instructions:

Pattern: Circle, Square, Circle, Square...

Your tasks:

1. Scanned silently
 2. Identify **next**: Circle Square
 3. Copied shape: _____
-
-

Activity 4

Instructions:

Pattern: Up, Down, Up, Down...

Your tasks:

1. Scanned silently
 2. Identify **next**: Up Down
 3. Copied word: _____
-
-

Activity 5

Instructions:

Pattern: A, B, A, B...

What is **next**?

Your tasks:

1. Scanned silently
 2. Identify **next**: A B
 3. Copied letter: _____
-
-

Activity 6

Instructions:

Pattern: Big, Small, Big, Small...

Your tasks:

1. Scanned silently
 2. Identify **next**: Big Small
 3. Copied word: _____
-
-

Activity 7

Instructions:

Pattern: 5, 10, 15, 20...

What is **next**?

Your tasks:

1. Scanned silently
 2. Identify **next**: 21 25
 3. Copied number: _____
-
-

Activity 8

Instructions:

Pattern: Sun, Moon, Sun, Moon...

Your tasks:

1. Scanned silently
 2. Identify **next**: Sun Moon
 3. Copied word: _____
-
-

Activity 9

Instructions:

Pattern: 10, 9, 8, 7...

What is **next**?

Your tasks:

1. Scanned silently
 2. Identify **next**: 6 5
 3. Copied number: _____
-
-

Activity 10 — Rule Induction

Instructions:

Pattern: Open, Closed, Open, Closed...

Your tasks:

1. Scanned silently
 2. What is the **rule**? Repeat Switch
 3. Copied next word: _____
-

DAY 75

EVALUATING EVIDENCE (TRUE VS. LIKELY)

Focus: Distinguishing between absolute certainties and high-probability outcomes

Goal: Developing nuanced logical judgment and evidentiary reasoning

Activity 1

Instructions:

The sun is a star.

This is always a fact.

Your tasks:

1. Scanned silently

2. Certainty Level: True Likely

3. Copied word: _____

Activity 2

Instructions:

Dark clouds are in the sky.

It will probably rain.

Your tasks:

1. Scanned silently

2. Certainty Level: True Likely

3. Copied word: _____

Activity 3

Instructions:

Humans need water to live.

This is a requirement.

Your tasks:

1. Scanned silently

2. Certainty Level: True Likely

3. Copied word: _____

Activity 4

Instructions:

He studied all night.

He will probably pass the test.

Your tasks:

1. Scanned silently
 2. Certainty Level: True Likely
 3. Copied word: _____
-
-

Activity 5

Instructions:

Ice melts when it gets hot.
This happens every time.

Your tasks:

1. Scanned silently
 2. Certainty Level: True Likely
 3. Copied word: _____
-
-

Activity 6

Instructions:

The team is winning 10–0.
They will probably win the game.

Your tasks:

1. Scanned silently
 2. Certainty Level: True Likely
 3. Copied word: _____
-
-

Activity 7

Instructions:

Fire produces heat.
This is how fire works.

Your tasks:

1. Scanned silently
 2. Certainty Level: True Likely
 3. Copied word: _____
-
-

Activity 8

Instructions:

She has a map.
She will probably find the way.

Your tasks:

1. Scanned silently
 2. Certainty Level: True Likely
 3. Copied word: _____
-
-

Activity 9

Instructions:

Night follows day.
This happens every 24 hours.

Your tasks:

1. Scanned silently
 2. Certainty Level: True Likely
 3. Copied word: _____
-
-

Activity 10 — Probability Judgment

Instructions:

If you drop a glass, it will break.

Is this true or likely?

Your tasks:

1. Scanned silently
 2. Judgment: True Likely
 3. Copied choice: _____
-

DAY 76

ADVANCED CATEGORIZATION (SUB-SETS)

Focus: Identifying specific types within a general group

Goal: Hierarchical semantic organization

Activity 1

Instructions:

Fruit: Apple, Pear, Carrot, Plum.

Which is the odd one out?

Your tasks:

1. Scanned silently
 2. Not a fruit: Pear Carrot
 3. Copied word: _____
-
-

Activity 2

Instructions:

Vehicles: Car, Bus, Table, Truck.

Which does not belong?

Your tasks:

1. Scanned silently

2. Not a vehicle: Bus Table

3. Copied word: _____

Activity 3

Instructions:

Pets: Dog, Lion, Cat, Hamster.

Which is not a pet?

Your tasks:

1. Scanned silently

2. Wild animal: Lion Cat

3. Copied word: _____

Activity 4

Instructions:

Clothing: Shirt, Shoes, Hat, Spoon.

Which is the odd one out?

Your tasks:

1. Scanned silently

2. Not clothing: Hat Spoon

3. Copied word: _____

Activity 5

Instructions:

Numbers: 2, 4, B, 8.

Which is a letter?

Your tasks:

1. Scanned silently
 2. Not a number: 4 B
 3. Copied letter: _____
-
-

Activity 6

Instructions:

Colours: Red, Fast, Blue, Pink.

Which is an action?

Your tasks:

1. Scanned silently
 2. Not a colour: Fast Pink
 3. Copied word: _____
-
-

Activity 7

Instructions:

Shapes: Circle, Square, Big, Triangle.

Which is a size?

Your tasks:

1. Scanned silently
 2. Not a shape: Big Square
 3. Copied word: _____
-
-

Activity 8

Instructions:

Furniture: Bed, Chair, Sofa, Tree.

Which is not furniture?

Your tasks:

1. Scanned silently
 2. Outdoor plant: Sofa Tree
 3. Copied word: _____
-
-

Activity 9

Instructions:

School things: Pen, Desk, Book, Bed.
Which belongs at home?

Your tasks:

1. Scanned silently
 2. Not for school: Book Bed
 3. Copied word: _____
-
-

Activity 10 — Sub-Set Identification

Instructions:

Mammals: Dog, Cat, Whale.
Are whales fish?

Your tasks:

1. Scanned silently
 2. Category: Yes No
 3. Copied answer: _____
-

DAY 77

PERSPECTIVE INTERFERENCE

Focus: Resolving conflicting viewpoints

Goal: Cognitive empathy and logic integration

Activity 1

Instructions:

The soup is too hot for Mia. It is just right for Ben. Mia waits.

Your tasks:

1. Scanned silently
 2. Who is eating? Mia Ben
 3. Copied name: _____
-
-

Activity 2

Instructions:

The music is loud for the baby. It is fun for the children. The baby cries.

Your tasks:

1. Scanned silently
 2. Who is happy? Baby Kids
 3. Copied word: _____
-
-

Activity 3

Instructions:

The hill is small for the giant. It is a mountain for the ant.

Your tasks:

1. Scanned silently
2. Ant's view: Small Huge

3. Copied word: _____

Activity 4

Instructions:

Mom knows the gift. Dad does not know. Mom keeps it a secret.

Your tasks:

1. Scanned silently
 2. Who is surprised? Mom Dad
 3. Copied name: _____
-
-

Activity 5

Instructions:

The room is bright for Leo. It is dark for the cat. Leo turns on a light.

Your tasks:

1. Scanned silently
 2. Who needed light? Leo Cat
 3. Copied name: _____
-
-

Activity 6

Instructions:

The test was easy for Sam. It was hard for Tom. Tom sighed.

Your tasks:

1. Scanned silently
2. Who struggled? Sam Tom
3. Copied name: _____

Activity 7

Instructions:

"Yum," said the dog with the bone. "Yuck," said the cat.

Your tasks:

1. Scanned silently
 2. Who liked it? Dog Cat
 3. Copied name: _____
-
-

Activity 8

Instructions:

The car went fast to Ben. It went slow to the race driver.

Your tasks:

1. Scanned silently
 2. Driver's view: Fast Slow
 3. Copied word: _____
-
-

Activity 9

Instructions:

The coat is too small for Dad. It fits the boy. Dad gives it away.

Your tasks:

1. Scanned silently
 2. Who keeps it? Dad Boy
 3. Copied word: _____
-

Activity 10 — False Belief

Instructions:

Max hid the ball in the box. Sue did not see him. Sue looks in the bag.

Your tasks:

1. Scanned silently
 2. Where does Sue think it is? Box Bag
 3. Copied word: _____
-

DAY 78

SEQUENTIAL LOGIC LOOPS

Focus: Managing repeating instructions and state changes

Goal: Computational thinking and process endurance

Activity 1

Instructions:

Tap the desk. Repeat three times.

Your tasks:

1. Scanned silently
 2. Total taps: 1 3
 3. Copied word: _____
-
-

Activity 2

Instructions:

Read "Hi". Read "Bye". Do it again.

Your tasks:

1. Scanned silently
 2. Last word read: Hi Bye
 3. Copied word: _____
-
-

Activity 3

Instructions:

Add 1. Do it four times. Start at 0.

Your tasks:

1. Scanned silently
 2. Final number: 4 5
 3. Copied number: _____
-
-

Activity 4

Instructions:

The light is Off. Flip the switch. Flip it again.

Your tasks:

1. Scanned silently
 2. Current state: On Off
 3. Copied word: _____
-
-

Activity 5

Instructions:

Write "Go". Repeat until the box is full. (Assume 3 times).

Your tasks:

1. Scanned silently

2. Word count: 1 3

3. Copied word: _____

Activity 6

Instructions:

Clap. Snap. Clap. Snap. What is next?

Your tasks:

1. Scanned silently

2. Next action: Clap Snap

3. Copied word: _____

Activity 7

Instructions:

Stand up. Sit down. Repeat twice.

Your tasks:

1. Scanned silently

2. Final position: Standing Sitting

3. Copied word: _____

Activity 8

Instructions:

Say "Yes". Say "No". Repeat three times.

Your tasks:

1. Scanned silently

2. Last word said: Yes No

3. Copied word: _____

Activity 9

Instructions:

Open the door. Close it. Do this three times.

Your tasks:

1. Scanned silently
 2. Is it open now? Yes No
 3. Copied word: _____
-
-

Activity 10 — Condition Loop

Instructions:

Jump if I say "Go". Go. Go. Stop.

Your tasks:

1. Scanned silently
 2. How many jumps? 2 3
 3. Copied number: _____
-

DAY 79

SEMANTIC NUANCE AND SYNONYMS

Focus: Connecting meaning words and ignoring surface changes

Goal: Prove accuracy and maintain cognitive control

Activity 1

Instructions:

The small dog barked. The tiny puppy ran. The animal was happy.

Your tasks:

1. Scanned silently
 2. Sentence number (**tiny**): 1 2 3
 3. Copied word: _____
-
-

Activity 2

Instructions:

The car moved fast. The vehicle sped up. It reached the city quickly.

Your tasks:

1. Scanned silently
 2. Sentence number (**vehicle**): 1 2 3
 3. Copied word: _____
-
-

Activity 3

Instructions:

The noise was loud. A sound filled the room. The volume was high.

Your tasks:

1. Scanned silently
 2. Sentence number (**sound**): 1 2 3
 3. Copied word: _____
-
-

Activity 4

Instructions:

She felt glad. Her happiness showed. The joy was real.

Your tasks:

1. Scanned silently
 2. Sentence number (**happiness**): 1 2 3
 3. Copied word: _____
-
-

Activity 5

Instructions:

The house was huge. The large building stood tall. The mansion was old.

Your tasks:

1. Scanned silently
 2. Sentence number (**large**): 1 2 3
 3. Copied word: _____
-
-

Activity 6

Instructions:

He sprinted away. The runner was fast. He dashed to the line.

Your tasks:

1. Scanned silently
 2. Sentence number (**dashed**): 1 2 3
 3. Copied word: _____
-
-

Activity 7

Instructions:

The stone was hard. The rock sat on the ground. It was a heavy pebble.

Your tasks:

1. Scanned silently
 2. Sentence number (**rock**): 1 2 3
 3. Copied word: _____
-
-

Activity 8

Instructions:

The path is wide. The trail goes far. The track is muddy.

Your tasks:

1. Scanned silently
 2. Sentence number (**trail**): 1 2 3
 3. Copied word: _____
-
-

Activity 9

Instructions:

The present was wrapped. The gift was square. The box was open.

Your tasks:

1. Scanned silently
 2. Sentence number (**gift**): 1 2 3
 3. Copied word: _____
-
-

Activity 10 — Meaning Transfer

Instructions:

The glass shattered. The pieces broke apart. Sharp shards lay there.

Your tasks:

1. Scanned silently

2. Sentence number (**pieces**): 1 2 3

3. Copied word (**shards**): _____

DAY 80

DENSE TEXT ENDURANCE

Focus: Reading longer blocks without skipping

Goal: Maintaining accuracy through density

Activity 1

Instructions:

The sun rose over the hills and the birds began to sing loudly. The day had started.

Your tasks:

1. Scanned silently

2. Sentence number (start): 1 2

3. Copied word: _____

Activity 2

Instructions:

The teacher wrote a long sentence on the board and underlined the verb. Students copied it.

Your tasks:

1. Scanned silently

2. Sentence number (teacher action): 1 2

3. Copied word: _____

Activity 3

Instructions:

Rain fell against the window pane while the wind blew the trees. The house was warm.

Your tasks:

1. Scanned silently
 2. Sentence number (weather): 1 2
 3. Copied word: _____
-
-

Activity 4

Instructions:

The car drove down the winding road and stopped at the red sign. The driver looked left.

Your tasks:

1. Scanned silently
 2. Sentence number (stop): 1 2
 3. Copied word: _____
-
-

Activity 5

Instructions:

He opened the heavy book and turned the page to the first chapter. He began to read.

Your tasks:

1. Scanned silently
2. Sentence number (action): 1 2
3. Copied word: _____

Activity 6

Instructions:

The team played until the sun went down and the lights came on. The game was over.

Your tasks:

1. Scanned silently
 2. Sentence number (playing): 1 2
 3. Copied word: _____
-
-

Activity 7

Instructions:

She mixed the flour and sugar into the bowl and stirred it well. The cake was ready.

Your tasks:

1. Scanned silently
 2. Sentence number (cooking): 1 2
 3. Copied word: _____
-
-

Activity 8

Instructions:

The cat slept on the rug near the fire and did not move. It was dreaming.

Your tasks:

1. Scanned silently

2. Sentence number (sleeping): 1 2
 3. Copied word: _____
-
-

Activity 9

Instructions:

The bell rang for the end of the day and students packed bags. They left quietly.

Your tasks:

1. Scanned silently
 2. Sentence number (packing): 1 2
 3. Copied word: _____
-
-

Activity 10 — Paragraph Density

Instructions:

The forest was thick with trees and the path was hard to see. A bird called out from high above the branches. The walker stopped.

Your tasks:

1. Scanned silently
 2. Sentence number (sound): 1 2 3
 3. Copied word (walker): _____
-

DAY 81

ADVANCED SYNTHESIS (CONFLICT RESOLUTION)

Focus: Reading conflicting information and finding the truth or middle ground

Goal: High-level critical analysis

Activity 1

Instructions:

Source A: "The party starts at 5." Source B: "The party starts at 6." Agreement: "It starts in the evening."

Your tasks:

1. Scanned silently
 2. What is true? 5:00 Evening
 3. Copied word: _____
-
-

Activity 2

Instructions:

Mom: "Wear a coat." Dad: "Wear a jacket." Result: He wore warm clothes.

Your tasks:

1. Scanned silently
 2. Main Idea: Warmth Style
 3. Copied word: _____
-
-

Activity 3

Instructions:

Book: "Lions hunt at night." TV: "Lions hunt in the day." Fact: Lions hunt anytime.

Your tasks:

1. Scanned silently
2. When do they hunt? Night only Anytime
3. Copied word: _____

Activity 4

Instructions:

Review 1: "Bad movie." Review 2: "Good movie." Truth: Some liked it, some didn't.

Your tasks:

1. Scanned silently
 2. Is it universally good? Yes No
 3. Copied answer: _____
-
-

Activity 5

Instructions:

Sign A: "Turn Left." Sign B: "Road Closed." Driver stopped.

Your tasks:

1. Scanned silently
 2. Why stop? Left Closed
 3. Copied word: _____
-
-

Activity 6

Instructions:

Tom: "It was huge!" Ben: "It was small." Reality: It was medium sized.

Your tasks:

1. Scanned silently
 2. Truth: Huge Medium
 3. Copied word: _____
-
-

Activity 7

Instructions:

Label: "Healthy." Ingredients: "Sugar, Fat." Decision: Not healthy.

Your tasks:

1. Scanned silently
 2. Truth source: Label Ingredients
 3. Copied word: _____
-
-

Activity 8

Instructions:

Weather App: "Rain." Window: "Sunny." Action: Look outside.

Your tasks:

1. Scanned silently
 2. Better source: App Window
 3. Copied word: _____
-
-

Activity 9

Instructions:

Teacher: "Due Monday." Student: "Due Friday." Check the calendar.

Your tasks:

1. Scanned silently
 2. How to solve? Guess Check
 3. Copied action: _____
-
-

Activity 10 — Conflict Challenge

Instructions:

Map says East. Compass says North. Trust the Compass.

Your tasks:

1. Scanned silently
 2. Direction: East North
 3. Copied direction: _____
-

DAY 82**SPEED AND ACCURACY (FLUENCY)**

Focus: Maintaining comprehension at a faster pace

Goal: Automatic processing

Activity 1**Instructions:**

Fast: Circle the Fruit. Dog, Apple, Car, Pen.

Your tasks:

1. Scanned fast
 2. Found Fruit? Yes
 3. Copied word: _____
-
-

Activity 2**Instructions:**

Fast: Circle the Number. A, B, 4, D, E.

Your tasks:

1. Scanned fast
2. Found Number? Yes
3. Copied number: _____

Activity 3

Instructions:

Fast: Is fire hot? Yes/No.

Your tasks:

1. Scanned fast
 2. Answer: Yes No
 3. Copied answer: _____
-
-

Activity 4

Instructions:

Fast: $2+2=4$. Right or Wrong?

Your tasks:

1. Scanned fast
 2. Answer: Right Wrong
 3. Copied answer: _____
-
-

Activity 5

Instructions:

Fast: Find "Cat". Dog, Dog, Cat, Dog.

Your tasks:

1. Scanned fast
 2. Found Cat? Yes
 3. Copied word: _____
-
-

Activity 6

Instructions:

Fast: Read "Blue". Red. Blue. Green.

Your tasks:

1. Scanned fast
 2. Found Blue? Yes
 3. Copied word: _____
-
-

Activity 7

Instructions:

Fast: Pick the toy. Ball, Tax, Work, Law.

Your tasks:

1. Scanned fast
 2. Found Toy? Yes
 3. Copied word: _____
-
-

Activity 8

Instructions:

Fast: Stop or Go? Green Light.

Your tasks:

1. Scanned fast
 2. Action: Stop Go
 3. Copied action: _____
-
-

Activity 9

Instructions:

Fast: Up or Down? Ceiling.

Your tasks:

1. Scanned fast
 2. Direction: Up Down
 3. Copied direction: _____
-
-

Activity 10 — Speed Challenge**Instructions:**

Fast: Read Bold. Hello Good Bye.

Your tasks:

1. Scanned fast
 2. Read: Hello Bye
 3. Copied words: _____
-

DAY 83**NUANCE AND TONE**

Goal: Detecting sarcasm, politeness, and formality

Focus: Social reading

Activity 1**Instructions:**

"Great job breaking the plate."

Your tasks:

1. Scanned silently
2. Tone: Happy Sarcastic
3. Copied word: _____

Activity 2

Instructions:

"Would you kindly sit down?"

Your tasks:

1. Scanned silently
 2. Tone: Polite Rude
 3. Copied word: _____
-
-

Activity 3

Instructions:

"Sit down now!"

Your tasks:

1. Scanned silently
 2. Tone: Polite Bossy
 3. Copied word: _____
-
-

Activity 4

Instructions:

"Oh, joy. More homework."

Your tasks:

1. Scanned silently
 2. Tone: Excited Sarcastic
 3. Copied word: _____
-
-

Activity 5

Instructions:

"I am delighted to meet you."

Your tasks:

1. Scanned silently
 2. Tone: Formal Casual
 3. Copied word: _____
-
-

Activity 6

Instructions:

"Hey, what's up?"

Your tasks:

1. Scanned silently
 2. Tone: Formal Casual
 3. Copied word: _____
-
-

Activity 7

Instructions:

"I beg your pardon?"

Your tasks:

1. Scanned silently
 2. Tone: Formal Rude
 3. Copied word: _____
-
-

Activity 8

Instructions:

"Whatever."

Your tasks:

1. Scanned silently
 2. Tone: Interested Dismissive
 3. Copied word: _____
-
-

Activity 9

Instructions:

"Thanks a lot for leaving me."

Your tasks:

1. Scanned silently
 2. Tone: Grateful Angry
 3. Copied word: _____
-
-

Activity 10 — Tone Match

Instructions:

"Please, may I have a cookie?"

Your tasks:

1. Scanned silently
 2. Tone: Polite Bossy
 3. Copied tone: _____
-

DAY 84

COMPLEX INSTRUCTIONS (ALGORITHMS)

Focus: Multi-step logic with conditions

Goal: Computational thinking

Activity 1

Instructions:

Step 1: Draw a circle. Step 2: If circle is big, colour it red. It is big.

Your tasks:

1. Scanned silently
 2. Action: Colour red Do nothing
 3. Copied action: _____
-
-

Activity 2

Instructions:

If you have a pen, write 'X'. If pencil, write 'O'. You have a pen.

Your tasks:

1. Scanned silently
 2. Write: X O
 3. Copied letter: _____
-
-

Activity 3

Instructions:

Go North 2 steps. Then East 1 step. Where are you?

Your tasks:

1. Scanned silently
 2. End point: North-East South
 3. Copied direction: _____
-

Activity 4

Instructions:

If A then B. If B then C. We have A.

Your tasks:

1. Scanned silently
 2. Result: B C
 3. Copied letter: _____
-
-

Activity 5

Instructions:

Count to 3. If you reach 3, clap. 1, 2, 3.

Your tasks:

1. Scanned silently
 2. Action: Clap Wait
 3. Copied action: _____
-
-

Activity 6

Instructions:

Open box. If empty, close it. It is full.

Your tasks:

1. Scanned silently
 2. Action: Close Keep open
 3. Copied action: _____
-
-

Activity 7

Instructions:

Input: 2. Rule: Add 1. Rule: Then double it.

Your tasks:

1. Scanned silently
 2. Math: $(2+1)*2 = 6$ $2+1 = 3$
 3. Copied number: _____
-
-

Activity 8

Instructions:

If sunny, wear hat. If raining, take umbrella. It is cloudy.

Your tasks:

1. Scanned silently
 2. Action: Hat Nothing
 3. Copied word: _____
-
-

Activity 9

Instructions:

Start. Turn right. Turn right again. Turn right again.

Your tasks:

1. Scanned silently
 2. Facing: Right Left
 3. Copied direction: _____
-
-

Activity 10 — Logic Loop

Instructions:

Repeat "Hello" until Stop. Hello. Hello. Stop.

Your tasks:

1. Scanned silently
 2. Count: 2 3
 3. Copied number: _____
-

DAY 85

CRITICAL THINKING AND DECISION MAKING

Focus: Evaluating options and making informed choices

Goal: Logical reasoning and accuracy

Activity 1

Instructions:

You have two paths: Left goes through a forest, Right goes along a river. You want to reach town quickly.

Your tasks:

1. Scanned silently
 2. Best path: Left Right
 3. Copied choice: _____
-
-

Activity 2

Instructions:

You see a red light and a green light. Your goal is to cross safely.

Your tasks:

1. Scanned silently
 2. Correct action: Stop Go
 3. Copied action: _____
-

Activity 3

Instructions:

A friend offers you chocolate or an apple. You want a healthy snack.

Your tasks:

1. Scanned silently
 2. Choice: Chocolate Apple
 3. Copied choice: _____
-
-

Activity 4

Instructions:

You must pack a bag for a sunny or rainy day. It will rain. Items: Umbrella, Sunglasses.

Your tasks:

1. Scanned silently
 2. Correct item: Umbrella Sunglasses
 3. Copied item: _____
-
-

Activity 5

Instructions:

You need to water plants. One is indoors, one is outdoors. Only the outdoor plant needs water today.

Your tasks:

1. Scanned silently
 2. Which to water: Indoor Outdoor
 3. Copied answer: _____
-
-

Activity 6

Instructions:

Two jars: Jar A has 5 red balls; Jar B has 3 red balls. You want a red ball. Which jar do you pick?

Your tasks:

1. Scanned silently
 2. Better choice: Jar A Jar B
 3. Copied choice: _____
-
-

Activity 7

Instructions:

You are deciding how to spend 10 coins. Option 1: Buy 1 toy. Option 2: Buy 2 small snacks. You want maximum items.

Your tasks:

1. Scanned silently
 2. Best option: Toy Snacks
 3. Copied choice: _____
-
-

Activity 8

Instructions:

You hear two stories about the same event. Story 1 says "It rained all day." Story 2 says "It was sunny in the morning." You want the full picture.

Your tasks:

1. Scanned silently
 2. Best approach: Story 1 only Both stories
 3. Copied answer: _____
-
-

Activity 9

Instructions:

You are sorting tasks: Task A takes 10 minutes; Task B takes 5 minutes. You have 10 minutes.

Your tasks:

1. Scanned silently
 2. Complete task: A B
 3. Copied task: _____
-
-

Activity 10 — Decision Challenge

Instructions:

You must pick a safe route home: Route 1 is long but safe. Route 2 is short but slippery. Safety is your priority.

Your tasks:

1. Scanned silently
 2. Best route: Route 1 Route 2
 3. Copied choice: _____
-

DAY 86

ARGUMENT ANALYSIS

Focus: Identifying strengths and weaknesses in reasoning

Goal: Evaluating logic

Activity 1

Instructions:

We should eat cake because it is Tuesday.

Your tasks:

1. Scanned silently
2. Strength: Weak Strong

3. Copied word: _____

Activity 2

Instructions:

Wear a coat because it is freezing.

Your tasks:

1. Scanned silently
 2. Strength: Weak Strong
 3. Copied word: _____
-
-

Activity 3

Instructions:

He is nice because he gave me candy.

Your tasks:

1. Scanned silently
 2. Reason: Good Bad
 3. Copied word: _____
-
-

Activity 4

Instructions:

Buy this car; it is shiny.

Your tasks:

1. Scanned silently
 2. Reason: Superficial Solid
 3. Copied word: _____
-

Activity 5

Instructions:

Study hard so you learn.

Your tasks:

1. Scanned silently
 2. Strength: Strong Weak
 3. Copied word: _____
-
-

Activity 6

Instructions:

Don't go there; a monster might be there.

Your tasks:

1. Scanned silently
 2. Reason: Fact Fear
 3. Copied word: _____
-
-

Activity 7

Instructions:

Everyone lies, so I can lie.

Your tasks:

1. Scanned silently
 2. Strength: Weak Strong
 3. Copied word: _____
-
-

Activity 8

Instructions:

It broke because it was old.

Your tasks:

1. Scanned silently
 2. Reason: Logical Silly
 3. Copied word: _____
-
-

Activity 9

Instructions:

He is smart because he wears glasses.

Your tasks:

1. Scanned silently
 2. Strength: Weak Strong
 3. Copied word: _____
-
-

Activity 10 — Best Argument

Instructions:

A: Do it!

B: Do it to be safe.

Your tasks:

1. Scanned silently
 2. Better: A B
 3. Copied letter: _____
-

DAY 87

ABSTRACT REASONING (IDIOMS)

Focus: Non-literal language interpretation

Goal: Cultural literacy

Activity 1

Instructions:

Break a leg.

Your tasks:

1. Scanned silently
 2. Meaning: Good luck Get hurt
 3. Copied meaning: _____
-
-

Activity 2

Instructions:

Spill the beans.

Your tasks:

1. Scanned silently
 2. Meaning: Tell secret Messy food
 3. Copied meaning: _____
-
-

Activity 3

Instructions:

Piece of cake.

Your tasks:

1. Scanned silently
 2. Meaning: Easy Yummy
 3. Copied meaning: _____
-

Activity 4

Instructions:

Under the weather.

Your tasks:

1. Scanned silently
 2. Meaning: Sick Wet
 3. Copied meaning: _____
-
-

Activity 5

Instructions:

Hit the hay.

Your tasks:

1. Scanned silently
 2. Meaning: Sleep Fight
 3. Copied meaning: _____
-
-

Activity 6

Instructions:

Cost an arm and a leg.

Your tasks:

1. Scanned silently
 2. Meaning: Expensive Painful
 3. Copied meaning: _____
-
-

Activity 7

Instructions:

Let the cat out of the bag.

Your tasks:

1. Scanned silently
 2. Meaning: Secret out Pet freedom
 3. Copied meaning: _____
-
-

Activity 8

Instructions:

Once in a blue moon.

Your tasks:

1. Scanned silently
 2. Meaning: Rare Night
 3. Copied meaning: _____
-
-

Activity 9

Instructions:

Cold feet.

Your tasks:

1. Scanned silently
 2. Meaning: Nervous Winter
 3. Copied meaning: _____
-
-

Activity 10 — Idiom Use

Instructions:

It is raining cats and dogs.

Your tasks:

1. Scanned silently
 2. Weather: Heavy rain Animal rain
 3. Copied meaning: _____
-

DAY 88

MEMORY INTEGRATION

Focus: Reading longer passages and recalling specific details

Goal: Building reading stamina and high-accuracy recall

Activity 1

Instructions:

The fox saw a crow sitting on a tree branch. The crow had a piece of yellow cheese. The fox wanted the cheese badly.

Your tasks:

1. Read and Cover
 2. Recall: What colour was the cheese? Yellow Red
 3. Copied word: _____
-
-

Activity 2

Instructions:

Tom lives at 5 Main St. His sister Sue lives at 9 Oak St. Their cat sleeps at 7 Pine Ave.

Your tasks:

1. Read and Cover
 2. Recall: Where does the cat live? 7 Pine Ave 9 Oak St
 3. Copied address: _____
-

Activity 3

Instructions:

Mix 2 cups of flour with 1 cup of milk. Add 2 eggs and 1 teaspoon of sugar. Bake at 350 degrees for 20 minutes.

Your tasks:

1. Read and Cover
 2. Recall: How many eggs were added? 2 3
 3. Copied number: _____
-
-

Activity 4

Instructions:

The red car finished first. The blue car finished second. The green car finished last. The yellow car did not finish.

Your tasks:

1. Read and Cover
 2. Recall: Which car finished second? Blue Green
 3. Copied colour: _____
-
-

Activity 5

Instructions:

Monday: Math at 9 am. Tuesday: Art at 10 am. Wednesday: Gym at 11 am. Thursday: Music at 12 pm.

Your tasks:

1. Read and Cover
 2. Recall: What subject is at 12 pm? Music Gym
 3. Copied subject: _____
-

Activity 6

Instructions:

She lost a gold ring in the garden and found a silver coin in the kitchen. Later, she placed a bronze key on the table.

Your tasks:

1. Read and Cover
 2. Recall: Where was the silver coin found? Kitchen Garden
 3. Copied location: _____
-
-

Activity 7

Instructions:

First, jump twice. Then spin three times. Last, clap four times.

Your tasks:

1. Read and Cover
 2. Recall: How many times did you spin? 2 3
 3. Copied number: _____
-
-

Activity 8

Instructions:

The code for the safe is A-1-B-2-C-3. Do not forget it.

Your tasks:

1. Read and Cover
 2. Recall: What is the second letter-number pair? 1-B B-2
 3. Copied pair: _____
-
-

Activity 9

Instructions:

He likes pizza with cheese and mushrooms, but he does not like burgers or fries.

Your tasks:

1. Read and Cover
 2. Recall: Which topping does he like? Cheese Fries
 3. Copied word: _____
-
-

Activity 10 — Story Recall

Instructions:

A bear woke up from hibernation on March 21. It was spring. The bear was hungry and ate 3 honeycombs from a tree.

Your tasks:

1. Read and Cover
 2. Recall: How many honeycombs did the bear eat? 2 3
 3. Copied number: _____
-

DAY 89

FINAL PREP (MIXED BAG)

Focus: Random high-difficulty tasks

Goal: Agility drill

Activity 1 — Analogy

Instructions:

Book is to Reading as Pen is to ...

Your tasks:

1. Scanned silently
2. Match: Writing Drawing

3. Copied word: _____

Activity 2 — Logic

Instructions:

If wet, dry. It is dry.

Your tasks:

1. Scanned silently
 2. Action: Dry Do nothing
 3. Copied action: _____
-
-

Activity 3 — Math

Instructions:

Half of 10 is 5. True or False?

Your tasks:

1. Scanned silently
 2. Answer: True False
 3. Copied answer: _____
-
-

Activity 4 — Inference

Instructions:

He held his nose.

Your tasks:

1. Scanned silently
 2. Smell: Good Bad
 3. Copied word: _____
-

Activity 5 — Tone

Instructions:

What do you want?!

Your tasks:

1. Scanned silently
 2. Tone: Rude Nice
 3. Copied word: _____
-
-

Activity 6 — Editing

Instructions:

They was happy.

Your tasks:

1. Scanned silently
 2. Error: Was Happy
 3. Copied correction: _____
-
-

Activity 7 — Sequence

Instructions:

Z, Y, X...

Your tasks:

1. Scanned silently
 2. Next: W A
 3. Copied letter: _____
-
-

Activity 8 — Persuasion

Instructions:

Only smart people buy this.

Your tasks:

1. Scanned silently
 2. Tactic: Flattery Fact
 3. Copied word: _____
-
-

Activity 9 — Idiom

Instructions:

In a pickle

Your tasks:

1. Scanned silently
 2. Meaning: Trouble Hungry
 3. Copied word: _____
-
-

Activity 10 — Memory

Instructions:

Remember: Red, Blue, Green. (Cover). List them.

Your tasks:

1. Read and Cover
 2. What was the first word: _____
 3. Write the last word: _____
-

DAY 90

GRADUATION (THE ULTIMATE MASTERY CHECK)

Focus: Proving total control across all cognitive domains

Goal: Completion of the 90-day scaffold with automaticity and precision

Activity 1 — Sustained Attention

Instructions:

Read this entire sentence without stopping or looking away, then circle the very last word.

Your tasks:

1. Scanned silently
 2. Circle Last Word
 3. Copied word: _____
-
-

Activity 2 — Complex Logic

Instructions:

If the sun is out, and it is not raining, go play. It is sunny and dry.

Your tasks:

1. Scanned silently
 2. Action: Play Stay
 3. Copied action: _____
-
-

Activity 3 — Inference

Instructions:

She checked her empty wallet and sighed.

Your tasks:

1. Scanned silently
2. Problem: No money Tired

3. Copied problem: _____

Activity 4 — Instruction Override

Instructions:

Read "Left". Look "Right".

Your tasks:

1. Scanned silently
 2. Action: Look Right Look Left
 3. Copied action: _____
-
-

Activity 5 — Abstract Category

Instructions:

Time, Hope, Love. Concrete or Abstract?

Your tasks:

1. Scanned silently
 2. Type: Abstract Concrete
 3. Copied word: _____
-
-

Activity 6 — Fact Verification

Instructions:

Humans have three arms.

Your tasks:

1. Scanned silently

2. True/False: False
 3. Copied answer: _____
-

Activity 7 — Tone Analysis

Instructions:

I would be honoured to attend.

Your tasks:

1. Scanned silently
 2. Tone: Formal Casual
 3. Copied word: _____
-

Activity 8 — Math Reasoning

Instructions:

A dozen is 12. A pair is 2. Which is more?

Your tasks:

1. Scanned silently
 2. More: Dozen Pair
 3. Copied word: _____
-

Activity 9 — Self-Correction

Instructions:

I readed... no, I read the book.

Your tasks:

1. Scanned silently
 2. Did I fix it? Yes No
 3. Copied fixed word: _____
-

Activity 10 — Final Certification

Instructions:

I have finished 90 days of work.

Your tasks:

1. Scanned silently
 2. Status: Done Not Done
 3. Copied word (ready): _____
✓✓ shown: Yes No
-

Congratulations! You Did It!

You and your child have completed the **90-Day Reading and Brain Boost Program**. That's 90 days of learning, thinking and growing stronger together!

By working through all the activities, your child has:

- **Built focus and attention**
- **Strengthened memory and recall**
- **Learned to understand words, tone, and meaning**
- **Practiced logic, problem solving and reasoning**
- **Gained confidence in reading, thinking and completing tasks**

Remember, this is not about being perfect. It's about **progress, curiosity and trying your best every day**. Every small step helped your child grow smarter, faster and more confident.

Now, your child can take these skills into **school, games, and everyday life**, ready to tackle new challenges with focus and confidence.

Thank you for supporting your child through this adventure. Celebrate their achievements, and keep encouraging them to **read, think, and explore the world!**

You've done something amazing together. Well done!